

Wallingford | Spring 2025 | Activities Guide

PARKS & RECREATION

6 FAIRFIELD BLVD | WALLINGFORD, CT 06492 (203) 294-2120 | parksrec@wallingfordct.gov



**THE OFFICIAL PUBLICATION OF THE
WALLINGFORD PARKS & RECREATION DEPARTMENT**

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Wallingford Parks & Recreation presents:



Great Shopping... Great Food... Great Family Fun!

SATURDAY APRIL 26, 2025

Join us at the Airport in Stormville, New York for an antique show and flea market. Attracting over 600 vendors from more than eight states, this market has been featured on HGTV's "Flea Market Flip."

**Variety of Antiques
Collectibles Arts & Crafts
New Merchandise**

Hamburgers, hotdogs, gyros, Philly cheese steaks, sausage and peppers, and novelty food items such as fried dough, ice cream, smoothies, shaved ice, kettle corn and fried pickles may be available for purchase.

COST: \$88 pp based on 35-50

Please register by March 26, 2025

Depart 9:00am 6 Fairfield Blvd., Wallingford, CT

Estimated Return: 5:30pm, Wallingford

Trip Questions: Wallingford Parks & Rec 203-294-2120



FRIENDSHIP TOURS
THE SHIP SHOP
705 Bloomfield Ave, Bloomfield, CT 06002
860-243-1630 • 800-243-1630
www.friendshiptours.net

This package is subject to our full Terms & Conditions including our Tour Policies and Responsibilities which can be found on our website at <https://www.friendshiptours.net/tour-policies>. Paper copies are available upon request. It is your responsibility to read these Terms & Conditions. By signing up and making payment on a tour, you agree to be bound to these Terms & Conditions.

Welcome to your

SPRING 2025

Guide to Recreation & Fun!

DAVID DOHERTY FACILITY HOURS AND CONTACT INFORMATION

Business Hours: Monday - Friday
9:00am to 5:00pm

Facility Hours: Monday - Friday
8:30am to 10:00pm

CLOSED:

February 12th Lincoln's Birthday
(Open at 5pm)

February 17th President's Day
(Open at 5pm)

April 18th Good Friday

April 20th Easter

May 26th Memorial Day

Hours and closures are subject to change based on building activities and reservations.

Address: 6 Fairfield Blvd.
Wallingford, CT 06492

Phone: 203-294-2120

FAX: 203-294-2127

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PARKS AND RECREATION WEB SITE:

www.wallingfordct.myrec.com

TOWN WEB SITE:

www.town.wallingford.ct.us

Members of:

- Chamber of Commerce
- CT Recreation & Parks Association
- National Recreation & Parks Association
- Learning Resource Network
- National Youth Sports Coaches Association

Produced and Edited By:

The Wallingford Parks & Recreation Staff

Design, Layout, Printing: Graphic Image

The guide to recreation and leisure fun is published January, May and August.

MESSAGE FROM THE DIRECTOR

As we count down the days to the conclusion of 2024, we eagerly anticipate the start of 2025. In a year where we saw two valued members of our department head off into retirement, we were pleased to bring in and also promote some dynamic individuals from inside and outside of our office to round out our Parks and Recreation Team. Shawn Keogh was promoted to Recreation Superintendent, Loriann Ouellette was promoted to Executive Secretary, Stacey Hoppes joined the team from the Program Planning office to be our Senior Clerk and recently Bob Kilpatrick was hired as our new Recreation Program Specialist. Bob comes to us after 6 ½ years with the City of Norwich overseeing the city's recreation programs. We are excited to have Bob on board here in Wallingford and are excited with how our team has come together as we look ahead to 2025.

Speaking of looking ahead to 2025.....CONGRATULATIONS to both Wallingford and Yalesville Little Leagues on a successful merger of the two leagues, approved by Little League's National Office, to operate as one league in Wallingford. This has been a long time coming and is going to be a great thing for the Wallingford baseball community. Along with the merger, Wallingford LL has donated \$183,000 worth of field improvements to Keller Fields at Parker Farms. This project is still going on at present time and will wrap up in early Spring of 2025 in time for the baseball season. Nice job by league presidents Ray Gomes, Larry McClure and the league boards for coming together for the good of all players and families. I would also like to thank Joe Corso of WLL who has been the point person, for his time and efforts on the field renovation project.

Some projects we are looking ahead to in 2025:

- New walkway and side walk with (2) benches to be installed accessing the Wall St. Basketball Court at Doolittle Park
- Pragemann Park upgrade and installation of (1) post tension basketball court
- Community Lake Sport Court Repairs (2) Post Tension Concrete Tennis Courts and Fencing / (1) Post Tension Basketball Court
- Update ort technology within the office as we begin exploring in person credit card payments to help make the registration process more convenient for in person registrations
- Repainting and striping of the gym floor at the Recreation Department

If you have been out in our trail systems recently you will notice many trails clear of debris, rerouted trails due to erosion, wet areas and overall enjoyable trail use experience. Our volunteer Trails Work Group has been hard at work. This group works on the town's trail systems to maintain and upgrade trails throughout Wallingford. Places like Tyler Mill, Ferguson Woods, Marcus Cooke to name a few. Since its inception a year and a half ago, this volunteer group has put in 1,656 volunteer hours of work. A special thanks to Scott Gray, Dianne Lendler, Doug Clark and Larry Stowe who oversee the Trails Work Group, along with the many volunteers who help them in their efforts for the work they have put into maintaining and improving our trail systems.

On behalf of all of us at the Parks and Recreation Department, we wish all of you a Happy and Healthy Holiday Season and make 2025 the year to RECREATE!!!

Best Wishes,

Kenny Michaels
Director of Parks and Recreation



Vision Statement

"Our vision is to be the eminent community park and recreation department in Connecticut. To accomplish this, we will develop our programs, services and facilities to meet the diverse and dynamic needs of the community; to promote inclusion, encourage health and wellness, foster human development and enrich the lives of community members through recreation and leisure experiences."

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KEEP IN MIND...

- REGISTER EARLY!** Nothing cancels a good class quicker than everyone waiting until the last minute to register. If there are not enough registrations by a certain date, the course may be cancelled. Coming in on the day the course begins won't resurrect it, so please register early.
- **REGISTRANTS ARE NOTIFIED** when a course is filled or cancelled. If a desired class is full you will be put on a waiting list. Additional classes may be opened if facility and instructor are available.
 - **PROPER ATHLETIC SHOES (NO BLACK SOLES)** must be worn in gym and aerobics room.
 - **CHILDREN UNDER 16** are not to be left unattended in the Doherty Rec Center Building.
 - **REFUND POLICY:** The Rec Dept. reserves the right to cancel, postpone or combine classes or change instructors. If insufficient enrollment causes a class to be cancelled, full tuition is refunded or a credit is given for future use. We made our best effort to provide the class and instructor advertised in the brochure. In the event an instructor can no longer teach a class we will provide another instructor, if one is available, to finish the session. A credit may be issued for the amount of remaining classes. Materials and supplies purchased by you are excluded from refunds and credits.
 - **ADDITIONAL MATERIALS AND OR EQUIPMENT** may be required in some programs. Please check the program's descriptions for information on material or other needs. If questions still exist please call the office so we may help you.
 - **REGISTRATION EXCEPTIONS?** Children must be the proper age before the program begins. We try our best to accommodate every-one. Programs are designed according to an age level that will best benefit the student and to have an appropriate instructor/student ratio.
 - **FEE PAYMENT:** Instructors will not accept registration at the class site. FEES must be paid at the office prior to participation with EXACT CASH OR CHECK. Credit card payments are accepted with online registration through our website wallingfordct.myrec.com. There is a non-refundable 3% transaction fee for online credit card payments.
 - **PHONE REGISTRATIONS:** Sorry, phone registrations are not accepted.
 - **CLASS CANCELLATIONS:** When schools have delayed opening in the A.M. classes until noon are canceled. When the schools are closed, Rec Dept. classes will not meet for the school day from 8a.m. to 4p.m. Evening programs are still on unless otherwise indicated. Evening class cancellations will be made by 4p.m. Cancellations will be emailed and texted out to our database. You must be opted in to cancellation notifications in order to receive the emails. We will also post an alert on our home page.
 - **A.D.A. STATEMENT / INCLUSION POLICY:** The Recreation Dept. intends to comply with the A.D.A. regulations. It is the policy that recreation be "FUN FOR ALL". Participation in many of our non-adaptive programs is possible for those with special needs. We are limited in our ability to provide additional staff, specialized equipment and medical services. To discuss how we can support your abilities, interest and desire to participate please contact our office at (203) 294-2120. Together we can make recreation FUN FOR ALL.
 - **SPECTATORS: CHILD PROGRAMS:** One of the fundamental instructional program goals is to provide your child with a fun and positive learning opportunity with their peers while developing separation skills. Parents are encouraged to abide by the observation schedule determined by the program instructor in order to provide the best instructional atmosphere. Please feel free to discuss your child's progress with the instructor either before or after class.
 - **NEW TO THE AREA?** The Wallingford Parks & Recreation Department invites you to come in and find out what we have to offer. We have programs, classes and facilities for all ages. Want to learn more? Give us a call at 203-294-2120. We will be happy to make an appointment at your convenience to show you around and explain any program that is of interest to you. We want to meet you and talk with you and your family.
 - **PHOTOGRAPHS:** Participants may be photographed for the purpose of promotion or advertising in future brochures, in newspapers or in other Wallingford Park and Recreation Department media.

OOPS! *The Parks & Recreation Staff has made every effort to prepare this brochure as accurately as possible. However due to PUBLICATION DEADLINES program listings/information may require that adjustments be made to programs, fees, schedules, etc. We apologize in advance should you find an error or for any inconvenience these errors or adjustments may cause.*

HIP HOUSE DANCE SERIES 2025

There are still 3 remaining dances for the 2025 season. Get your dance pass now! We will not sell passes the day of the dance! Price is reduced to \$40 and will reduce \$20 after each dance.

2025 HIP HOUSE DANCE SCHEDULE

March Madness – March 28th

Spring Fest – April 25th

SPRING BREAK CAMPS

0041.200 SPRING STINGERS • AGES 6-11

Our most popular spring break camp is back this year! Go on a different field trip each day around the state to exciting places. Possible trips include; Bowling, Aquariums, Museums, Arcades, Movie Theaters. Spots are limited and will sell out so register now!

Dates: April 14th – April 17th Monday - Thursday

Drop Off: 8:30am Park & Rec Gym

Pick Up: 4:30pm Park & Rec Gym

Fee: \$250

0041.~~200~~^{.204} SKYHAWKS SPORTS & GAMES CAMP AGES 6 – 11

Skyhawks provides a wide variety of fun, safe and positive programs that emphasize critical lessons in sports and life, such as teamwork, respect and sportsmanship. Our programs are designed to give each child a positive introduction into sports while fostering a lifelong love for an active, healthy lifestyle. For this camp, our patient and knowledgeable staff use a variety of skill-building games and activities to give each athlete a complete understanding and overview of many different popular sports and games. Sports and games include capture the flag, soccer, ultimate frisbee, basketball, kickball, baseball, 4 square, flag football, team handball and many more. Kids will play 2-4 different games/sports each day.

When: April 14th – April 17th 10:00am - 2:00pm

Fee: \$145

Location: Parks & Rec Gym

Instructor: Skyhawks Staff (Skyhawks is a nationally recognized sports program provider)

SUMMER FAVORITES AND REGISTRATION INFORMATION

TINY BUBBLES, POP SHOTS FOR CHILDREN AGES 3-6

Registration will tentatively begin on Monday March 3rd, 2025 at 9:00a.m. at the Rec. Dept. or online at www.wallingfordct.myrec.com a 3% credit card fee will be applied for the online transaction. We only accept exact cash or check at the Rec. Dept. window. This summer we will be running both Tiny Bubbles and Pop Shots from 9:00a.m.-1:00p.m. We will increase our programming ideas with new and exciting activities such as music time, gym activities, and outdoor play.

Tiny Bubbles is for children ages 3-4, Pop Shots is for children ages 5-6. Registration is open to all Wallingford residents. You must come with a copy of your child's birth certificate unless they have previously been registered for these programs. Program consideration will be given to non-residents closer to the start of the program.

Fee: T.B.D. per child.

SUMMER SIZZLERS 2025 • AGES 12-15

Summer Sizzlers to be BACK this year!! Are you looking for an exciting way to spend your summer vacation? The always popular Summer Sizzlers Registration will tentatively begin on Monday March 10, 2025. This very popular program is a hit every year for all participants ages 12 – 15 years! DUE TO THE OVERWHELMING POPULARITY OF THIS PROGRAM, PARTICIPANTS ARE TO BE THE APPROPRIATE AGE BY THE END OF THE PROGRAM. PROGRAM IS MAXED AT 135 PARTICIPANTS. Participants will go on daily trips Monday – Thursday. We strongly recommend you register early! You must come with a copy of your child's birth certificate unless you have previously been registered for this program. Consideration will be given to non-residents beginning May 1st (Space Permitting). Fee covers transportation and admission to all locations. Potential trips: Baseball Games, Farmington Tubing, Boston Harbor Cruises, Six Flags, Empower Leadership, White Water Rafting and MORE!

SUMMER PLAYGROUND PROGRAM FOR CHILDREN AGES 6-11

This program is held at various elementary schools from 8:30a.m. -3:00p.m. Monday through Friday rain or shine. Campers participate in playground activities, movies, field trips, in house entertainment shows etc. Please note facility permits were submitted to all schools in January – at this time no permits have been approved for school sites. Please call 294-2120 for more information. Registration date to be sometime in late March or April. Camp traditionally runs from the end of June - mid August. Open to Wallingford residents. Non-residents considered closer to start of the program. Registration will tentatively begin on Monday, March 17th, 2025

JOB OPPORTUNITIES

Wallingford Parks & Recreation will start accepting applications for the following positions after January 2, 2025.

Summer Camp Counselors positions. Working with children ranging in ages from 3-5, 6-11 and 12-15. All applicants can obtain an application by picking one up at the Rec. Dept. or emailing us at parksrec@wallingfordct.gov and one will be sent to you. A cover letter stating your present position and why you are applying should be included with your application.

TRAVELING F.Y.I.'s

This year we hope you will find many new opportunities to travel this spring. We are proud to announce a continued working agreement with Friendship Tours. The staff at Friendship Tours and the Parks and Recreation Department has lined up some new trips for the 2024 trip year. Reminder, trip itineraries are subject to change and the Parks and Recreation Department will do its best to notify travelers ahead of time. We look to continue the trend this year. We hope you find this line up enjoyable and we look forward to seeing you board the bus! All trips are subject to change in price and itinerary. Day tour cancellation policy applies to all Wallingford Park & Recreation day tours operated by Friendship Tours Inc. Any passenger that cancels a reservation 7 days or less prior to departure will not be eligible for a refund. We will examine cancellations on a case by case basis to determine any exceptions to this rule. Please note the Recreation Dept. will make every effort to send a representative from the office to see off the trip to and from our destination and to hear any complaints, concerns and or recommendations. It should be understood that this person is not a tour guide. Please retain the same seats throughout the trip. A tip for the coach driver is included in the trip fee. Please contribute only if you wish since the gratuity is included. Trips are rain or shine, unless the tour company cancels. Many trips involve walking tours; either with a tour guide or on your own. Children must be accompanied by an adult unless otherwise specified. No lap sitters on the coach bus. Complete trip itineraries will be distributed on the morning of the trip. Travel insurance is recommended for overnight trips and is offered through Friendship Tours. Forms are available at the Recreation Dept. front office. We would like to thank all of our travelers for choosing Wallingford Parks & Recreation for their travel needs during the 2025 season!!



1002.200 STORMVILLE AIRPORT ANTIQUE SHOW & FLEA MARKET

Saturday, April 26th

Bus Departs Rec. Dept.: 9:00am

Bus Returns: 5:30pm

Fee: \$88

Join us at the Airport in Stormville, New York for an antique show and flea market. Attracting over 600 vendors from more than eight states, this market has been featured on HGTV's "Flea Market Flip." Variety of antiques, collectibles, arts, crafts, merchandise, and plenty of food options may be available for purchase.

1002.201 JFK LIBRARY & MUSEUM

Saturday, May 17th

Bus Departs Rec. Dept.: 8:30am

Bus Returns: 7:00pm

Fee: \$152

The John F Kennedy Library & museum is dedicated to the memory of our nation's 35th president. Located in a striking I.M. Pei building on Boston's waterfront is this amazing museum dedicated to the life and legacy of former president John F. Kennedy. The museum conveys his enthusiasm for politics and public service and illustrates the nature of the office of the President. Enjoy a three-course family-style Italian lunch at Maggiano's Little Italy. Menu: Bruschetta, Maggiano's Salad, Rigatoni with Meat Sauce, Chicken Piccata with Vera's Lemon Cookies for dessert.

1002.202 NEWPORT FLOWER SHOW

Saturday, June 21st

Bus Departs Rec. Dept.: 7:45am

Bus Returns: 6:30pm

Fee: \$120

The magnificent Rosecliff Mansion provides a delightful backdrop for the Newport Flower Show. Stroll through the first floor of the mansion filled with incredible floral arrangements, continue out onto the spacious lawn to enjoy beautiful displays. Explore the Shopper's Marketplace with incredible views! Free time in the afternoon to explore downtown Newport and lunch at your own.

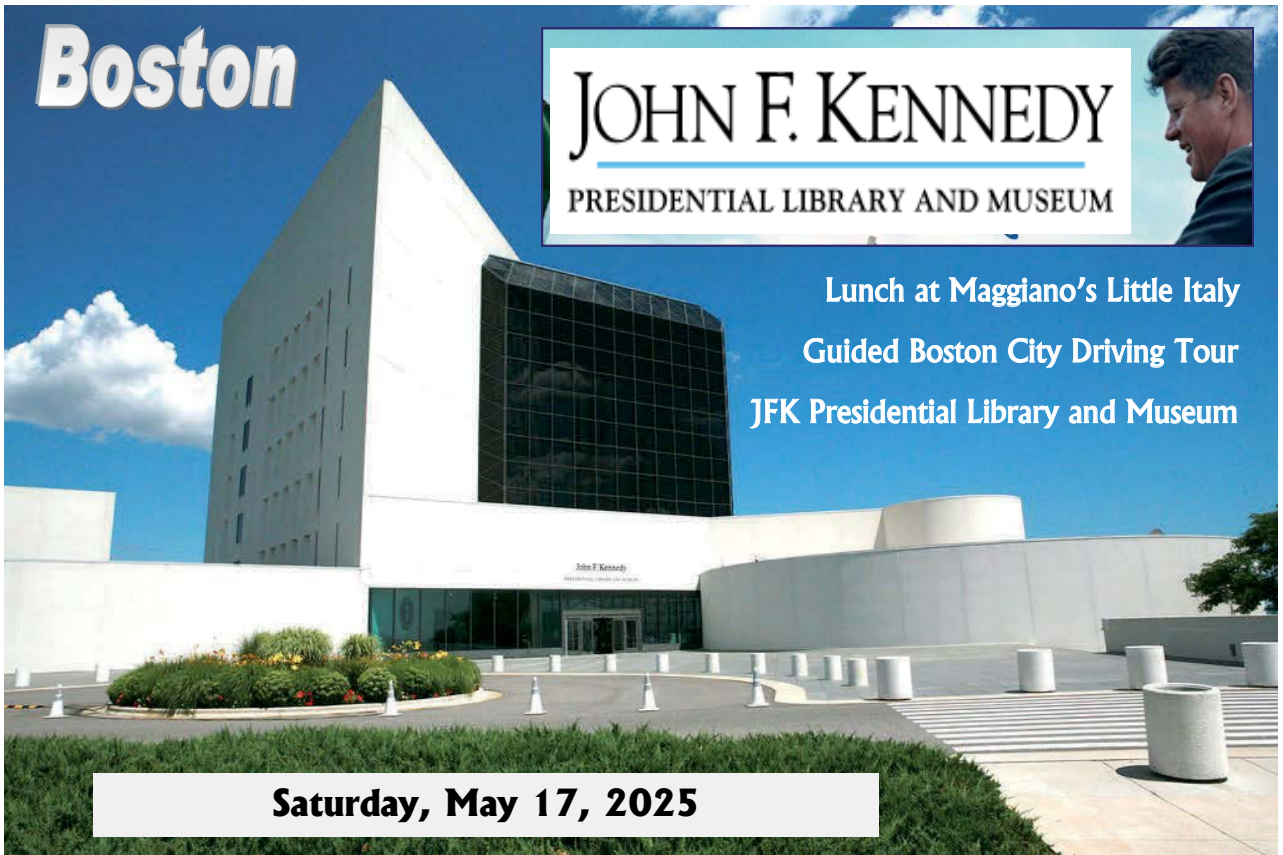
Wallingford Parks & Recreation presents:

Boston

JOHN F. KENNEDY
PRESIDENTIAL LIBRARY AND MUSEUM



Lunch at Maggiano's Little Italy
Guided Boston City Driving Tour
JFK Presidential Library and Museum



Saturday, May 17, 2025

The **John F Kennedy Library & Museum** is dedicated to the memory of our nation's 35th president. Located in a striking I.M. Pei building on Boston's waterfront is this amazing museum dedicated to the life and legacy of former President John F. Kennedy. The museum conveys his enthusiasm for politics & public service and illustrates the nature of the office of the President.

Enjoy a three-course family-style Italian **lunch at Maggiano's Little Italy** - everyone's favorite! Menu: Bruchetta, Maggiano's Salad, Rigatoni with Meat Sauce, Chicken Piccata with Vera's Lemon Cookies. for dessert.

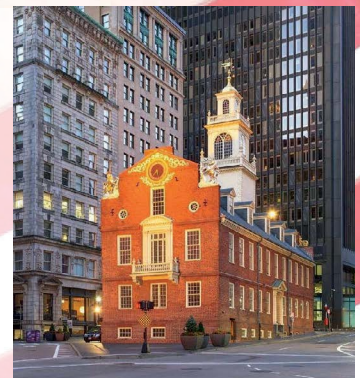
Enjoy a **Boston Driving City Tour with a local step-on-guide**. Highlights: State House, Boston Common, Granary Burial Ground, Faneuil Hall, Back Bay, Public Gardens, & more.

COST : \$152.pp based on 35-50

Trip Questions: 203-294-2120

Depart: 8:30am Wallingford Parks & Rec, 6 Fairfield Blvd

Estimated Return: 7:00pm Wallingford



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LIL REC'ERS EARLY CHILDHOOD LEARNING CENTER



LIL REC'ERS PRE-SCHOOL OFFERS A HALF DAY PROGRAM FOR 3-5 YEAR OLD CHILDREN M,W,F / T, TH. AND OR MON-FRI. OUR HOURS OF OPERATION ARE FROM 8:45 - 11:30AM. WE ALSO OFFER EXTENDED DAY OPTIONS.

Sessions

Session 3: January 6th – February 28th
(no class 1/20, 2/12, 2/17)

Session 4: March 10th – May 9th (no class 4/14-4/18)

Fees per session for Lil Rec'ers 2025 - 2026

MONDAY – FRIDAY AM (5 DAY) - \$625

MONDAY, WEDNESDAY, FRIDAY AM (3 DAY) - \$370

TUESDAY / THURSDAY AM (2 DAY) - \$290

Fees for Extended Day Ages 3-5

MONDAY, WEDNESDAY, FRIDAY - \$305

	MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
3 YEAR OLDS	8:45-11:30AM MISS AMY & MISS ERIN	8:45-11:30AM MISS AMY & MISS ERIN	8:45-11:30AM MISS MISS AMY & MISS ERIN	8:45-11:30AM MISS AMY & MISS ERIN	8:45-11:30AM MISS MISS AMY & MISS ERIN
4 - 5 YEAR OLDS	8:45 - 11:30AM MISS BECKY & MISS AVA	8:45 - 11:30AM MISS BECKY & MISS AVA	8:45 - 11:30AM MISS BECKY & MISS AVA	8:45 - 11:30AM MISS BECKY & MISS AVA	8:45 - 11:30AM MISS MISS BECKY & MISS AVA
EXTENDED DAYS PM SESSION	11:30-2:15PM		11:30 - 2:15PM		11:30 - 2:15PM

TERRIFIC TWOSIES WITH PARENT

The final step before reaching Lil Rec'ers. Experience lifelong friendships for parents and children. This program will model our pre-school programs weekly themes, BUT every activity will be based on age appropriate songs, stories, crafts, play kits, gym activities and more! The materials and supplies will be specific for the two year old and it will be a class filled with fun for all!

Session 3: February 18th – May 1st (no class 4/15, 4/17)

3000.200 9:00am - 10:00am for 10 weeks

3000.201 10:30am - 11:30am for 10 weeks

Fee: \$100

Instructor: Miss Coleen

3329.200 FIT BY NATURE • AGES 5-12

Fit by Nature is a one-of-a-kind program run by Wallingford native Mary Cole. An experienced Connecticut state and nature based certified educator with over 20 years' experience with children, Mary incorporates what she knows kids love! Specific nature-based games, nature lessons, fitness activities, nature art, nature science experiments and more are included in this 5-week program. Fit by Nature is a multi-sensory, whole body experience where kids are free to learn and play in a relaxed atmosphere! The great outdoors provides countless learning experiences! Health and fitness make up a solid foundation for a resilient life. Connection to peers and nature help a child become confident, courageous and caring for the natural world and breeds empathy for all living things. Mary understands the challenge parents struggle with concerning the seeming "addiction" to technology and wants to help by providing an experience that's unplugged, yet connected! Being a part of this group will provide positive experiences that will last a lifetime.

When: Tuesdays March 25th – April 29th

Class Time: 4:15pm - 5:30pm

Fee: \$135

Location: Marcus Cooke Park

Instructor: Mary Cole Fit By Nature

LIL REC'ERS OPEN HOUSE

Come meet all of our wonderful pre-school teachers in the class room and get an idea of what the upcoming school year will be like! Stay all day or just stop in for a quick meet and greet. Ask questions about curriculum, daily schedule, or just let your child get a taste of the classroom before the fall. Attendees will receive fall registration before it is sent out to the public over the summer.

When: Saturday, April 26th 9:00am - 12:00pm

Fee: FREE

LIL REC'ERS MINI SESSION

Come join us in the land of make believe for a 5-week mini session starting May 13th. Have your child bring their wildest imagination. We will help your child write their very own fairy tale to bring home at the end of the session. Art, music, and games inspired by mythical creatures will also be included in the fun!

When: Mon/Wed or Tues/Thurs May 12th – June 6th
(no class 5/26)

Time: Same as Lil Rec'ers Traditional Program.

Extended day will run Mon-Thurs if numbers allow.

Fee: \$150 for Mon/Wed or Tues/Thurs
\$135 for extended day

2010.200 PUPPY KINDERGARTEN

For pups under 6 months old when class starts. This class teaches handlers training theory and basic obedience using positive motivation and reinforcement methods. Class teaches walking on loose leash; sit/down/stand; stays; come when called and more. Also, puppy socialization, off leash play sessions, puppy problem solving (nipping/biting, jumping, housebreaking, barking, etc). Copy of pup's Rabies Certificate is NOT required. Attendance at first class is mandatory. Do NOT bring pups to first class.

Limit of 8 students

When: Mondays, April 7th – May 12th

6:30pm - 7:15pm for 6 weeks

Location: Gym 2

Fee: \$60

Instructors: Joan Hamel

CANINE COMMUNICATION, DOG OBEDIENCE FOR BEGINNERS

For dogs over 6 months old. This class is for beginner handlers to help them understand how to improve their communication with their dogs. Training theory and basic obedience using positive motivation and reinforcement methods will be taught. Learn to teach your dog to walk on a loose leash; sit, down and stand; stays; come when called and more. Also includes problem solving (barking, jumping, pulling, stealing, etc.) Copy of dog's Rabies Certificate is required before dog can participate. Attendance at first class is mandatory. Do NOT bring dogs to first class.

Limit 12 students

2015.201 Mondays, April 7th – May 12th

7:30pm - 8:15pm for 6 weeks

2015.202 Mondays, April 7th – May 12th

8:30pm - 9:15pm for 6 weeks

Location: Gym 2

Fee: \$60

Instructors: Joan Hamel

REAL ESTATE HOME BUYER SEMINAR

READY TO TURN HOUSE HUNTING INTO HOME SWEET HOME?

Join us for a FREE Home Buying Seminar packed with expert advice and practical tips! Learn everything you need to know about the home buying process from top local professionals: Real Estate Broker Wesley Krombel, Mortgage Lender, and home inspector. Discover how to navigate the market, secure financing, and find your perfect property. Food will be served along with chances to win free raffle giveaways! Whether you're a first-time buyer or looking to upgrade, this seminar is for YOU! Bring a friend and start your homeownership journey today. No obligation, no pressure, just pure information.

2052.100 Thursday, April 10th 6:00pm - 7:30pm

2052.101 Thursday, May 22nd 6:00pm - 7:30pm

Location: Room 1

Fee: FREE

Instructor: Wesley Krombel, Local Real Estate Broker

2022.200 HOOK A FAMILY ON FISHING

Learn to fish for free at Wharton Brook State Park with the support of certified fishing instructors from the CT DEEP's CARE (Connecticut Aquatic Resources Education Program). The lake will be stocked with trout in the days just prior to this event. These classes are aimed at increasing your fishing skills and building confidence with a positive first fishing experience (but repeat attendees are welcome). The classes are designed for adults ages 16 and up, as well as families with children 8 years old and above. The CARE program will provide loaner fishing equipment, bait, and expert instruction. All participants should first review the online Let's Go Fishing class prior to the fishing trip: <https://depdata.ct.gov/fishing/gofishing/story.html>. In addition to registering at the Park & Rec, please go to the following link which will be active 60 days prior to the class date and register with the DEEP program. <https://he.aspirafocus.com/huntersafety/Account/Register?controllingSpc=9>

Place: Wharton Brook State Park

When: TBD – Check DEEP Fishing site for registration and program information

Fee: FREE

Instructor: DEEP CARE Instructors

2023.200 DEEP SAFE BOATING CLASS

Successful completion of the class qualifies a person to purchase for \$50 their Certificate of Personal Watercraft Operation (CPWO) on the Online Sportsmen Licensing System. The CPWO allows an individual to operate any recreational vessel up to 65ft. including a personal watercraft. Please check age restrictions for operating vessels with engines greater than 10 horsepower and personal watercraft. As part of this instruction, a proctored exam will be administered and graded at the end of the class.

Conservation ID:

All students must bring their Conservation Identification number to the class. Students who have a fishing or hunting license will find the Conservation Identification number on their license. Students who do not have a fishing or hunting license can create a free Conservation ID number at <https://ct.aspirafocus.com/internetsales>

Location: Room 1

When: April 26th 9:00am - 1:00pm, April 27th 9:00am - 1:00pm (PARTICIPANTS MUST ATTEND BOTH DATES)

FEE: \$20

7201. COOKIE DECORATING CLASS

Each participant will get 4 cookies to decorate with icing and sprinkles. Come learn to decorate your own set of themed cookies to take with you and enjoy at home!

7201.200: Tuesday, March 11th 5:00pm - 6:00pm (St. Patrick's Day Theme)

7201.201: Tuesday, April 15th 5:00pm - 6:00pm (Easter Theme)

7201.202: Tuesday, May 13th 5:00pm - 6:00pm (Easter Theme)

Location: Room 7

Fee: \$30

Instructors: The Tasty Sprinkle

7202. PARENT/CHILD PASTA MAKING CLASS

Pasta is something we all enjoy and love! Why not learn how to make it together as a family! It is like edible playdough that the kids can play with. Learn how to make dough and some fun shapes that everyone can make! Registration is good for 1 adult and 1 child. Please call to add additional people to the list.

7202.200: Sunday, April 13th 12:00pm - 2:00pm

7202.201: Sunday, June 8th 12:00pm - 2:00pm

Location: Room 7

Fee: \$30 for ages 18+, \$20 for children under 18.

Children must be accompanied by an adult.

Instructors: Passionately Pasta

FOOD EXPLORERS – FRUITY DELIGHTS AGES 9-13

Fruity Delights: Join the Food Explorers staff for a 4-week dessert class devoted to fabulous fruits! Participants will learn kitchen safety all while making delicious food that they can eat each week. You'll be making pineapple dream pies, peaches & cream whoopie pies, mango croissant bites, and lemon blueberry donuts. All recipes are nut free and vegetarian but will contain dairy, eggs, and gluten. **7203.200**

When: Wednesdays, April 2nd – April 30th

(No class 4/16) for 4 weeks

Class Time: 5:00pm - 6:00pm

Fee: \$80

Location: Room 7

Instructor: Food Explorers Staff

KRAV MAGA – ONE DAY SEMINAR 2000.201

Self Defense for Women Ages 13 & Up

Krav Maga is all about promoting awareness, strength and self-defense skill for the women in our community. That's why we offer powerful and relevant self-defense classes for women. Our classes for women focus on rape prevention techniques and tactics, to build both inner and outer strength. Learn to spot danger signs, but also learn how to defend yourself when no danger signs are given. We prepare our students to readily face danger in all sorts of unexpected scenarios. We also teach our students how to defend themselves against common chokes, grabs, bearhugs, and other attacks including fighting on the ground and when confronted by a weapon. In order to prepare our students to the fullest extent, we emphasize realistic training scenarios and realistic defenses. This allows women to leave class feeling safe, strong and empowered.

When: Saturday, April 19th

12:00pm - 2:00pm One Day

Location: Room 14

Fee: \$25

Instructor: Britt Soden

2050. MEDICARE...DON'T GO THROUGH IT ALONE

A Free Medicare Coach agent from Wallingford's own, Insurance with T LLC will educate you in a safe atmosphere where there is no sales pressure. This is a seminar for educational purposes ONLY! We have been helping people understand Medicare for 15+ years. Our expert staff will provide answers to all of your Medicare questions (when should you enroll, how much will it cost, how do you choose the right plan for yourself? Etc.). No plan or carrier specifics will be discussed, only educational information. Bring a friend and any questions you may have, all attendees will be entered into a free raffle. If you can't make the next seminar, call (203) 678-4111 and ask for Mike for any questions you may have.

.200 Tuesday, March 25th 10:00am

.201 Thursday, April 17th 10:00am

.202 Wednesday, May 21st 10:00am

Instructor: Michael Bush

Fee: FREE

Location: Room 3

4150.200 BEGINNER FENCING

Don't miss out on your chance to learn the Olympic sport of fencing! Fencers will learn mobility, fencing footwork, bladework, and competitive tactics. Often likened to 'physical chess,' fencing is the ultimate sport for conditioning the body and stimulating the mind, developing balance, coordination, focus, and discipline in a fun and engaging environment. Great class for all ability levels!

When: Wednesdays, March 26th – June 11th

Class Time: 4:30pm - 5:30pm

Fee: \$80

Location: Gym 1

Instructor: Cooper Johnson, Head Coach/Owner of Iconic Fencing Club

SPORTS

4028.201 BASEBALL PRE-SEASON TUNE UP 7-10 YEARS

Comprehensive clinic focused on getting prepared for the upcoming spring season. Experienced instruction in the fundamentals of the game such as fielding, hitting, throwing, catching and more will be covered.

When: Saturdays, March 22nd – April 26th

Time: 1:00pm - 2:00pm for 6 weeks

Fee: \$75

Location: Gym 1

Instructor: Mike Giannelli

4028.202 BASEBALL PRE-SEASON TUNE UP 11-13 YEARS

Comprehensive clinic focused on getting prepared for the upcoming spring season. Experienced instruction in the fundamentals of the game such as fielding, hitting, throwing, catching and more will be covered.

When: Saturdays, March 22nd – April 26th

Time: 2:00pm - 3:30pm for 6 weeks

Fee: \$90

Location: Gym 1

Instructor: Mike Giannelli



TINYTYKES SOCCER • AGES 2-5YRS

TinyTykes is an exciting child development program delivered through soccer. Our soccer and child development professionals have designed an innovative curriculum that takes children on 'Immersive Interactive Adventures' through fun and exciting themes. It is through these semi-structured adventures that every child has the ability to build their own experiences and be introduced to the basic skills needed in soccer; motor, social, and psychological skills. Our International coaches are experts at working with young children and will combine soccer and adventure in a way that keeps your children entertained and enthused to return next week. Player package that includes: Full custom designed TinyTykes Uniform (Shirt and Shorts) Graduation certificate after level completion.

Class begins Saturday April 26th – May 31st for 6 weeks.

4030.200 Ages 2-3 Saturdays, 8:00am - 8:45am

4030.201 Ages 2-3 Saturdays, 9:00am - 9:45am

4030.202 Ages 2-3 Saturdays, 10:00am - 10:45am

4030.203 Ages 4-5 Saturdays, 11:00am - 11:45am

Fee: \$100 (includes the uniform)

Location: Gym 1 & 2

Instructors: Tiny Tykes Staff

HOOP HOUSE BASKETBALL ACADEMY FOR BOYS AND GIRLS 5-9YRS

Great tune up for the coming basketball league play! Wallingford Parks & Rec in conjunction with Central Connecticut Hoop Stars offers a premiere youth basketball program which includes instruction by top coaches, game play, basketball contest and the Hoop House "lessons of life" program. Each participant will receive a Hoop House T - Shirt.

4020.201 5-6yrs Wednesdays, March 26th – May 7th

5:45pm - 6:45pm for 6 weeks (no class 4/16)

4020.202 7-9yrs Wednesdays, March 26th – May 7th

6:45pm - 7:45pm for 6 weeks (no class 4/16)

Fee: \$65

Location: Gym 2

Instructor: Greg Morrone and Hoop House Staff

PROJECT TRIPLE THREAT BASKETBALL CLINICS AGES 10 - 14 4020.203

Project Triple Threat (PTT) was founded by Drew Dawson, a former Division 1 college player, coach and current head coach at Choate Rosemary Hall Boys Basketball. This instructional clinic is designed to expose our younger generation of basketball players to the essential skills, intangibles and team concepts for growing as an aspiring player and teammate in the game of basketball.

When: Tuesdays, May 6th – June 10th 6:00pm - 7:00pm for 6 weeks

Location: Parks and Recreation Gym

Staff: Coach Drew Dawson & Staff

Fee: \$115

4060.200 MINI HAWK SPORTS • AGES 3-4

This multi-sport program was developed to give children a positive first step into athletics. Sports are taught in a safe, structured environment filled with encouragement and fun. Through exciting games and activities, campers explore balance, hand/eye coordination and skill development at their own pace.

When: Mondays, March 31st – May 5th

4:30pm - 5:15pm for 6 weeks

Location: Gym 1

Fee: \$89

Instructor: Skyhawks Staff

(Skyhawks is a nationally recognized sports program provider)

4060.220 SPORTS & GYM GAMES • AGES 5-7

Skyhawks provides a wide variety of fun, safe and positive programs that emphasize critical lessons in sports and life, such as teamwork, respect and sportsmanship. Our programs are designed to give each child a positive introduction into sports while fostering a lifelong love for an active, healthy lifestyle. For this camp, our patient and knowledgeable staff use a variety of skill-building games and activities to give each athlete a complete understanding and overview of many different popular sports and games. Sports and games include capture the flag, soccer, ultimate frisbee, basketball, kickball, flag football, team handball and many more. Games played will depend on the number of children attending the program.

When: Mondays, March 31st – May 5th

5:25pm - 6:25pm for 6 weeks

Fee: \$89

Location: Gym 1

Instructor: Skyhawks Staff (Skyhawks is a nationally recognized sports program provider)

4060.230 MULTI-SPORT TOTS • AGES 2-3

Give your little superstar an awesome first step into sports with Multi-Sport Tots! This class uses age-appropriate games and activities across multiple sports to explore balance, hand/eye coordination, fitness, sport skills and child development. Parent participation required for ages 2-3 years.

When: Tuesdays, April 1st – May 6th

4:00pm - 4:45pm for 6 weeks

Fee: \$89

Location: Gym 1

Instructor: Skyhawks Staff

(Skyhawks is a nationally recognized sports program provider)

4060.240 SKYHAWKS BASEBALL • AGES 4-6

Learn the fundamentals of fielding, catching, throwing, hitting and base running - all in a fun, positive environment. Specifically designed for beginning players, this program teaches athletes new baseball skills along with vital life lessons such as respect, teamwork and sportsmanship.

When: Tuesdays, April 1st – May 6th

4:50pm - 5:35pm for 6 weeks

Fee: \$89

Location: Gym 1

Instructor: Skyhawks Staff

(Skyhawks is a nationally recognized sports program provider)

0118.203 ADAPTIVE KARATE • AGES 7+

A traditional karate program for ages 7 and up, the style of Karate we study is Tang Soo Do, a Korean based martial art. In addition to learning techniques, board breaking, forms and exercise patterns, the class focuses on self-esteem, character building, respect for self and others, proper approaches to competition and general life skills for today's child.

When: Wednesdays, March 26th – May 28th for 10 weeks

Class Time: 6:05pm - 6:35pm

Instructor: Lyne Landry and The Institute of Martial Arts Staff

Location: Room 14

Fee: \$65

LITTLE NINJAS • AGES 3-4

Karate techniques incorporated with essential motor skills for 3-4 year olds. The curriculum includes balance, memory, team work, coordination, focus, and other age specific skills training. Often young children want to do what the big kids do but don't have the essential motor skills. This class teaches those while building self-esteem and respect for self and others.

4051.200 When: Mondays, March 24th – June 16th

5:30pm - 6:00pm for 12 weeks (no class 5/26)

4051.201 When: Saturdays, March 29th – June 21st

9:00am - 9:30am for 12 weeks (no class 5/24)

Fee: \$75

Location: Room 14 Monday / Room 15 Saturdays

Instructor: The Institute of Martial Arts Staff

KICKIN' KIDS • AGES 5-6

Dynamic karate techniques taught with an emphasis on kicks, punches, blocks, coordination, bullying prevention, and beginning karate weapons training. Situational self-defense will be taught so our youngest can avoid conflict. Class is designed to have a student develop into the more structured karate program that starts at 7 years old. Emphasis on technique and coordination without the traditional forms patterns of movement.

4052.200 When: Mondays, March 24th – June 16th

6:00pm - 6:45pm for 12 weeks (no class 5/26)

4052.201 When: Saturdays, March 29th – June 21st

9:30am - 10:15am for 12 weeks (no class 5/24)

Fee: \$90

Instructor: The Institute of Martial Arts Staff

Location: Room 14 Mondays / Room 15 Saturdays

KARATE FOR BEGINNERS • AGES 7-ADULT

A traditional karate program for ages 7 to adult, the style of Karate we study is Tang Soo Do, a Korean based martial art. In addition to learning techniques, board breaking, forms and exercise patterns, the class focuses on self-esteem, character building, respect for self and others, and proper approaches to competition. Parents are encouraged to begin training at the same time as their children's class regardless of rank. Great fun and family activity!

4053.200 When: Wednesdays, March 26th – June 11th

5:30pm - 6:30pm for 12 weeks

4053.201 When: Saturdays, March 29th – June 21st

10:15am - 11:30am for 12 weeks (no class 5/24)

Fee: \$90

Instructor: The Institute of Martial Arts Staff

Location: Room 15

LEAGUES**BILL FARM SLOW PITCH SOFTBALL LEAGUE**

Softball leagues are offered for men's, women's and co-ed recreational teams. USA Softball (Formerly ASA) rules with modifications and Wallingford Parks & Recreation Department rules apply. The Dept. reserves the right to place teams in divisions to maintain the quality of competition. Teams must be prepared to play on these days of the week Mon-Fri and Sundays for scheduled or rescheduled games. Makeups may also be played on nights of the week different than your typical night.

League Commissioner: Stan Capp

Division Schedules Is As Follows:

Monday: Make Ups (Sundays may be used if needed)

Tuesday: D Division/E Division

Wednesday: A Division/Women's Division

Thursday: B Division/C Division

Friday: F Division/G Division

Fee: \$800

Bill Farm Slow Pitch Softball - IMPORTANT DATES

March 14th 4:30pm: Registration closes

April 2nd 6:00pm: Manager's meeting Location: Rec Dept.

April 17th 4:00pm-8:00pm and

April 19th 10:00am-2:00pm: Photo ID Days

April 21st: Season Begins

May 23rd 4:30pm: Last Day to Add/Drop from Roster – FINAL ROSTERS

4185.200 THE JACK DOYLE ADULT MEN'S 60YRS & OVER 2025 SLOW PITCH SOFTBALL LEAGUE

Practice and games tentatively scheduled for Monday and Wednesday mornings from 9:00am - 11:00am. Letters for registration were e-mailed out in the month of January to the players from the previous year. Registration forms must be completely filled out and returned in person. Harry Fazio is the league commissioner. For more information contact the Rec. Department at 203-294-2120. Registration begins February 3rd.

Tentative Start Date is Monday in Mid April

Fee: \$50

*New players are always welcome.

4222.200 INDOOR CORNHOLE LEAGUE

Register as a team to play a minimum of 6 games per week. Teams will play three, best of three series each night. At the end of the season, teams will compete in a single elimination tournament to determine the league champion. League is limited to 12 teams. Registration for returning teams will begin right away.

When: Tuesdays, March 18th – May 6th

6:00pm - 8:00pm for 8 weeks

Fee: \$50 per team

Location: Gym 2

PICKLEBALL 101 FOR BEGINNERS

Want to learn how to play pickleball? You're not alone. Pickleball is now the fastest-growing sport in America, and it's tons of fun! **Three lessons** are all you need to possess the basic skills, rules, and terminology that will enable you to enjoy a full game of pickleball on your own!! *We cap the lessons at 4 people* in order to provide you with as much one-on-one attention as possible. Small groups enable the instructors to answer questions as they arise. **No experience needed to participate.** At the end of the season we hold a *pickleball palooza* for all of the graduates! It's a great way to meet new people and make pickleball friends! **Please note ... there are NO make-up lessons unless we get rained out. Bring water and wear sneakers and comfortable clothes (if applicable - a hat, sunglasses, and sunblock.)**

Equipment - You will need to provide your own paddle. *Need help deciding which paddle to buy?* Contact us at centrecourtpickleball@gmail.com or visit our website centrecourtpickleball.com

Max of 4 people per session
All sessions run three consecutive days on Tuesday, Wednesday, and Thursday.

AFTERNOON SESSIONS 12:30pm - 1:20pm:

- 8500.200:** April 8th – April 10th
- 8500.201:** April 15th – April 17th
- 8500.202:** April 22nd – April 24th
- 8500.203:** April 29th – May 1st
- 8500.204:** May 6th – May 8th
- 8500.205:** May 13th – May 15th
- 8500.206:** May 20th – May 22nd
- 8500.207:** May 27th – May 29th

EVENING SESSIONS 6:30pm - 7:20pm:

- 8500.210:** April 8th – April 10th
- 8500.211:** April 15th – April 17th
- 8500.212:** April 22nd – April 24th
- 8500.213:** April 29th – May 1st
- 8500.214:** May 6th – May 8th
- 8500.215:** May 13th – May 15th
- 8500.216:** May 20th – May 22nd
- 8500.217:** May 27th – May 29th

Fee: \$110

Location: Harrison Park Pickleball Courts

Instructor: Jen Nuzzo

PICKLEBALL COACHED MATCH PLAY

Pickleball Coached Match Play featuring Angelo of the Rossetti Bros. Dynamic warmup, drilling with goals around the weekly theme, coached match play. All live ball coaching. Includes mental skills, strategies and tactics. Intermediate to intermediate plus levels. **Pickleball rating must be 3.0-3.9**

ALL SESSIONS WILL BE 9:00am - 10:30am

- 8501.200:** Saturday, March 29th
- 8501.201:** Saturday, April 12th
- 8501.202:** Saturday, April 26th
- 8501.203:** Saturday, May 10th
- 8501.204:** Saturday, May 24th
- 8501.205:** Saturday, June 7th
- 8501.206:** Saturday, June 21st

Fee: \$35

Location: Harrison Park Pickleball Courts

Instructor: Angelo Rossetti

4000. CO-ED RECREATIONAL GYMNASTICS FOR 12MO. – 8 YRS

Come join in the fun of recreational gymnastics under the direction of our gymnastics staff. These classes will provide a fun and exciting experience for participants. All programs start with the basics and move along the skill path at their own pace. All participants will receive a ribbon upon completion of a class session. Classes begin the week of March 17th for 10 weeks. (no class 5/26)

****Do not bring siblings who are not registered to class. Only registered, age appropriate children will be able to participate****

Tiny Tumblers: 12 months – 35 months

Parents share in the experience with their young child. We create an atmosphere geared for physical and social activity for the participants. This open play will give your child an opportunity to play on the mats, while building skills through play to get them to the next level.

- .200** Mondays, March 17th 9:15am - 10:00am
- .201** Mondays, March 17th 10:55am - 11:40am
- .202** Mondays, March 17th 5:15pm - 6:00pm
- .203** Tuesdays, March 18th 9:15am - 10:00am
- .204** Tuesdays, March 18th 5:15pm - 6:00pm
- .205** Wednesdays, March 19th 9:15am - 10:00am
- .206** Wednesdays, March 19th 10:05am - 10:50am
- .207** Thursdays, March 20th 5:15pm - 6:00pm
- .208** Saturdays, March 22nd 9:00am - 9:45am
- .209** Saturdays, March 22nd 9:50am - 10:35am

Location: Gymnastics Room

Instructors: Gymnastics Staff

Fee: \$85

Pre-School Gymnastics Classes: 3 - 4 years old without parent

***MUST BE 3 BY THE START OF THE CLASS. NO EXCEPTIONS**

This class takes a gentle approach to the introduction of gymnastics. Participants will be introduced to gymnastics equipment, as well as learning the basics of tumbling in a fun and easy going environment.

- .210** Mondays, March 17th 10:05am - 10:50am
- .211** Mondays, March 17th 6:05pm - 6:50pm
- .212** Tuesdays, March 18th 10:05am - 10:50am
- .213** Tuesdays, March 18th 10:55am - 11:40am
- .214** Tuesdays, March 18th 6:05pm - 6:50pm
- .215** Wednesdays, March 19th 10:55am - 11:40am
- .216** Thursdays, March 20th 6:05pm - 6:50pm
- .217** Saturdays, March 22nd 10:40am - 11:25am
- .218** Saturdays, March 22nd 11:30am - 12:15pm

Location: Gymnastics Room

Instructors: Gymnastics Staff

Fee: \$85

Beginner Gymnastics Class: 5 - 8 years old

***MUST BE 5 BY THE START OF THE CLASS. NO EXCEPTIONS**

In this class we will introduce your child to the skills on all of the gymnastics equipment. Your child will develop skills on the beam and bars.

- .220** Mondays, March 17th 6:55pm - 7:40pm
- .221** Tuesdays, March 18th 6:55pm - 7:40pm
- .222** Thursdays, March 20th 6:55pm - 7:40pm
- .223** Saturdays, March 22nd 12:20pm - 1:05pm
- .224** Saturdays, March 22nd 1:20pm - 2:05pm

Location: Gymnastics Room

Instructors: Gymnastics Staff

Fee: \$85



SUMMER CAMPS

Summer Playground Camps!

- Mid June - Mid August
- 3 fun locations throughout town
- Field Trips + On-site Entertainment
- Monday-Friday (8:30am-3:00pm)
- Children Ages 6-11

Summer Sizzlers

- Mid June - Mid August
- Different Field Trips Everyday!
- Monday - Thursday
- Children ages 12 - 15

Tiny Bubbles/Pop Shots!

- Mid June - Mid August
- Hosted at Wallingford Parks & Rec
- Monday-Friday (9:00am-1:00pm)
- Children ages 3 - 6

2025 Specialty Camps!

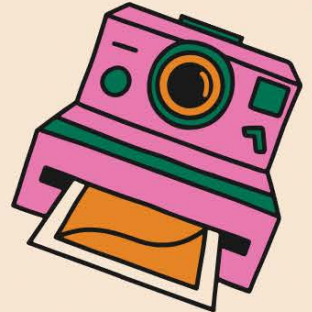
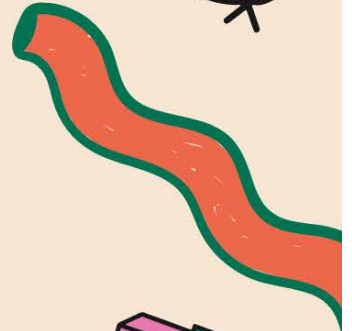
- Variety of fun and enriching camps all summer long!
- 2025 camps include...
- Soccer Camps, Basketball Camps, Cooking Camps, STEM Camps, Skyhawk Sports and More!

DONT MISS OUT!

Camps go live in early March and fill up quick! Don't sleep on signing your child up for a summer they won't forget!



For more info please call (203) 294-2120





CT STEM ACADEMY

CT STEM ACADEMY

Spring 2025 - In Person Programs



CT STEM ACADEMY

All Registration can be completed online at www.wallingfordrec.com All programs may be held with a combination of indoor and outdoor activities depending on weather. Meeting locations noted in description. ***NEW TOPICS FOR EACH PROGRAM.****

State of CT – Lt. Governor’s Computing Challenge

Session A, Grades 3 to 5 Participants

Course Number 2005.226

Tuesdays, 3/4, 3/11, 3/18, 3/25

6:00 pm - 7:00 pm

Location: CT STEM Academy, 284 Washington Street

Cost: FREE

The Lt. Governor's Computing Challenge is a statewide coding competition for Connecticut students. The "Coding for Good" challenge is open to all students who can enter on their own or as a team. Our program will guide and support students. Upon enrollment, participants must commit to submitting an entry. More information about the challenge, please visit <https://www.ltgovcc.org/>



Session B, Grades 6 to 8 Participants

Course Number 2005.227

Tuesdays, 3/4, 3/11, 3/18, 3/25

No meeting on 4/9

6:00 pm - 7:00 pm

Location: CT STEM Academy, 284 Washington Street

Cost: FREE

The Lt. Governor's Computing Challenge is a statewide coding competition for Connecticut students. The "Coding for Good" challenge is open to all students who can enter on their own or as a team. Our program will guide and support students. Upon enrollment, participants must commit to submitting an entry. More information about the challenge, please visit <https://www.ltgovcc.org/>

Lego Robotics Beginner Course

Course Number 2005.204

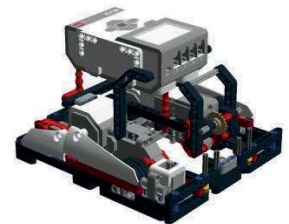
Ages 9-14

Tuesdays - 4/1, 4/8, 4/22, 4/29

No program on 4/15 due to School Break

6:00 pm to 7:00 pm

Location: CT STEM Academy, 284 Washington Street
*This program is designed for participants who would like a rich introduction to robotics. **This program encourages critical thinking, problem solving, and communication.** Participants will be using Lego Mindstorms EV3 to learn the basics of applications. Instructors will adjust program instruction to meet the needs of all participants.*
Cost: \$35



Robotics Advanced Course

Course Number 2005.216

Ages 9-14

Tuesdays, 5/6, 5/13, 5/20

6:00 to 7:00 pm

Location: CT STEM Academy, 284 Washington Street

Cost: \$36

*Building on previous knowledge from Lego Robotics participants will be exploring new technology that will enhance robotics skills and concepts. "UB TECH is a global leading AI and humanoid robotics company" **Prerequisite: must have attended the Fall 2024/ Spring 2024 Robotics Program or Ages 7 and 8 Robotics***

Summer Camp Open House, Family STEM Night Open to the Public &

VEX IQ Robotics Competition Team Q & A Session

All Ages

2005.234 Thursday, April 10 - 5:30 pm to 6:45 pm

2005.235 Thursday, May 22 - 5:30 pm to 6:45 pm

Location: CT STEM Academy, 284 Washington Street

Cost: FREE (Pre-registration required)

Join us for a fun Family STEM Night with several engaging STEM activities. We will have dedicated areas for a Q & A session about our Summer Camps and VEX IQ Robotics Competition Team.

Additional Spring listings, and Summer Camp information, can be found on wallingfordct.myrec.com, www.ctstemacademy.org and on Facebook, Instagram, X, and LinkedIn @ctstem



CT STEM ACADEMY

Spring 2025 - In Person Programs



All Registration can be completed online at www.wallingfordrec.com All programs may be held with a combination of indoor and outdoor activities depending on weather. Meeting locations noted in description.

NEW TOPICS FOR EACH PROGRAM.*

3D Printing Multi-Session A

Course Number: 2005.217

Ages 9 to 14

Thursdays - 3/13, 3/20, 3/27, 4/3

Time: 5:45 to 7:15

Location: CT STEM Academy, 284 Washington Street

Cost: \$35

Do you like to explore science, solve problems and use technology? If you do, then STEM Academy is the perfect place for you! Join us for an engaging session of exploring a range of topics from Science, Technology, Engineering, Art, and Mathematics. Participants will be grouped based upon experience and/or age. Lunch supervision not provided between AM and PM program on 3/29.

Ages 5 and 6 STEM

Course Number 2005.207

Ages 5 and 6

Spring Break - Wednesday, April 16, 2025

Time 10:00 am to 12:00 pm

Location: Wallingford Parks and Rec STEM Room

Cost: \$32

Do you like to explore science, solve problems and use technology? If you do, then STEM Academy is the perfect place for you! Join us for an engaging session of exploring many different STEM Challenges through hands-on investigations.

Family Code & Robotics Night

Course Number 2005.236

Thursday, May 29, 2025 - 5:45 to 7:00

Ages: All Ages

Cost: FREE (Preregistration Required)

Join us for a fun hands-on evening of coding, robotics and 3D printing and more. This event is family oriented, all children must be chaperoned by a parent. This event will be free flowing, families are welcome to "drop in" for the whole event or a portion of the event.

3D Printing - Multi Session B

Course Number 2005.218

Ages 9 to 14

Thursdays - 4/24, 5/1, 5/8, 5/15

Time: 5:45 to 7:15

Location: CT STEM Academy, 284 Washington Street

Cost: \$35

Are you interested in robotics and ages 9 to 14? If so, then you'll want to be a part of designing and testing micro robots and coding. Each participant will get to work with a variety of robots. This program will be led by experienced STEM educators. Lunch supervision not provided between AM and PM program on 3/29.

Ages 7 and 8 STEM

Course Number 2005.206

Ages 7 and 8

Spring Break - Wednesday, April 16, 2025

Time: 1:00 am to 3:00 pm

Location: Wallingford Parks and Rec STEM Room

Cost: \$32

Do you like to explore science, solve problems and use technology? If you do, then STEM Academy is the perfect place for you! Join us for an engaging session of exploring many different STEM Challenges through hands-on investigations. Our session will include high interest materials such as Legos, K'NEX, and much more.

Birthday Parties ****NEW OFFERING****

Looking for a unique and exciting way to celebrate your child's birthday? CT STEM Academy now offers Birthday Parties at our Discovery Lab, designed for students who love hands-on STEM activities! Our Birthday Party package includes a fun and engaging 1-hour STEM-led activity, where participants will explore, create, and learn through exciting experiments and projects. For more information or to book your party, email us at info@ctstemacademy.org to begin the process. Let CT STEM Academy make your child's birthday both fun and educational!

Field Trips for Schools, All Youth Organizations and Homeschool Groups ****NEW OFFERING****

Is your school looking for an engaging and educational field trip experience? Look no further! Bring your class to CT STEM Academy's Discovery Lab in Wallingford, CT, where we offer a wide range of exciting STEM programs tailored to fit your students' learning needs. Our field trip offerings include hands-on activities and experiments on topics such as NASA Activities, Motion & Stability, Chemistry, and much more! Each program is designed to inspire curiosity and enhance your students' understanding of STEM concepts in a fun and interactive environment. For more details or to schedule your field trip, please email us at info@ctstemacademy.org to begin the process.

Additional Spring listings, and Summer Camp information, can be found on wallinfordct.myrec.com, www.ctstemacademy.org and on Facebook, Instagram, X, and LinkedIn @ctstem

YOGA, PILATES, TAI CHI, SENIORS, & SPECIALTY FITNESS

PLEASE NOTE: the following health and fitness classes are for participants 13 years and older unless noted.

5003.201 ALL LEVELS VINYASA YOGA

This class synchronizes breath with movement. Gain flexibility and strength as we flow through the poses. Modifications are always shown.

Equipment Needed: Your own yoga mat

Instructor: Cathy Dean certified yoga instructor

Class Time: Monday, 5:30pm - 6:30pm

Dates: March 24th – June 9th for 11 weeks (no class 5/26)

Fee: \$65

Location: Room 15

5006.201 BASIC YOGA – ZORAYDA

Come and enjoy the benefits of breathing awareness, yoga poses, and guided relaxation. Learn to listen to your own body as it guides you to develop the yoga practice that is right for you. Emphasis will be on feeling the poses, connecting to your breath and your body, and letting go of an 'ideal' of how each pose is supposed to look like.

Equipment Needed: Your own yoga mat

Instructor: Zorayda Cocchi OTR/L, RYT 500, CYKT certified yoga instructor

Class Time: Mondays, 9:30am - 10:45am

Date: March 24th – June 9th for 11 weeks (no class 5/26)

Location: Room 15

Fee: \$80

5007.202 YOGA FOR NOT-FLEXIBLE PEOPLE

If you have been thinking about yoga but believe "I am not flexible enough to do yoga", THIS IS THE CLASS FOR YOU! Drawn from her Occupational Therapy background and her extensive yoga training, Zorayda Cocchi will guide you to use props, modifications and assists to get the best out of your practice, regardless of your perceived level of flexibility. Come and experience the multiple benefits of yoga in a supportive environment. YOUR body, YOUR choice, YOUR practice.

Instructor: Zorayda Cocchi OTR/L, RYT 500, CYKT certified yoga instructor

Class Time: Tuesdays, 5:50pm - 6:50pm

Date: March 25th – June 10th for 12 weeks

Location: Room 15

Fee: \$70

5007.204 THERAPEUTIC YOGA

Drawn from her Occupational Therapy background and her yoga training, Zorayda's therapeutic yoga includes the use of props, self massage, breathing exercises, relaxation, and meditation. Poses are built from the least challenging to a slow-graded increase in the level of intensity. Poses are modified so that each student benefits regardless of his perceived physical condition. All are welcome.

Equipment Needed: Your own yoga mat.

Class Time: Tuesdays, 7:00pm - 8:15pm

Date: March 25th – June 10th for 12 weeks

Location: Room 16

Fee: \$85

GENTLE YOGA STRETCH

A nurturing, healing experience for everyone. We are all needing a deeper sense of relaxation and ease in our lives. Basic seated and supine yoga postures and breathing are taught in a gentle way to help students release deep tension and stress from their bodies and minds.

Equipment Needed: Your own yoga mat

5005.202 Mondays 9:15am - 10:30am

Instructor: Christina Casavina certified yoga instructor

Date: March 24th – June 9th for 11 weeks (no class 5/26)

Location: Room 16

Fee: \$80

5005.201 Thursdays, 9:30am - 10:45am

Instructor: Christina Casavina certified yoga instructor

Date: March 27th – June 12th for 12 weeks

Location: Room 16

Fee: \$85

5013.206 WARM VINYASA YOGA

A gently warmed room to soothe the body into a slow flow vinyasa practice. The warmth will allow muscles to open and the body to breathe, bend and explore a deeper practice. As the weather gets cold, give yourself the gift of warm yoga. Bring a light blanket or scarf to rest more deeply in savasana, your final resting pose.

Equipment Needed: Your own yoga mat

Instructor: Christina Casavina, certified yoga instructor

Date: March 25th – June 10th for 12 weeks

Class Time: Tuesdays, 6:45pm - 7:45pm

Location: Room 14

Fee: \$70

5013.200 YOGA WITH WEIGHTS: WEDNESDAY

Explore yoga using weights and props, offering a new way to explore varying your fitness routine. Adding variety to your routine is what makes fitness fun, interesting, and effective! All levels are welcome.

Equipment Needed: Your own yoga mat

Instructor: Christina Casavina, certified yoga instructor

Date: March 26th – June 11th for 12 weeks

Class Time: Wednesdays, 9:30am - 10:45am

Location: Room 15

Fee: \$85

5005.209 YOGA WITH WEIGHTS: THURSDAY

Explore yoga using weights and props, offering a new way to explore varying your fitness routine. Adding variety to your routine is what makes fitness fun, interesting, and effective! All levels are welcome.

Equipment Needed: Your own yoga mat

Class Time: Thursdays, 5:30pm - 6:30pm

Instructor: Christina Casavina certified yoga instructor

Date: March 27th – June 12th for 12 weeks

Location: Room 16

Fee: \$70

5013.205 YOGA FORM & FLOW: FRIDAY

Get ready and join me on the mat for connecting to your breath, body, and flow to make you glow into the weekend. Open up to amazing! Just you and your mat needed, props available or bring your own.

Equipment Needed: Your own yoga mat and a light blanket

Instructor: Christina Casavina, certified yoga instructor

Date: March 28th – June 13th for 11 weeks (no class 4/18)

Class Time: Friday, 9:30am - 10:45am

Location: Room 16

Fee: \$80

5013.204 YOGA FORM & FLOW: SATURDAY

Get ready and join me on the mat for connecting to your breath, body, and flow to make you glow into the weekend. Open up to amazing! Just you and your mat needed, props available or bring your own.

Equipment Needed: Your own yoga mat and a light blanket

Instructor: Christina Casavina, certified yoga instructor

Date: March 29th – June 14th for 12 weeks

Class Time: Saturday, 8:30am - 9:45am

Location: Room 16

Fee: \$85

5041.200 YIN YOGA & REIKI

Take some time to realign physically and energetically during this yin yoga practice enhanced with the healing magic of reiki. Deonna will guide you through deeply restorative yin poses to release tension in the soft tissue of the body while reconnecting with the self. As you rest in each pose for several minutes Deonna will go around to offer healing to the energetic body through the ancient eastern practice of reiki.

Equipment Needed: Your own yoga mat

Instructor: Deonna Thomas, certified yoga instructor

Date: March 25th – June 10th for 12 weeks

Class Time: Tuesdays, 9:30am - 10:45am

Location: Room 15

Fee: \$85

8039. SPIRITUAL JOURNEY THROUGH SOUND AGES 18+

Gather for a unique spiritual sound journey experience with Good Vibes Yoga Studio founder & creator Deonna Thomas. Beginning by connecting to Spirit and breath with the use of essential oil aromatherapy and a collective oracle card reading, we will receive and decipher a message from Spirit as we set an intention for our transcendental journey. Deonna will then use guided imagery and an array of sound instruments to transport you to what feels like another dimension in space and time. The sound vibrations will bring equilibrium and healing to the physical body on an energetic level, while regulating the emotional body and nervous system, and connecting to Spirit through physical sensations and visions. Awakening from our journey with the option to share our experience in a supportive compassionate community.

8039.200: Saturday, March 29th

8039.201: Saturday, April 26th

8039.202: Saturday, May 24th

Class Time: 4:00pm - 5:00pm

Fee: \$25

Location: Room 3

Instructor: Deonna Thomas, certified yoga instructor

5018.200 CHAIR YOGA

This gentle yoga class will ease you into the world of yoga, whatever your age and ability. CHAIR YOGA is designed for anyone who wants a seated option for their yoga experience and for individuals with physical limitations. Students will have the opportunity to come out of the chair onto a yoga mat if they choose, but this will not be mandatory. Every class will include with deep breathing exercises and final relaxation. Come see what yoga can do for you!

Equipment Needed: Your own yoga mat

Instructor: Lauren Henrici, RYT, Yoga Fit certified instructor

Date: March 25th – June 12th for 12 weeks

Class Time: Tuesdays & Thursdays, 1:00pm - 1:45pm

Location: Room 16

Fee: \$70

5012.203 PILATES PLUS CORE

Joseph Pilates traditional mat work meets current core exercises for strength, stability, alignment and flexibility. Join us to improve core fitness and range of motion. Please bring your own mat. We will provide pilates rings, small and large balls, foam rollers and light weights.

Instructor: Linda Roy, STOTT pilates certified instructor

Class Time: Wednesdays, 5:00pm - 5:45pm

Date: March 26th – June 11th for 12 weeks

Location: Room 14

Fee: \$60

5012.204 BARRE AND TOTAL STRENGTH

The best of both worlds. The ballet barre will be used for lower body strength and balance with high reps in a smaller range of motion. We will be using postural muscles as well as our fascia system for amazing definition. This will be fused with traditional upper body strength with a variety of equipment for a complete sculpting workout.

Equipment Needed: Please bring your own mat.

Instructor: Linda Roy, CPT, NETA Group Fitness, STOTT pilates & barre certified instructor

Class Time: Wednesdays, 6:00pm - 6:45pm

Date: March 26th – June 11th for 12 weeks

Location: Room 16

Fee: \$60

FITNESS CLASSES**5820.200 VIRTUAL POWER UP**

Three classes, three different formats. Metabolic Conditioning, Full Body Interval Strength Training, and Cardio HIIT. Increase your strength and improve your overall level of fitness with a combination of functional strength training and cardio conditioning. We will take circuit training to the next level with full body combos and high heart rates. Start your day off building muscle, burning fat, and being strong! Equipment needed: handheld weights, bands, or kettlebell.

Instructor: Jess Holloway AFAA certified instructor

Date: March 24th – June 20th for 13 weeks (no class 4/18, 5/26)

Class Time: Mondays, Wednesdays, Fridays, 6:00am - 6:45am

Location: Zoom

Fee: \$110

5821.200 VIRTUAL EARLY MORNING PUMP

Start your day off right with EARLY MORNING PUMP. We will tone all major muscle groups using a combination of handheld weights, barbells and our own body. Equipment Needed- handheld weights, bands, kettlebells and/or bodybars

Instructor: Jess Holloway AFAA certified instructor
Date: March 25th – June 19th for 13 weeks
Class Time: Tuesdays & Thursdays, 6:00am - 6:45am
Location: Zoom
Fee: \$90

5106.200 BABY BOOMER BOOGIE (50+ YEARS OLD)

Move over Zumba Gold....Baby Boomer Boogie is a fun cardio dance fitness class that incorporates the best of today's and yesterday's favorite music hits. Get your heart pumping and spirits soaring with easy to follow dance movements.

Instructor: Stacey Bobbitt
Date: March 25th – June 12th for 12 weeks
Class Time: Tuesdays & Thursdays, 11:45am - 12:30pm
Location: Room 16
Fee: \$30

5106.205 BOOGIE BLAST (50+ YEARS OLD)

Boogie Blast is an exercise class based on easy to follow dance steps and movements. It is designed to give you a full body workout while moving to music that makes you want to dance! Come move with us and discover how dancing with friends just might be the most enjoyable exercise ever!

Instructor: Stacey Bobbitt
Dates: March 26th – June 11th for 12 weeks
Class Time: Wednesdays, 5:05pm - 5:50pm
Location: Room 16
Fee: \$30

5519.200 hardcore STRENGTH

This is a full body weight training class which will challenge all of the major muscle groups utilizing powerful strength training techniques. Increase core strength, stability, and burn calories! All levels are welcome!

Instructor: Sue Moreschi ACE certified instructor
Date: March 24th – June 9th (no class 5/26) for 11 weeks
Class Time: Mondays, 5:30pm - 6:15pm
Location: Room 16
Fee: \$42

5521.200 IT'S HIIT

High Intensity interval training session that is designed to help you meet your fitness goals. Short bursts of all-out effort followed by recovery. Format will vary from Tabata, Bootcamp, and Circuit Training formats. Be ready to sweat! All levels are welcome!

Instructor: Sue Moreschi ACE certified instructor
Date: March 24th – June 9th (no class 5/26) for 11 weeks
Class Time: Mondays, 6:20pm - 7:05pm
Location: Room 16
Fee: \$42

5522.200 TOTAL BODY CONDITIONING

Total Body Conditioning....energetic moderate to high intensity self challenging total body workout. Cardio drills fused with strength and endurance intervals using resistance equipment and body weight. A great calorie burner, all are welcome!

Instructor: Sue Moreschi ACE certified instructor
Date: March 25th – June 10th for 12 weeks
Class Time: Tuesdays, 5:45pm - 6:30pm
Location: Room 16
Fee: \$45

5522.201 CARDIO BLAST

Is a challenging total body cardio, strength, endurance, and core workout! Intervals at various levels including modifications for all!

Instructor: Sue Moreschi ACE certified instructor
Class Time: Thursdays, 7:00pm - 7:45pm
Date: March 27th – June 12th for 12 weeks
Location: Room 16
Fee: \$45

5519.202 POWEROLOGY

Full body weight training class which challenge all of the major muscle groups fusing powerful strength training techniques. Increase core strength, stability and burn calories. All levels encouraged!

Instructor: Sue Moreschi ACE certified instructor
Class Time: Sunday, 9:00am - 9:45am
Dates: March 30th – May 25th for 8 weeks (no class 4/20)
Fee: \$30
Location: Room 16

5100.200 TAI CHI CH'UAN: TUESDAY

"Relaxed physical movement with a peaceful but focused mind" D.C.R. Tai Chi is an excellent internal exercise combined with external movement for men and women of all ages and physical abilities. The early effect of Tai Chi is lowering of blood pressure and stress reduction due to the relaxed, gentle movements of the Tai Chi Form.

Instructor: David Ritchie, Director of Central CT Tai Chi Ch'uan
Class Time: Tuesdays, 7:00pm - 8:00pm
Date: March 25th – May 27th for 10 weeks
Location: Room 15
Fee: \$65

5100.201 TAI CHI QIGONG WEDNESDAYS

Both are Relaxed physical movements with a peaceful but focused mind. In this class you will learn easy to do Qigong routines and a Tai Chi routine to aid in relaxing the mind and body. Tai chi helps to improve the mind/body connection as well as internal health benefits.

Instructor: David Ritchie, Director of Central CT Tai Chi Ch'uan
Date: March 26th – May 28th for 10 weeks
Class Time: Wednesday, 10:00am - 11:00am
Location: Room 15
Fee: \$65

5511.200 CARDIO KICKBOXING

Feel stronger and more in tune with your body with Cardio Kickboxing combinations that will have you punching and kicking your way to a more powerful core.

Instructor: Kristie Miller

Class Time: Tuesdays 5:00pm - 5:45pm

Date: March 25th – June 10th for 12 weeks

Location: Room 15

Fee: \$45

5511.201 SATURDAY MORNING CIRCUITS

Challenge yourself with a class mixed with cardio and strength exercises presented in different formats that will keep your body guessing. All levels of fitness are welcome!

Instructor: Kristie Miller

Class Time: Saturdays 10:00am - 10:45am

Date: March 29th – June 7th for 11 weeks

Location: Room 16

Fee: \$48

5105.200 SWING SHIFT (50+ YEARS OLD)

This class is designed for the active senior. Move and step to your favorite music as you improve your cardiovascular health. Strength and balance exercises also included for complete fitness. This class will keep you moving and keep you doing the activities you love to do! Class is for 50+ Adult

Instructor: Cheryl Myers

Dates: March 26th – June 13th (no class 4/16, 4/18) for 12 weeks

Class Time: Wed. & Fri. 10:20am - 11:05am

Location: Gym 1

Fee: \$30

**5510 ZUMBA!®**

The Zumba® program fuses hypnotic Latin & International rhythms and easy-to-follow moves to create a one-of-a-kind fitness program that will blow you away. Zumba® Fanatics achieve long-term benefits while experiencing an absolute blast in one exciting hour of calorie-burning, body-energizing, awe-inspiring movements meant to engage and captivate for life! The routines feature interval training sessions where fast and slow rhythms and resistance training are combined to tone and sculpt your body while burning fat. Add some Latin flavor and international zest into the mix and you've got a Zumba® class.

.201 ZUMBA GOLD MONDAYS 10:20 - 11:05 AM

Instructor: Cheryl Myers Zumba and NETA certified instructor

Dates: March 24th – June 9th for 11 weeks (no class 5/26)

Location: Gym 1

Fee: \$42

.200 ZUMBA MONDAYS 7:10 - 7:55 PM

Instructor: Cheryl Myers Zumba and NETA certified instructor

Dates: March 24th – June 9th for 11 weeks (no class 5/26)

Location: Room 16

Fee: \$42

.203 ZUMBA WEDNESDAYS 7:30 - 8:30 PM

Instructor: Fee Adams, AFAA and Zumba certified instructor

Date: March 26th – June 11th for 12 weeks

Location: Room 15

Fee: \$45

.207 ZUMBA THURSDAYS 5:30 - 6:15 PM

Instructor: Becky Fusco certified Zumba instructor

Date: March 27th – June 12th for 12 weeks

Location: Room 15

Fee: \$45

.206 ZUMBA THURSDAYS 7:00 - 7:45 PM

Instructor: Lisa Wasylean certified Zumba instructor

Date: March 27th – June 12th for 12 weeks

Location: Room 15

Fee: \$45

2025 Spring Health and Fitness Schedule

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Early Morning	6:00 - 6:45 AM Jess H Virtual Power Up	6:00 - 6:45 AM Jess H Early Morning Pump	6:00 - 6:45 AM Jess H Virtual Power Up	6:00 - 6:45 AM Jess H Early Morning Pump	6:00 - 6:45 AM Jess H Virtual Power Up	
Morning	9:15-10:30 AM Christina Gentle Yoga 15	9:30 - 10:45 AM Deonna Yin Yoga & Reiki 15	9:30 - 10:45 AM Christina Yoga with Weights 15	9:30 - 10:45 AM Christina Gentle Yoga 16	9:30 - 10:45 AM Christina Form & Flow Yoga 16	8:30 - 9:45 AM Christina Form & Flow Yoga 16
	9:30 - 10:45 AM Zorayda Basic Yoga 16		10:20 - 11:05 AM Cheryl Swing Shift 50+ Gym		10:20 - 11:05 AM Cheryl Swing Shift 50+ Gym	10:00-10:45 AM Kristie Saturday AM Circuits 16
	10:20 - 11:05 AM Cheryl Zumba Gold Gym		11:15 - 12:15PM Central CT Tai Chi 15			
Afternoon		11:45 - 12:30 PM Stacey Baby Boomer Boogie 16		11:45 - 12:30 PM Stacey Baby Boomer Boogie 16		
		1:00 - 1:45 PM Lauren Chair Yoga 16		1:00 - 1:45 PM Lauren Chair Yoga 16		SUNDAY
Evening		5:00 - 5:45 PM Kristie Cardio Kickboxing 15				9:00 - 9:45 AM Sue M Powerology 16
	5:30-6:30 PM Cathy All Levels Vinyasa Yoga 15	5:45 - 6:30 PM Sue M Total Conditioning 16	5:00 - 5:45 PM Linda Pilates Plus Core 14	5:30 - 6:15 PM Becky ZUMBA 15		
	5:30-6:15 PM Sue Hardcore Strength 16	5:50 - 6:50 PM Zorayda Yoga for Non Flexible People 15	5:05 - 5:50 PM Stacey Boogie Blast 16	5:30 - 6:30 PM Christina Yoga with Weights 16		
	6:20 - 7:05 PM Sue It's HIIT 16	6:45-7:45PM Christina Warm Vinyasa Yoga 14	6:00 - 6:45 PM Linda Barre & Total Strength 16	7:00 - 7:45 PM Sue M Cardio Blast 16		
	7:10 - 7:55 PM Cheryl Zumba 16	7:00 - 8:15 PM Zorayda Therapeutic Yoga 16	7:30 - 8:30 PM Fee ZUMBA 16	7:00 - 7:45 PM Lisa ZUMBA 15		
		7:00 - 8:00 PM Central CT Tai Chi Tai Chi 15				

KEY

ZOOM CLASSES

IN PERSON

6012.202 ADULT INTERMEDIATE TAP DANCE

Tap class is all about making music with your feet! This class is for beginner tappers who are ready for a challenge. If you have learned the basic tap steps and tap vocabulary and are ready to move at a quicker pace this class is for you. We will continue to learn and practice a variety of tap steps, short phrases, and choreography using different rhythms supported by a wide range of music. We might even learn the shim sham (regarded as the tap dancers national anthem) So grab your tap shoes and join the fun.

When: Mondays March 31st – May 19th
for 8 weeks 6:40pm - 7:25pm

Instructor: Sharon Wilhelm

Location: Room 15

Fee: \$60

6012.201 ADULT BEGINNERS TAP DANCE

Whether you have ever tap danced in your childhood, tap dance now, or just have always had a secret passion to learn how to Tap dance, this is the class is for you!! It is so great to make those fun clicking noises with your heels and toes!! Learn the basic fundamentals and terminology of the art of Tap dancing, such as shuffles and flaps, and then put the steps together to dance the popular and traditional tap moves, like the hit Broadway show "42nd Street".

So shuffle off the Buffalo and come join us for this exciting class for adults!!

**Please wear a hard soled shoe, or tap shoes. Flat Tap shoes are great!

When: Mondays March 31st – May 19th
for 8 weeks ~~6:30pm - 7:15pm~~ 7:30pm-8:15pm

Instructor: Sharon Wilhelm

Location: Room ~~14~~ 15

Fee: \$60

6015.200 SALSA DANCE FOR BEGINNERS AGES 18+

Don't miss out on this exciting Salsa Dancing Class that promises to be fun and dynamic! This is a beginner's level class, geared toward those with little to no salsa dancing experience. Participants will be introduced to a social style of salsa dancing, including steps such as Basic, Side Step, Suzie Q, Left Turn/ Right Turn, Cross Body Lead, and more. Partner work will focus on the fundamentals of leading and following. If you are looking to expand your social opportunities and take your new moves out to the dance floor, or simply wish to burn some calories and relieve some stress, this class will be the friendly, inclusive, and encouraging environment to do so in!

When: Thursdays April 3rd – May 22nd
for 8 weeks 5:30pm - 6:30pm

Instructor: Rob Marone

Location: Room 14

Fee: \$60

6015.201 SALSA DANCE LEVEL II: TRANSITION TO INTERMEDIATE AGES 18+

Level II Salsa Dancing is geared toward dancers that have previous experience with the basic fundamentals of Salsa Dancing. Level II Salsa will not only help you brush up on your Left Turns, Right Turns, and Cross Body Leads, but will introduce you to more intricate footwork, moves, and combinations to add to your Salsa Dancing repertoire. If you enjoyed the Level I Beginner's class and you are looking to continue your Salsa Dancing journey, or you are looking to build on other previous Salsa Dancing experiences you may already have, then Level II Salsa Dancing assures to be the positive, high-energy, and fun class that you do not want to miss. Unsure about your skill level? Email Rob at coachm143079@gmail.com to discuss.

Prerequisite: Competently execute/lead/follow Basic, Left Turn, Right Turn, Cross Body Lead

When: Thursdays April 3rd – May 22nd
for 8 weeks 6:35pm – 7:35pm

Instructor: Rob Marone

Location: Room 14

Fee: \$60

6015.202 SALSA DANCE LEVEL III: INTERMEDIATE AGES 18+

Level III Salsa Dancing, for the Intermediate level dancer, is designed for those who have already acquired the foundational skills of Salsa (Left Turns, Right Turns, Cross Body Leads, Open Break variations, etc.), and are eager to elevate their proficiency, fluidity, and ability to transition from one move to the next. Participants will be introduced to Hammer Locks, Copas, Left Turn/Right Turn/Cross Body Lead variations, individual shines, and more! If you are looking for a complexity of individual moves and partner combinations, or to feel more comfortable leading/ following in a social environment with a variety of mixed-level dancers, this is the challenge you have been waiting for!

Prerequisite: Proficiently execute/lead/follow Basic, Left Turn, Right Turn, Cross Body Lead, Open Break Variations, etc.

Unsure about your skill level? Email Rob at coachm143079@gmail.com to discuss.

Prerequisite: Competently execute/lead/follow Basic, Left Turn, Right Turn, Cross Body Lead

When: Wednesdays April 2nd – May 21st
for 8 weeks 6:35pm - 7:35pm

Instructor: Rob Marone

Location: Room 14

Fee: \$60

Kids Dance**DIAPER DARLING DANCE CLASS
AGES 18MO. – 3 YEARS**

Diaper Darlings is an introductory dance class for your young toddler. The children will begin to explore movement, balance and begin to develop listening skills with instructional music and songs. This class is a great way to introduce your child to the love of dance! Parent participation is required.

6000.201 Tuesdays April 1st – May 20th
4:00pm - 4:30pm for 8 weeks

Instructor: Amy Malone

Location: Room 14

Fee: \$45

BALLET & TAP COMBINATION DANCE CLASSES**AGES 3-4**

This class is an introduction to both Ballet and Tap dance. Children will begin to learn the fundamentals of both subjects, in a structured setting, such as marching in line, making circles and listening to specific instruction. Several fun activities including creative movement will be explored, while also having the opportunity to interact with their classmates!

6000.203 Tuesdays April 1st – May 20th

4:30pm - 5:30pm for 8 weeks

Instructor: Amy Malone – Tuesdays / ~~Jordyn Bowler - Saturdays~~

Location: Room 14

Fee: \$55

BALLET & TAP COMBINATION CLASSES • AGES 5-6

In this class the children will expand their education through an age appropriate curriculum. Participants will begin to learn the proper vocabulary and definitions of both ballet and tap steps, as well as be introduced to music interpretation.

6000.206: Tuesdays April 1st – May 20th

5:30pm - 6:30pm for 8 weeks

Instructor: Amy Malone – Tuesdays / ~~Jordyn Bowler - Saturdays~~

Location: Room 14

Fee: \$55

Visual Arts & Crafts**7050.205 SPLAT ART STUDIO: KIDS NIGHT OUT: ST. PATRICK'S DAY • AGES 7-15**

Drop off your little artists at Splat Art Studio for a wee bit of fun at a kids paint night. Learn & have fun. Students will be guided step by step how to paint their very own St. Patrick's Day inspired masterpiece. Ages 7-15. Kids only event. All art supplies & paint smocks provided.

When: Saturday, March 8th 6:00pm - 8:00pm

Location: SPLAT Art Studio,
106 South Colony Road

Fee: \$40

7050.206 SPLAT ART STUDIO: KIDS NIGHT OUT: SUMMER PAINT NIGHT • AGES 7-15

Drop off your little artists at Splat Art Studio for a fun kids paint night. Learn & have fun. Students will be guided step by step how to paint their very own summer inspired masterpiece. Ages 7-15. Kids only event. All art supplies & paint smocks provided.

When: Saturday, May 10th 6:00pm - 8:00pm

Location: SPLAT Art Studio, 106 South Colony Road

Fee: \$40

8000.200 KNITTING WITH MARILYN

Beginners welcome! Project supplies to be discussed first class. Perfect opportunity to learn new skills or improve existing techniques. Jump on the knitting bandwagon. For the first class you will need 1 skein light colored worsted weight yarn and #8 knitting needles. Bring a note pad.

When: Mondays March 31st – June 9th 10:00am - 12:00pm for 10 weeks (no class 5/26)

Location: Room 3 **Fee:** \$60

Instructor: Marilyn Pettison

8038.200 VACATION ART EXPLORER: WOOD DREAMCATCHER & MANDALA WORKSHOP • AGES 9+

Come create two colorful art projects that will combine paint, wood shapes, feathers, beads and colored sand! Bring your lunch and wear your art clothes, we're going to get creative!

When: Wednesday March 12th 11:00am - 1:30pm

Fee: \$20 (\$10 Supply fee payable to the instructor the day of the class)

Location: Room 7

Instructor: Kim Larkin

8038.201 MULTI-MEDIA WOOD STORAGE BOOK BOX & WOOD TASSELED BOOKMARK • AGES 15+

Come create a personalized hinged faux book box (approx. 8 x 10) to keep your Kindle, your latest read or your journal in. We will be using paint or Annie Sloan chalk paint (vibrant color choices) decoupage technique, wood feathers, handmade papers, embossing powders, stamps, bohemian design stencils, lining fabric, metallic inks and much more! Let your creative energy flow to create this beautiful box and wood bookmark.

When: Thursday, March 27th 6:30pm - 8:45pm

Fee: \$20

(\$14 Supply fee payable to the instructor the night of the class)

Location: Room 7

Instructor: Kim Larkin

8038.205 7 MOON PHASES WALL HANGING AGES 15+

Do you love the moon and it's calming glow? What is waxing or waning, you may not know. Then this creative class is for you! We will connect eight phases of the moon (with explanation) using 4" wood circles and layered crescent wood shapes. Beads, tassel art, embossing inks and metallic paints, stamps/stencils to add that boho layered look. Come let the creativity flow as you create this whimsical ode to the moon.

When: Thursday, May 29th 6:30pm - 8:45pm

Fee: \$20

(\$14 Supply fee payable to the instructor the night of the class)

Location: Room 7

Instructor: Kim Larkin

8038.203 CRYSTALS & CACTI: PLANTING SEEDS OF INTENTION • AGES 15+

Come celebrate Earth Day as we learn some interesting information about a variety of crystals and how to work with them. As a Reiki master, Kim will share how she uses crystals and will have her large crystal display to enjoy and explore. We will also take a meditative time to sit/respond to journal prompts for our "seeds of intention". Our soft cactus (without prickles) terrarium will include colored glass pieces and colored sand to represent the colors/energy we want to work with. Our final project will be a 3D touchstone to nurture as we think on our seeds of intention. Herbal tea will be served to set the tone. Come take time to tap in and calm the mind.

When: Tuesday, April 22nd 6:45pm - 8:30pm

Fee: \$20

(\$12 Supply fee payable to the instructor the night of the class)

Location: Room 7

Instructor: Kim Larkin

8038.204 SELF NURTURE AROMATHERAPY WORKSHOP • AGES 18+

In this hands-on workshop, we will learn about the benefits of oils for the skin: Jojoba, Grape Seed, Olive, Coconut and Sesame-how they can be used in natural products for the body. Kim will share practices from her Kripalu 200 hr. Ayurvedic Health training and Aromatherapist background as how to safely employ oil practices that nourish/hydrate the skin. After our overview, we will create three products: A cacao-coffee scrub body scrub to create flow in the body, a natural lotion with your choices of essential oils and a calming essential oil inhaler. Come learn how to self-nurture through oils and go with the flow!

When: Thursday, May 8th 6:45pm - 8:30pm

Fee: \$20

(\$18 Supply fee payable to the instructor the night of the class)

Location: Room 7

Instructor: Kim Larkin

8038.206 PARENT & CHILD MOTHER'S DAY JEWELRY CRAFT

Come create unique crafts/jewelry with a spring/garden theme for Mom, Grandma or even yourself! We will be painting and decorating a standing wood bouquet, complete with vibrant felt flowers. Each team member will also create a wood multi media jewelry pendant. You can choose from a Daisy, Peace Sign, or Hardware/Decoupage application -stacked design. Beads and cording to finish the pieces. You can also choose to make dainty metal trowel earrings, wood blank teardrops or if not earrings, a memory wrap bracelet with many creative options.

When: Friday, May 9th 6:30pm - 8:45pm

Fee: \$20 per team of 2 (\$10 per additional family member)

(\$20 Supply fee per team of 2 payable to the instructor the night of the class. Each person makes their own project)

Location: Room 7

Instructor: Kim Larkin



8038.202 PARENT & CHILD GARDEN GNOME PLANTER (WITH PLANT) & SPRINGTIME BUNNY GARLAND

Come create a garden gnome who wears a flowerpot for a hat and who has a rainbow beard! This gnome guards the flowerpot you'll decorate. It will hold a soft cactus (no prickles) that you will plant at class. To complete the theme, a colorful wooden beaded bunny garland to welcome spring!

When: Friday April 11th 6:30pm - 8:45pm

Fee: \$20 per team of 2 (\$10 per additional family member) (\$25 Supply fee per team of 2 payable to the instructor the night of the class. Each person makes their own project)

Location: Room 7

Instructor: Kim Larkin



Picture From Kim Larkin's Fall Parent/Child Class

WALLINGFORD ARTS AND RECREATION SPRING 2025 FINE ARTS PROGRAM

7010.202 COME PAINT, COME DRAW! • AGES 18+

Bring your supplies and a desire to create. All levels of drawing and painting instruction available, so beginners are very welcome. Individualized instruction will be given in a workshop setting. Bring a magazine quality photo as a reference to work from or your favorite masterpiece learn basic techniques from drawing thoughtfully selected objects by instructor. Some materials available for use during the first lesson.

Time: Mondays, 6:30pm - 8:30pm

When: March 24th – May 12th for 8 weeks

Fee: \$80

Location: Room 7

Instructor: Rashmi Talpade (Fine Arts Supervisor)

7010.204 PASTELS FOR ADULTS • AGES 18+

Come and create your own original, pastel painting. Bring a photograph or still life set up to create your own personal art. Individual attention and direction will be available and different techniques will be demonstrated. Whether you're new to pastels or experienced, you're more than welcome. Supply list for newbies! A box of Nu-pastels, preferably 96 ct a pad of either Canson or Wallis sanded pastel paper. Kneaded eraser, xacto knife, charcoal B pencil

Time: Thursdays, 12:30pm - 2:30pm

When: March 27th – May 15th for 8 weeks

Fee: \$80

Location: Room 7

Instructor: Sue Murphy

AFTER SCHOOL ARTS PROGRAM (ASAP):

FACTS:

- Classes run for 6 weeks after regular school hours. **Holidays and canceled classes will be made up at the end of the session.**
- The cost is \$60 per class, all materials and supplies included.
- The program is available to the specific students in the schools where the classes are offered.
- Minimum 5, maximum 12 students per class.
- Registration forms and class details will be sent by email via the Board of Education in early 2025. Please look out in your inbox for this email. Some printed flyers will be available at the recreation center as well. **Classes are scheduled to begin in March 2025.**
- To enroll please use the special registration forms sent via email or those available at the Recreation Center.
- Parents are required to sign their children out at the main door after class. Children attending the YMCA daycare program will be escorted to the appropriate area of the school after art classes. The school will put in place any safety protocols deemed necessary to be followed by teachers and children.

HIGHLAND SCHOOL: Grades K – 2, Time: 3:35pm - 4:35pm

7750.202 – ArtPouri – Instructor: Debbie Jaffe

Your pint-sized Picasso will create a masterpiece using a variety of materials. Each week we will use a different material and different techniques. We will use clay, paper and paint, fabric, wood and found objects to create sculptures, paintings and everything in between. Imagination is the theme. If your little one likes to make things and likes to have fun, this is the class for them. Make sure your child is dressed to get messy or send a smock with them.

6 Mondays: March 17th – April 28th (no class 4/14)

COOK HILL: Grades K – 2, Time: 3:35pm - 4:35pm

7750.207– ArtPouri - Instructor: Debbie Jaffe

Your pint-sized Picasso will create a masterpiece using a variety of materials. Each week we will use a different material and different techniques. We will use clay, paper and paint, fabric, wood and found objects to create sculptures, paintings and everything in between. Imagination is the theme. If your little one likes to make things and likes to have fun, this is the class for them. Make sure your child is dressed to get messy or send a smock with them.

6 Mondays: March 17th – April 28th (no class 4/14)

PARKER FARMS: Grades 3 – 5, Time: 3:25pm - 4:25pm

7750.203 – ArtPouri – Instructor: Debbie Jaffe

Each week your mini Michelangelo will create a masterpiece with a focus on design and technique. Each week we will use a different materials and different techniques. We will use clay, paper, paint, fabric, wood and found objects to create sculptures, paintings and everything in between. Your child will learn about the great masters such as Picasso, Di Vinci, Seurat and Kahlo while making cool art. Don't be fooled by the learning, fun is the inspiration for this class. Make sure your child is dressed to get messy or send a smock with them.

6 Wednesdays: March 19th – April 30th (no class 4/16)

ROCK HILL: Grades 3 – 4, Time: 3:25pm - 4:25pm

7750.100 – STEAM – Instructor: CT STEM Academy

Make your own original piece of art. It's all up to you. You can explore and experiment working with watercolors, pastels, tempera paint and model magic. Bring a photo of your choice or pick one of mine to create your own design. Pets, animals, sunsets, flowers, people, landscapes are just a few suggestions. The possibilities are endless. I'm excited to guide you into making art to give away or hang proudly in your home.

6 Wednesdays: March 19th – April 30th (no class 4/16)

E.C. STEVENS: Grades K – 2, Time: 3:35pm - 4:35pm

7750.205 – Fine Art Basics – Instructor: Sue Murphy

Make your own original piece of art. It's all up to you. You can explore and experiment working with watercolors, pastels, tempera paint and model magic. Bring a photo of your choice or pick one of mine to create your own design. Pets, animals, sunsets, flowers, people, landscapes are just a few suggestions. The possibilities are endless. I'm excited to guide you into making art to give away or hang proudly in your home.

6 Thursdays: March 20th – May 1st (no class 4/17)

MARY FRITZ SCHOOL: Grades 3 – 5, Time: 3:25pm - 4:25pm

7750.204 – ArtPouri – Instructor: Debbie Jaffe

Each week your mini Michelangelo will create a masterpiece with a focus on design and technique. Each week we will use a different materials and different techniques. We will use clay, paper, paint, fabric, wood and found objects to create sculptures, paintings and everything in between. Your child will learn about the great masters such as Picasso, Di Vinci, Seurat and Kahlo while making cool art. Don't be fooled by the learning, fun is the inspiration for this class. Make sure your child is dressed to get messy or send a smock with them.

6 Fridays: March 21st – May 2nd (no class 4/18)

POND HILL: Grades 3 – 5, Time: 3:25pm - 4:25pm

7750.206– STEAM

This is a fun program for all who are interested in Art connections to STEM. Each day we will explore a wide range of topics from Robotics, Science, Engineering, Art and Math that will result in a variety of Make and Take projects including Chemistry projects! This program will be high engagement, hands-on, and interactive!

6 Mondays: March 17th – April 28th (no class 4/14)



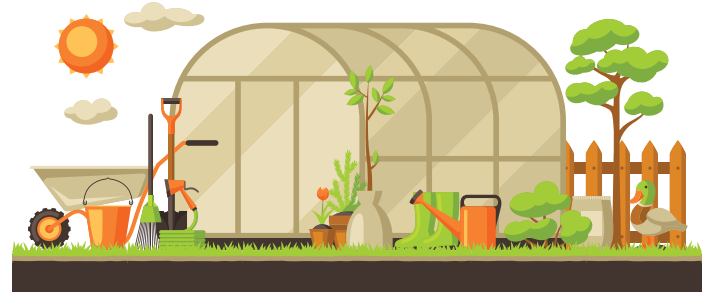


EASTER BALL EVENT (WALLINGFORD DOG PARK)

Let's not forget about our furry friends. All friendly dogs are welcome but must be on leash, even inside the dog park. Event is 1:00pm - 3:00pm on Saturday, April 12th, 2025. Each dog will get to hunt for tennis balls and take one coveted ball home. The Easter Bunny will be available for photos with dogs during the event. Cost for the photo is \$5 per dog. This event is weather permitting, please check your emails for cancellation notice.

EASTER EVENT @ WALLINGFORD PARKS & RECREATION

This event will be held at Wallingford Parks and Recreation Department Gym on Thursday, April 17th. Join us for some candy, giveaways, and fun!



COMMUNITY GARDEN PLOTS

We will be accepting registration for returning Community Garden Plot members on March 10th and new gardeners will be allowed to register on April 7th. Returning gardeners will be allowed to keep their existing plots. If you choose not to keep your plot Gary Copas garden supervisor will assign you a plot. Any new members will be assigned a plot from Gary. Plot sizes are as follows: Raised garden bed approximately 3x12, \$15.00, Small plot approximately 15x15, \$25.00, Medium plot approximately 15x30, \$35.00 and Large plot approximately 30x30, \$45.00. Any fences that are erected on the garden plots must receive prior approval from Gary Copas.

wallingford, ct.

GARDEN  MARKET

est. 1999

GARDEN MARKET

The garden market will begin in the early spring and end sometime in early November. The market will once again be held at Doolittle Park on Saturday mornings from 10:00a.m.-1:00p.m vendors will be assigned on an as needed basis per the Garden Market Supervisor. For more information follow the market on Facebook, Wallingford Garden Market, or email us at parksrec@wallingfordct.gov

**WE ARE
HIRING SUMMER CAMP STAFF
JOIN OUR TEAM**

**SEND RESUME AND COVER LETTER TO
PARKSREC@WALLINGFORDCT.GOV TO APPLY**

WELCOME TO *BARKS & RECREATION* **BERT & HARRY SUBKOWSKY DOG PARK**

Located on Quinnipiac Street, our furry friends can enjoy 2 acres of fenced in fun to run around and play!



TYLER MILL PRESERVE

Tyler Mill Preserve has approximately 15 miles of well blazed trails through fields, wetlands, woodlands and along streams and the Muddy River. Many of the trails are loop trails that will bring you back to where you began. There is also an interpretive nature trail in the preserve with 25 numbered stops of interest. **NO MOTORIZED VEHICLES** are allowed on these trails! Trail maps are available at the Parks and Recreation Department, the Wallingford Public Library and the Environmental Planning Office in Town Hall. PLEASE NOTE SAFETY NOTICE: small game hunting is allowed in the preserve; Mondays, Wednesdays, Saturdays and Thanksgiving Day, October - February. Do not use the preserve on these days for safety reasons.

THE NEW ENGLAND TRAIL

Many people are not aware that a national scenic trail runs through Wallingford. The New England Trail was designated a national scenic trail in 2009. Comprised of the Metacomet, Mattabesett and Monadnock trails, the trail is 215 miles and goes from Long Island Sound in Guilford to Mount Monadnock in New Hampshire. Approximately 6 miles of this trail crosses the ridge in Wallingford through Trimountain State Park. It is a steep hike up to the ridge, but the breathtaking views make the hike worth the effort. There are three access points to this section of the trail, off of route 68 just after the junction with route 157, off of Cliffside Dr., and off of Howd Rd. in Durham, just over the border from Wallingford. Feel part of something larger that is nationally recognized!

www.newenglandtrail.org

FRESH MEADOWS

This town-owned open space property on Cheshire Rd. has accessible trails which are composed of paving or stone dust and graded to comply with the Americans with Disabilities Act standards. There is approximately 1 mile of accessible trails which are 6' and 8' wide. One trail goes along the edge of Cheshire Rd., one is a loop through a butterfly meadow, and one goes to the property's pond. Amenities include 2 benches and an accessible portable toilet. The property includes a variety of wildlife and a glacial erratic, a large boulder deposited by a glacier. There is also a wooded trail about a third of a mile long up the hill overlooking the pond.

USE OF DAVID DOHERTY FACILITY:

Permits are required for use of any rooms or gymnasiums. Permits are given out on a first come first serve basis to residents, businesses and non-profit organizations of Wallingford. Reservations will not be received over the phone. Persons must fill out the facility request form which is available at the Front office of the Rec Dept. Fee schedule for room rental is available upon request. Room rental is subject to availability. Requested use must not conflict with any Recreation Department activity.

USE OF PARK PAVILIONS:

Permits are required for use of pavilions and fields. Permits are given out on a first come first serve basis to residents, businesses and non-profit organizations of Wallingford. Reservations will not be received over the phone. Persons must fill out the facility request form which is available at the Front office of the Rec Dept. RECYCLING must be done by each person using any Town of Wallingford Recreational Facility. The items you must recycle are newspapers, corrugated cardboard, office paper, glass bottles, and plastic containers #1 or #2 and scrap metals. Town containers are for rubbish, not recycling. With your help recycling works!

1. **BERTINI PARK** - Located on West Dayton Hill Road. Includes a low ropes course and a nature trail for hiking. 68.55 acres
2. **CARINI FIELD** - Located on Woodhouse Avenue. This field includes a large soccer field with two smaller fields crossing them. 5.09 acres
3. **COMMUNITY LAKE PARK** - Located on the West Shore of Community Lake off Hall Avenue. The park offers a pavilion for picnics with restrooms, electricity, two tennis courts with lights, one sand volleyball court, a baseball field and basketball court and playground equipment. 11.6 acres
4. **COOK HILL SCHOOL** - Located on School House Road.
5. **COYLE FIELD** - Located on Woodhouse Avenue, includes a large soccer field with two smaller fields crossing them. 8.33 acres
6. **DAG HAMMARSKJOLD MIDDLE SCHOOL** - Located on Pond Hill Road, includes a hardball field and a softball field.
7. **DARLENE FALCONERI WESTSIDE FIELD** - Located on East and South Streets. This park includes adult softball field with lights, field house with restrooms, high school baseball field. 9.3acres
8. **DOOLITTLE PARK** - Located on South Elm Street, includes ball fields, 4-lighted tennis courts and two basketball courts. This park is also known for its wonderful playscape and has a pavilion for picnics. 15.24 acres
9. **DUTTON PARK** - This park is located at the end of North Main Street, is the home to a Civil War Monument and the Vietnam Veterans Memorial. 0.48acres
10. **FERGUSON WOODS** - Contains 2.5 miles of blazed trails, woodlands and pond/stream habitat. Trail head at cul-de-sac of Dibble Edge Road via Durham. 65 Acres
11. **GRAND ST. PARK** - Located on Grand St. and Washington St., includes a basketball court and playground. 0.63acres
12. **HARRIET WALLACE PARK** - This park is located on North Elm Street and is a passive park with benches. 0.6 acres
13. **HARRISON PARK** - This park is located on Cedar Lane and includes a youth baseball field and eight pickleball courts. 14.35 acres
14. **HIGHLAND SCHOOL** - Located on Highland Avenue, and includes a softball field.
15. **JOHANNA MANFREDA FISHBEIN PARK** - This park is located on North Colony Road, includes a Gazebo and is permitted out for special events at discretion of Director. Electricity is available upon request. 0.67acres
16. **KENDRICK PARK** - This park is located at the end of Grandview Avenue. This park includes a small basketball Court and playground equipment. 6.49acres
17. **LYMAN HALL H.S.** - Located on Pond Hill Road, and includes two softball fields, soccer field, football field, and a practice football field.
18. **LUFBERY PARK** - Going west on Cheshire Road, it is located at the first bend of the road. This park is home to the Flying Ace Frisbee Golf Course. It has a pavilion for picnics, small open field and nature trail. Electrical outlets are available. 44.92 acres
19. **MARCUS COOKE PARK** - This park is located on Old Rock Hill Rd. and has a pavilion, playground equipment and a ball field and a series of connecting loop trails through a wooded area. A perfect place to take young hikers. 44.05 acres
20. **MORAN MIDDLE SCHOOL** - Located on Hope Hill Road, includes a hardball field.
21. **MOSES Y. BEACH SCHOOL** - Located on North Main Street, includes one youth baseball field.
22. **PARKER FARMS SCHOOL** - Located on Parker Farms Road, includes 4 little league fields, 1 baseball field, concession stand and restrooms.
23. **PAT WALL FIELD** - Located on South Elm Street and includes a high school baseball field. 9.1 acres
24. **PIRE PARK** - Located on Northfield Road. This park includes a hardball field, basketball court and playground equipment. 3.62 acres
25. **PRAGEMANN PARK** - This park is located on Oak Street, Yalesville. It includes 6 softball fields (youth and adult) with lights, small multi-purpose field no lights. Large soccer field with two small fields crossing large field, large multi-purpose lacrosse, youth soccer and youth football field with lights and field house with restrooms. 29.49 acres
26. **QUINNIPIAC RIVER LINEAR TRAIL** - A handicap accessible paved trail extending 2.2 miles from Hall Ave. North along the west side of the river, through a tunnel underneath Rt. 15 and continuing to a bridge onto Fireworks Island and ending at the northern end of the Island in Yalesville. To access the Trail from Yalesville (Rt. 150), you must drive through the Yalesville on the Green condominium complex parking lot and drive over their bridge. Park on the Trail side of the seashell parking lot. No pedestrian or bicycle traffic is allowed on their bridge. When complete the Wallingford trail will cover 6.7 miles across the town of Wallingford.
27. **RICHARD SHEAHAN PARK** - Located on Algonquin Drive, includes youth softball field, basketball court, and playground equipment. 1.93 acres
28. **ROBERT WALLACE PARK** - Located on Quinnipiac Street, the home of Wallingford's monument park includes playground equipment. 1.41 acres
29. **SHEEHAN HIGH SCHOOL** - Located on Hope Hill Road, includes a baseball and softball field, tennis courts, and multi-purpose turf field and track.
30. **STEVENS SCHOOL** - Located on Kondracki Lane, includes a softball/tee ball field, basketball court, and playground equipment.
31. **STANLEY BUDLESKI** - Located on Main St. Rt.150 Yalesville "The Yalesville Green" 0.63 acres
32. **VIETNAM VETERANS MEMORIAL FIELD** - Located on East Center Street, includes two Little League baseball fields, five Large soccer fields, two small soccer fields crossing one of the larger fields, pavilion, and community gardens. 27.11acres

Wallingford Youth League Information



Wallingford Yalesville Little League

President: Ray Gomes

Email: WallingfordYalesvilleLL@gmail.com

Website: www.yalesvillelittleleague.com



Wallingford Flag Football

President: Dom Colavito

Email: dominic.colavito@gmail.com

Website: <https://clubs.bluesombrero.com/ppmffl>



Wallingford Vikings Football

President: Sean Reynolds

Email: Wallingford.vikings@yahoo.com

Website: www.wallingfordvikings.com



Girls Little League Softball of Wallingford

Fast Pitch

President: Danielle Yagovane

Email: wallingfordLLS@gmail.com

Website: www.gillsow.org



Wallingford Girls Softball League

Slow Pitch

President: Scott Smith

Email: WGSLPresident@gmail.com

Website: www.wgsl.org



Wallingford Cardinals Travel

Baseball/Softball

President: Chris Bishop

Email: wallingfordcardinalssports@gmail.com

Website: www.wallingfordcardinals.com



Wallingford Soccer Club

President: Dave Rodriguez

Email: wallingfordsoccer@gmail.com

Website: www.wallingfordsoccer.net



Wallingford Youth Lacrosse

President: Dan Bush

Email: President@wallingforyouthlacrosse.com

Website: www.wallingfordlacrosse.com



Wallingford Hawks Hockey

President: Blair Kavanagh

Email: president@whawks.com

Website: www.whawks.com

All forms must be accompanied by full payment. Mail In or Drop Off at the above address. Please print clearly.

Household Account Last Name: _____

Participant First Name: _____ Last Name: _____

Male / Female: _____ Date of Birth: (mm / dd / yyyy) _____ Grade as of Sept. 2024 _____

Address: _____
No. & Street Town Zip

Phone: _____ Email: _____

Does Participant require EPI Pen **Y/N** _____ if yes, what is the allergy _____, has Asthma **Y/N** _____,

or other Health Issues **Y/N** _____ **Shirt Size** (if applicable) _____ Youth S-M-L / Adult S-M-L-XL

Emergency Contact/Number other than Parent? _____ Phone: _____

Any Special Needs or Concerns: _____

Please check box to request the services of our Therapeutic Recreation Specialist

Course #	Course / Program Title	Day & Time	Fee

PAYMENT METHOD IN PERSON:
CASH - please have EXACT AMOUNT

**CHECK - Make checks payable to
 "Treasurer Town of Wallingford"**

PAYMENT METHOD ONLINE: Credit Card ONLY

Fees: _____

Credit: _____

Total Amount: _____

REGISTER ONE OF THESE WAYS:

BY MAIL: You may mail in your registration once you receive an online notification or the brochure. Mail-in registrations will be processed as they are received. Please include a completed registration form and a check made payable to: Treasurer, Town of Wallingford.

DROP-OFF IN PERSON: Come to the Recreation Department office and drop your registration form and payment at the window. Drop-off registrations will be processed as they are received.

DROP-OFF BEFORE BUSINESS HOURS: Registrations will be received at the opening of the business day and processed accordingly pending previous days registrations. Checks only, please.

CREDIT CARD ON-LINE ONLY: Activities and facilities may be paid for at checkout (**ON LINE ONLY**) by credit card. The customer will assume a 3% non-refundable credit card transaction fee in addition to the cost of the program(s)/facilities they register for. **Credit cards will not be accepted in person at the reception window.**

NON-RESIDENT: There will be a one-week delay in processing Non-residents registrations at the start of a program. This will allow Wallingford residents to register for programs.

Wallingford Parks & Recreation presents:



The Newport Flower Show



Saturday, June 21, 2025 Newport, RI



The magnificent **Rosecliff Mansion** provides a delightful backdrop for the Newport Flower Show. Stroll through the first floor of the mansion filled with incredible floral arrangements, continue out onto the spacious lawn to enjoy beautiful displays.

Explore the Shopper's Marketplace with incredible views!



Free time in the afternoon to explore **downtown Newport** on your own. Lots of little shops and restaurants on Bowen's and Bannister's Wharf!



Rosecliff Mansion

COST: \$120.pp based on 35-50 passengers

**Depart: 7:45am Wallingford Parks & Rec,
6 Fairfield Blvd**

Estimated Return: 6:30pm Wallingford

Trip Questions: 203-294-2120

This package is subject to our full Terms & Conditions including our Tour Policies and Responsibilities which can be found on our website at <https://www.friendshiptours.net/tour-policies>. Paper copies are available upon request. It is your responsibility to read these Terms & Conditions. By signing up and making payment on a tour, you agree to be bound to these Terms & Conditions.



FRIENDSHIP TOURS
THE SHIP SHOP
705 Bloomfield Ave, Bloomfield, CT 06002
860-243-1630 • 800-243-1630
www.friendshiptours.net

WALLINGFORD PARK AND REC
6 FAIRFIELD BLVD.
WALLINGFORD, CT 06492

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Permit #43

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Residential Customer
Wallingford, CT 06492



The Wallingford Parks & Recreation Department is an essential quality of life service.

Our Mission: Our vision is to be the eminent community park and recreation department in Connecticut, to accomplish this, we will develop our programs, services and facilities to meet the diverse and dynamic needs of the community; to promote inclusion, encourage health and wellness, foster human development and enrich the lives of community members through recreation and leisure experiences.”

Town Officials

Mayor Vincent Cervoni

Town Council Members:

Joseph Marrone, Chairman
Christina Tatta, Vice Chair
Autumn Allinson
Samuel Carmody
Craig Fishbein
Tom Laffin
Christopher Regan
Jesse Reynolds
Vincent Testa

Parks & Recreation Commission:

John Sullivan, Chairman
Don Crouch, Vice Chair
Lars Edeen
Lori Cooke-Marra
Steve Rossacci

DEPARTMENT STAFF:

Director: Kenny Michaels, MS, CCMO
Recreation Superintendent: Shawn Keogh, CPRP, CCMO
Recreation Program Specialist: Bob Kilpatrick, CPRP
Executive Secretary: Lorianne Ouellette
Senior Clerk: Stacey Hoppes
Recreation Facilities Maintainer: Mike Magetteri
Early Childhood: Amy Carpenter
Crafts: Kim Larkin
Fine Arts: Rashmi Talpade
STEM: Chris Stone

FRONT OFFICE STAFF:

Daytime:

Laura Allen
Sharon Bates
Paula Knecht
Jackie Taglianetti

Nights/Weekends:

Ryan Brawn
Jaidyn Carpenter
Gianna Imbraguglio
Grace Kopakow
Lauren Montano
Dominick Riveccio
Bev Somers
Brooklyn Stanley
Tom Talbot

The Commission is a five member advisory board responsible for overseeing the operation of the Parks & Recreation Dept. The Commission meets at the Recreation Department on Wednesdays at 5:30pm. The 2025 regular meeting schedule is below.

February 12, 2025	June 11, 2025
April 9, 2025	September 10, 2025
May 14, 2025	November 12, 2025
	December 10, 2025