

# **PARKS & RECREATION**

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**THE OFFICIAL PUBLICATION OF THE  
WALLINGFORD PARKS & RECREATION DEPARTMENT**

Wallingford Parks & Recreation presents:

# We're off to the races!

## SARATOGA, NY

### Sunday, August 21, 2022



We're off to the races! It's race time and the excitement fills the air at the world-renowned **SARATOGA RACE COURSE**. Come see where the Champion Man O' War lost his only race. Debuting in 1863, it is the oldest race track in America. Enjoy the best in horse racing.

#### Admission & Reserved Grandstand Seating

Lunch on own at the raceway – There are many restaurants and concession stands to choose from, or you may bring your own picnic.

**COST: \$117.pp** based on 35-50 passengers

**Depart: 8:15am** Wallingford Park & Recreation, 6 Fairfield Blvd

**Estimated Return: 9:00pm** Wallingford

**For Information:** Wallingford Park & Recreation 203-294-2120



**SARATOGA**

Friendship Tours arranges the components of the tours and does not own or operate the independent suppliers of services including motorcoaches. Trips cancelled due to weather conditions are handled on a per trip basis. Refunds will depend on timing of the cancellation and supplier policies. Tickets to theaters / events are non-refundable. Friendship Tours reserves the right to adjust cost based on fuel surcharges.



**FRIENDSHIP TOURS**  
**THE SHIP SHOP**  
705 Bloomfield Ave, Bloomfield, CT 06002  
860-243-1630 • 900-243-1630  
[www.friendshiptours.net](http://www.friendshiptours.net)



# Welcome to your SUMMER 2022 Guide to Recreation & Fun!

## DAVID DOHERTY FACILITY HOURS

**Business Hours:** Monday - Friday  
9:00am to 5:00pm

**Facility Hours:** Monday - Friday  
8:30am to 10:00pm

**Summer Hours:** Saturday  
9:00am to 12:00pm  
(Sunday Closed)

### CLOSED:

June 15th – Project Graduation  
July 4th  
September 5th – Labor Day

**Address:** 6 Fairfield Blvd.  
Wallingford, CT 06492

**Phone:** 203-294-2120

**FAX:** 203-294-2127

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### PARKS AND RECREATION WEB SITE:

[www.wallingfordrec.com](http://www.wallingfordrec.com)

### TOWN WEB SITE:

[www.town.wallingford.ct.us](http://www.town.wallingford.ct.us)

### Members of:

- Chamber of Commerce
- CT Recreation & Parks Association
- National Recreation & Parks Association
- Learning Resource Network
- National Youth Sports Coaches Association

### Produced and Edited By:

The Wallingford Parks & Recreation Staff

### Design and Layout:

Graphic Image  
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MAY AND AUGUST.

## Vision Statement

“Our vision is to be the eminent community park and recreation department in Connecticut. To accomplish this, we will develop our programs, services and facilities to meet the diverse and dynamic needs of the community; to promote inclusion, encourage health and wellness, foster human development and enrich the lives of community members through recreation and leisure experiences.”

## MESSAGE FROM THE DIRECTOR

### Dear Friends,

Although we have a couple of weeks until the summer heat hits us, registration for our summer camps has been hot! The very popular Tiny Bubbles and Pop Shots filled in the opening day. After a two year hiatus, the staple of many summers for middle school aged kids, Summer Sizzlers has returned with over 100 kids registered to date. Our traditional summer playground programs at Moses Y Beach, Mary Fritz and Stevens Schools are just shy of being filled. This is a great sign as we can say we appear to be back to what was the norm for all of us, especially at the Parks and Recreation Department.

This summer we encourage our community to be active and explore recreation. As we have settled in post pandemic, our popular day trips have returned with great destinations this summer heading to places such as Saratoga Race Track, Ellis Island and the Charles River Boat Cruise in Boston. Our trip provider, Friendship Tours is excited to see you all traveling again with us this summer! There is a great line up of Summer STEM Activities hosted at the Park and Recreation Department and at the New CT STEM Academy building at 284 Washington St. These summer activities can be found on pages 11-13.

This past spring we have seen some park improvements thanks to the Public Works Department. A new roof has been installed on the Pavilion at Community Lake and on the restrooms at Lufbury Park and West Side Field Softball. Recently, the contract was signed with Hinding Sports to complete the renovation and transformation of the Harrison Tennis Courts to 8 designated pickleball courts. This is an exciting project for the rapidly growing pickleball players in our community. The hope is this project is completed by late spring/early summer.

In today’s hectic world, it is easy to forget that taking time to enjoy each day is so important to our mental health and well being. Wallingford Parks and Recreation is committed to insuring that every resident has an opportunity to experience outstanding recreational activities and park facilities that enhance our quality of life by helping us stay healthy and fit, build relationships with family and friends and develop a sense of community pride.

We hope you all have an enjoyable and exciting summer!



**Kenny Michaels, MS**  
**Director of Parks & Recreation**  
**Wallingford Park and Recreation Department**

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# KEEP IN MIND...

***OOPS!*** The Parks & Recreation Staff has made every effort to prepare this brochure as accurately as possible. However due to **PUBLICATION DEADLINES** program listings/information may require that adjustments be made to programs, fees, schedules, etc. We apologize in advance should you find an error or for any inconvenience these errors or adjustments may cause.

- **REGISTER EARLY!** Nothing cancels a good class quicker than everyone waiting until the last minute to register. If there are not enough registrations by a certain date, the course may be cancelled. Coming in on the day the course begins won't resurrect it, so please register early.
- **REGISTRANTS ARE NOTIFIED** when a course is filled or cancelled. If a desired class is full you will be put on a waiting list. Additional classes may be opened if facility and instructor are available.
- **PROPER ATHLETIC SHOES (NO BLACK SOLES)** must be worn in gym and aerobics room.
- **CHILDREN UNDER 16** are not to be left unattended in the Doherty Rec Center Building.
- **REFUND POLICY:** The Rec Dept. reserves the right to cancel, postpone or combine classes or change instructors. If insufficient enrollment causes a class to be cancelled, full tuition is refunded or a credit is given for future use. We made our best effort to provide the class and instructor advertised in the brochure. In the event an instructor can no longer teach a class we will provide another instructor, if one is available, to finish the session. A credit may be issued for the amount of remaining classes. Materials and supplies purchased by you are excluded from refunds and credits.
- **ADDITIONAL MATERIALS AND OR EQUIPMENT** may be required in some programs. Please check the program's descriptions for information on material or other needs. If questions still exist please call the office so we may help you.
- **REGISTRATION EXCEPTIONS?** Children must be the proper age before the program begins. We try our best to accommodate everyone. Programs are designed according to an age level that will best benefit the student and to have an appropriate instructor/student ratio.
- **FEE PAYMENT:** Instructors will not accept registration at the class site. FEES must be paid at the office prior to participation with EXACT CASH OR CHECK. Credit card payments are accepted with online registration through our website [www.wallingfordrec.com](http://www.wallingfordrec.com). There is a non-refundable 3% transaction fee for online credit card payments.
- **PHONE REGISTRATIONS:** Sorry, phone registrations are not accepted.
- **CLASS CANCELLATIONS:** When schools have delayed opening in the A.M. classes till noon are cancelled. When the schools are closed, Rec Dept. classes will not meet for the school day from 8a.m. to 4p.m. Evening programs are still on unless otherwise indicated. Evening class cancellations will be made at 4p.m. Cancellations will be emailed and texted out to our database, posted on our website, and may be announced on WTNH CH 8, WFSB CH 3, WNBC CH 30 and Govt. Access CH. 20. You must be opted in to receive cancellation notifications from our email and text blast system.
- **A.D.A. STATEMENT / INCLUSION POLICY:** The Recreation Dept. intends to comply with the A.D.A. regulations. It is the policy that recreation be "FUN FOR ALL". Participation in many of our non-adaptive programs is possible for those with special needs. We are limited in our ability to provide additional staff, specialized equipment and medical services. To discuss how we can support your abilities, interest and desire to participate please contact our office at (203) 294-2120. Together we can make recreation FUN FOR ALL.
- **SPECTATORS: CHILD PROGRAMS:** One of the fundamental instructional program goals is to provide your child with a fun and positive learning opportunity with their peers while developing separation skills. Parents are encouraged to abide by the observation schedule determined by the program instructor in order to provide the best instructional atmosphere. Please feel free to discuss your child's progress with the instructor either before or after class.
- **NEW TO THE AREA?** The Wallingford Parks & Recreation Department invites you to come in and find out what we have to offer. We have programs, classes and facilities for all ages. Want to learn more? Give us a call at 203-294-2120. We will be happy to make an appointment at your convenience to show you around and explain any program that is of interest to you. We want to meet you and talk with you and your family.
- **PHOTOGRAPHS:** Participants may be photographed for the purpose of promotion or advertising in future brochures, in newspapers or in other Wallingford Park and Recreation Department media.



## TRAVELING F.Y.I.'s

This year we hope you will find many new opportunities to travel this summer. We are proud to announce a continued working agreement with Friendship Tours. The staff at Friendship Tours and the Parks and Recreation Department has lined up some new trips for the 2022 trip year. Reminder, trip itineraries are subject to change and the Parks and Recreation Department will do its best to notify travelers ahead of time. We look to continue the trend this year. We hope you find this line up enjoyable and we look forward to seeing you board the bus! All trips are subject to change in price and itinerary. Day tour cancellation policy applies to all Wallingford Park & Recreation day tours operated by Friendship Tours Inc. Any passenger that cancels a reservation 7 days or less prior to departure will not be eligible for a refund. We will examine cancellations on a case by case basis to determine any exceptions to this rule. Please note the Recreation Dept. will make every effort to send a representative from the office to see off the trip to and from our destination and to hear any complaints, concerns and or recommendations. It should be understood that this person is not a tour guide. Please retain the same seats throughout the trip. A tip for the coach driver is included in the trip fee. Please contribute only if you wish since the gratuity is included in the trip fees. Trips are rain or shine, unless the tour company cancels. Many trips involve walking tours; either with a tour guide or on your own. Children must be at least 5 years old and accompanied by an adult unless otherwise specified. No lap sitters on the coach bus. Complete trip itineraries will be distributed on the morning of the trip. Travel insurance is recommended for overnight trips and is offered through Friendship Tours. Forms are available at the Recreation Dept. front office. Any Covid-19 protocols put in place by Friendship Tours or any of our destinations must be followed. We would like to thank all of our travelers for choosing Wallingford Parks and Recreation for their travel needs during the 2022 season!!

**\*\*Note: Bus trip registration has been open since January so spots may be very limited. We will do our best to add people who are wait listed.\*\***

### 1002.302 BRONX ZOO

**Date:** Saturday June 11th

**Bus Departs Rec. Dept.** 7:30am

**Returns:** 7:00pm

**Fee:** \$110 adults, \$103 for children ages 5-12

Come and experience life on the wild side! The Bronx Zoo's world class exhibits such as the Congo Gorilla Forest, the Wild Asia Monorail, Tiger Mountain, and Madagascar will get you eye to eye with majestic tigers, inquisitive gorillas, and so much more! Hailed as America's Largest metropolitan zoo, the Bronx Zoo will take you on an adventure through the African Plains to the Himalayan Highlands. Come and escape for a day! Bring your lunch or grab a tasty snack on your own at one of the vendors or cafeterias.

### 1002.303 CHARLES RIVERBOAT CRUISE

**Date:** Saturday July 16th

**Bus Departs Rec. Dept.** 8:30am

**Returns:** 6:30pm

**Fee:** \$127

It's all aboard for a great day in Boston! Narrated Cruise on the legendary Charles River. Highlights: sights of Boston and Cambridge, Beacon Hill, Back Bay, Boston University, M.I.T., Harvard, countless sailboats & rowers...and much more. Prior to our cruise enjoy lunch at The Cheesecake Factory a unique, upscale casual dining, lavish décor, high energy atmosphere. Delicious menu: choice of entrée, beverage, dive into Original, Chocolate Mousse or Dulce de Leche Caramel cheesecake. Entrée choice that day!

### 1002.304 SARATOGA RACES

**Date:** Sunday August 21st

**Bus Departs Rec. Dept.** 8:15am

**Returns:** 9:00pm

**Fee:** \$117

We're off to the races! It's race time and the excitement fills the air at the world-renowned SARATOGA RACE COURSE. Come see where the Champion Man O' War lost his only race. Debuting in 1863, it is the oldest race track in America. Enjoy the best in horse racing. Admission & Reserved Grandstand Seating Lunch on own at the raceway – There are many restaurants and concession stands to choose from, or you may bring your own picnic.

### 1002.305 ELLIS ISLAND

**Date:** Saturday September 17th

**Bus Departs Rec. Dept.** 7:00am

**Returns:** 7:45pm

**Fee:** \$110

From 1892 to 1954, millions of immigrants began their American dreams here. The Great Hall, where the immigrants were processed, the four rooms where immigrants were detained. When today's visitors disembark at Ellis Island, they stand under the recreated historic canopy -- the same point where immigrants began the process toward American citizenship. Statue of Liberty: She is an icon, a national treasure, and one of the most recognizable figures around the globe. The NEW Statue of Liberty Museum represents an exciting new chapter in Lady Liberty's story of freedom. Roundtrip ferry ticket allows you to depart Liberty Park, NJ and get off at both Ellis Island and Statue of Liberty. Included with your admission at each island and the new museum are audio guides for each island inviting visitors to relive the immigrant experience as if you were a new arrival. A Friendship Tours Tour Director will join your group to help navigate this day. Lunch will be on your own at one of the cafes on the islands.



# LIL REC'ERS EARLY CHILDHOOD LEARNING CENTER



LIL REC'ERS PRE-SCHOOL OFFERS A HALF DAY PROGRAM FOR 3-5 YEAR OLD CHILDREN M,W,F / T, TH. AND OR MON-FRI. OUR HOURS OF OPERATION ARE FROM 8:45 - 11:30AM. WE ALSO OFFER EXTENDED DAY OPTIONS. SESSION 1 BEGINS MONDAY SEPTEMBER 12TH.

## Sessions

**Session 1:** September 12th – November 4th (No Class 10/11)

**Session 2:** November 14th – January 13th (No Class 11/24 – 11/25, 12/26-12/30)

**Session 3 (2023):** January 23rd – March 17th (No Class 2/13, 2/20)

**Session 4 (2023):** March 27th – May 26th (No Class 4/10 – 4/14)

	MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
<b>3 YEAR OLDS</b>	8:45-11:30AM MISS AMY	8:45-11:30AM MISS AMY	8:45 - 11:30AM MISS AMY	8:45 - 11:30AM MISS AMY	8:45 - 11:30AM MISS AMY
<b>4 - 5 YEAR OLDS</b>	8:45 - 11:30AM MISS DEBBIE	8:45 - 11:30AM MISS DEBBIE	8:45 - 11:30AM MISS DEBBIE	8:45 - 11:30AM MISS DEBBIE	8:45 - 11:30AM MISS DEBBIE
<b>EXTENDED DAYS PM SESSION</b>	11:30 - 2:15PM		11:30 - 2:15PM		11:30 - 2:15PM

### Fees for Lil Rec'ers 2022-2023

MONDAY – FRIDAY AM  
(5 DAY) - \$545

MONDAY, WEDNESDAY,  
FRIDAY AM - \$320

TUESDAY / THURSDAY AM - \$250

### Fees for Extended Day Ages 3-5

MONDAY, WEDNESDAY,  
FRIDAY \$265

### TERRIFIC TWOSIES WITH PARENT

The final step before reaching Lil Rec'ers. Experience lifelong friendships for parents and children. This program will model our pre-school programs weekly themes, BUT every activity will be based on age appropriate songs, stories, crafts, play kits, gym activities and more! The materials and supplies will be specific for the two year old and it will be a class filled with fun for all!

**Session 1:** Sept. 13th – Nov. 17th

**3000.400** 9:00am – 10:00am for 10 weeks

**3000.401** 10:30am – 11:30am for 10 weeks

**Session 2:** Nov. 29th – Feb. 9th (No class 12/28, 12/30)

**3000.100** 9:00am – 10:00am for 10 weeks

**3000.101** 10:30am – 11:30am for 10 weeks

**Session 3:** Feb. 21st – May 4th (No class 4/11, 4/13)

**3000.100** 9:00am – 10:00am for 10 weeks

**3000.101** 10:30am – 11:30am for 10 weeks

**Fee:** \$100

**Instructor:** Miss Coleen

**Days:** All sessions held on Tuesday and Thursday





**7400.300 VIRTUAL PRINCESS DAYS: AGES 3-6**

Every girl dreams of being a princess. Each week a different Disney Princess will be explored inside our castle walls. Everything princess from art projects to games. Incorporated into camp are areas of art, sensory, science and games! your child loves princesses, this camp is the perfect choice! A materials list and Zoom link will be provided.

**When:** Monday-Thursday  
August 1st – 4th 9:00-9:30am

**Location:** Virtual

**Instructor:** Elena Bigio, Owner of Kidscapades

**Fee:** \$65



**7400.301 ADVENTURELAND CAMP: AGES 3-6**

Each week will be focused on fantastical adventures! Children will transform themselves into pirates as they go in search of treasures. Fairies as they create beautiful fairy projects. They will tap into their inner rock star. Oh, and of course become paleontologists and dig for dinosaur fossils. Incorporated into camp are areas of art, sensory, science and games! Join us for adventures of epic proportions! A materials list and Zoom link will be provided.

**When:** Monday - Thursday  
August 8th – 11th 9:00-9:30am

**Location:** Virtual

**Instructor:** Elena Bigio/Kidscapades

**Fee:** \$65



**7400.302 SUMMER SIZZLING SCIENCE AGES 5-8**

Come fizz, pop and boom with Summer Sizzling Science! Each camp day, campers will discover the fun and fascinating world of science through amazing hands-on experiments, some with an eruption component! Future scientists will be engaged and inspired! A materials list and Zoom link will be provided.

**When:** Monday – Thursday  
August 15th – 18th 9:00-9:30am

**Instructor:** Elena Bigio/Kidscapades

**Fee:** \$65

**P.L.A.Y.**

Programs and Leisure Activities for Youth

**HIP HOUSE DANCE SERIES 2022-2023**

Once again the Hip House Dance Series is back for another year of fun and excitement. The Parks and Recreation Department would like to welcome back all of the returning 7th and 8th graders while also welcoming the new 6th graders. To ensure that you are able to attend all of the dances, you must purchase a photo ID pass. **ALL PARTICIPANTS WHO HAVE A PASS FROM THE 2021-22 SEASON CAN HOLD ONTO THEIR PASSES. UPON REGISTERING FOR THIS COMING YEAR A STICKER WILL BE PLACED ON THE BACK OF THE EXISTING CARD. NO MORE PICTURES, NO MORE FILLING OUT AN ID CARD AGAIN.** The dance pass allows you entry to 7 dances. No passes will be sold in the schools or on the day of the dance. Photo ID's will go on sale August 1st for \$40. As of September 7th, all dance passes will be \$60. We encourage everyone to take advantage of the discounted price. **STUDENTS WILL NOT BE ALLOWED TO ENTER THE DANCE WITHOUT A 2022 – 2023 HIP HOUSE DANCE PASS.**

**2022 - 2023 Hip House Dance Schedule**

**Back to School Bash** – September 23rd

**Halloween Havoc** – October 21st

**Fall Fest** – November 18th

**Jingle Ball** – December 9th

**March Madness** - March 24th

**Spring Fest** – April 21st

**Last Blast** – May 12th

**SUMMER PLAYGROUND CAMP (PLEASE NOTE REGISTRATION FOR THIS PROGRAM BEGAN MARCH 14TH)**

**Who:** For Wallingford children ages 6-11 (children must be 6 by June 28 and no older than 11 for the duration of the program)

**What:** A summer playground program which includes arts and crafts, sports, in house entertainment, movies and more.

**Where:** Fritz, Moses Y Beach and Stevens

**When:** Session I Monday June 27- Friday July 15 (Closed July 4)  
Session II Monday July 18- Friday August 5

**Fee:** Session 1 First Child \$110.00 each additional child \$95.00  
Session II First child \$ 120.00 each additional child \$105.00  
Program runs from 8:30-3:00 Monday through Friday.



One of the crafts created in Kim Larkin's art classes

## Sports & Leagues

### 4060.300 SKYHAWKS TINY HAWKS AGES 3-4

This program is pre-school aged kids and introduces the essentials of two sports - soccer and basketball. Through age appropriate games and activities, campers explore balance, hand/eye coordination and skill development. Participants must be toilet trained.

**When:** Mon. – Fri. June 27th – July 1st 8:15am – 9:00am

**Fee:** \$79

**Location:** Gym 1

**Instructor:** Skyhawks Staff

### 4060.301 SKYHAWKS MINI - HAWK SPORTS • FOR AGES 4-6YRS

This program helps young children explore basketball, baseball and soccer in a day program setting. There is no pressure, just lots of fun while these young athletes participate in all three sports through unique Skyhawks games. Our Mini Hawk coaching staff is trained to meet the special needs of your young children and is committed to starting them off on the right foot as they take their first steps into athletics.

The participant to coach ratio is approximately 8:1.

**When:** Mon. – Fri. June 27th – July 1st 9:15am – 12:15pm

**Fee:** \$139

**Instructor:** Skyhawks Staff **Location:** Gym 1



### 4060. SKYHAWKS TENNIS BEGINNER & INTERMEDIATE AGES 6-12

This class provides a relaxed environment where fundamental tennis skills are taught along with a wide range of fun activities that help develop agility, balance, movement, sending, receiving and gross motor skills on a smaller court. In addition to expanding tennis skills, players improve their movement and rallying skills. We help each player to develop better tennis mechanics and more consistent shots. A variety of fun activities are used to improve player athleticism through agility, balance, coordination and movement development.

#### .303 Beginners Ages 6-9:

July 5th - 8th 9:00am - 12:00pm

#### .304 Intermediate Ages 8-12:

July 5th – 8th 9:00am – 12:00pm

**Location:** Doolittle Park (Rain Location Rec. Dept. Gym)

**Fee:** \$125

**Instructor:** Skyhawks Staff (a nationally recognized sports program provider)

### 4060.302 SKYHAWKS SPORTS & GYM GAMES AGES 7 - 11

Skyhawks provides a wide variety of fun, safe and positive programs that emphasize critical lessons in sports and life, such as teamwork, respect and sportsmanship. Our programs are designed to give each child a positive introduction into sports while fostering a lifelong love for an active, healthy lifestyle. For this camp, our patient and knowledgeable staff use a variety of skill-building games and activities to give each athlete a complete understanding and overview of many different popular sports and games. Sports and games include capture the flag, soccer, ultimate frisbee, basketball, kickball, baseball, 4 square, flag football, team handball and many more.

**When:** Mon. – Fri. July 18th – July 22nd 9:00am - 3:00pm

**Fee:** \$175

**Location:** Parks & Rec Gym

**Instructor:** Skyhawks Staff (Skyhawks is a nationally recognized sports program provider)

### HOOP HOUSE BASKETBALL CAMP • FOR BOYS & GIRLS 7-15YRS

“Play Basketball, Have Fun” is our motto as fundamentals are taught daily by Mike Papale, Joe Gaetano, and Greg Morrone. Camp features: daily contests, drills & stations, team trophies and a camp T-shirt. Campers will be divided into age and skill level groups. Camp held at the Rec Dept.’s Hoop House Gym. Each camper should bring a lunch daily. For more info stop by the office and pick up a camp brochure.

**4168.301 Session 1** June 20th – June 24th 8:30am - 3:30pm

**4168.302 Session 2** Aug. 15th – Aug. 19th 8:30am - 3:30pm

**Fee:** \$185

**Instructors:** Mike Papale, Joe Gaetano, Sheehan Boys Varsity Coach, Greg Morrone, Co Director Weber & Gannon League

### 4830.300 WALLINGFORD YOUTH FOOTBALL CAMP FOR AGES 8-14

Wallingford Vikings Coaching staff will lead Wallingford’s Annual football camp. This camp is specifically designed for youth football players with a strong emphasis on the basics of blocking, tackling, and position specific skill work. Don’t miss this great opportunity to learn the fundamentals of the game and to get a head start on the upcoming season.

**Time/Location/Fee:** TBD

**Instructor:** Wallingford Vikings Coaches

### JUNIOR GOLF CAMP AGES 7 - 15

Junior Golf Camp is a 5 day program for golfer ages 7-17 that provides a fun environment for your junior golfers to learn and develop their golf and athletic abilities. Driving, putting, chipping and overall on-course game play will be covered during the week of camp. Lunch is provided for the full day camp. All golfers will receive a new pair of Nike golf shoes!

**4840.300 Session 1** July 11th – July 15th 9:00am – 4:00pm

**4840.301 Session 2** Aug. 8th – Aug. 12th 9:00am – 4:00pm

**Fee:** \$425

**Instructors:** John Dipollina, PGA Director of Golf and Youth Golf



Development Award Winner 2019 CT PGA, and his team

**Location:** Lyman Orchards Apple 9

### 4850. USA ELITE SOFTBALL CAMP AGES 8-16

USA Elite Training, LLC has been coaching the top softball performers in New England, with proven results for the past 28 years. Players will be divided by player skill level (beginner to advanced) and age during each clinic session. This camp will be divided into two sessions; All Skills and Pitchers & Catchers. The All Skills Clinic will emphasize: daily drills such as hitting, fielding and throwing, position fundamentals such as double plays, covering bases, cutoffs, defensive and offensive strategies, and general skills like base running and live game action. Pitchers and catchers will work on specific skills for their positions. Pitchers will work to improve their accuracy and speed while catchers will focus on improving all skills behind the plate.

**When:** Monday – Thursday June 27th – 30th

**Time:** 9:00am – 12:00pm

(All Skills: \$144) **.300**

12:00pm – 3:00pm

(Pitchers and Catchers: \$124) **.301**

**Location:** Pragemann Park

**Fee:** \$224 for both sessions **.302**

**Instructor:** Jen Hapanowicz, Owner and USA Elite Training Coaching Staff

### 4851.300 DIAMOND KINGS BASEBALL CAMP AGES 6 – 12

No matter what league or level in which your child plays, they will improve, have fun, and learn more about THEIR game and the skills needed to improve. Since 2022, Diamond Kings combines innovative drills with controlled scrimmages with emphasis on player development and game skill improvement. Players will work on, fielding, throwing, hitting, base running and more. Players will be grouped by age/skill ability.

**When:** Mon. – Thurs.

June 20th – June 23rd

9:00am – 12:00pm

**Fee:** \$135

**Location:** Vietnam Veteran's Memorial Field 1

**Instructor:** Diamond Kings Baseball Academy

### 4851.301 PLAY AND LEARN CLINIC GRADES 3 - 9

This is an introductory clinic series for boys and girls thinking about playing on a team or looking to learn/improve upon their foundational field hockey skills. For children entering Grade 3 – entering Grade 9. Participants must not be in High School already. Participants should bring their own equipment including: field hockey stick, shin guards, and mouth guard.

**When:** Monday – Friday

June 27th – July 1st

**Time:** 9:00am – 12:00pm

**Location:** Sheehan High School Turf

**Fee:** \$110

**Instructor:** Kaitlyn Gill Head Varsity Field Hockey Coach Sheehan High School, Victoria Abolafia Assistant Varsity Field Hockey Coach Sheehan High School, Steph Lovado Head Field Hockey Coach Lyman Hall High School



### 4310.300 CROSSFIT TRITON – CROSSFIT KIDS CAMP AGES 8 - 16

This is a strength and conditioning program that is specifically designed for kids and teenagers, helping them develop a lifelong love of fitness. In a group setting based by age, children and teens participate in fun and engaging workouts that will deliver measureable results, along with preparing them to be well rounded athletes. Participants will learn nutritional information and how the program can improve all participants. We encourage all kids and teens, athletes, and non-athletes to participate in this program.

**When:** Mon. – Thurs.

August 16th – August 19th

**Fee:** \$100

**Location:** Crossfit Triton, Capitol Dr, Wallingford

**Instructor:** Triton Athletics Staff

## Karate

### 0118.303 ADAPTIVE KARATE AGES 7+

For children with special needs, the benefits of martial arts can be invaluable. Consistency and repetition are key - repetition of the same location, same faces, same curriculum, and knowing what to expect are the process to help them succeed. With continuous structure and fun exercises, even the child with multisensory issues can rise to the occasion. Adding a traditional martial arts program to a child's existing therapies can only assist them in reaching their goals faster. Focus, concentration, balance, tone, awareness, self-regulation, core strength, reduced anxiety, and spatial awareness are just a few of the benefits your child will receive.

**When:** Wednesdays May 25th – July 13th 6:05-6:35pm for 8 weeks

**Instructor:** Lyne Landry and The Institute of Martial Arts Staff

**Location:** Room 14

**Fee:** \$55

### LITTLE NINJAS – AGES 3-4

Karate techniques incorporated with essential motor skills for 3-4 year olds. The curriculum includes balance, memory, team work, coordination, focus, and other age specific skills training. Often young children want to do what the big kids do but don't have the essential motor skills. This class teaches those while building self-esteem and respect for self and others.

**4051.301 Mondays:** June 27th – September 26th 5:30pm – 6:00pm for 12 weeks (no class July 4th, Sept. 5th)

**4051.302 Saturdays:** July 9th – September 24th 9:00am – 9:30am for 12 weeks

**Fee:** \$75

**Location:** Room 14 Mondays/Room 15 Saturdays

**Instructor:** The Institute of Martial Arts Staff

**KICKIN KIDS – AGES 5-6**

Dynamic karate techniques taught with an emphasis on kicks, punches, blocks, coordination, bullying prevention, and beginning karate weapons training. Situational self-defense will be taught so our youngest can avoid conflict. Class is designed to have a student develop into the more structured karate program that starts at 7 years old. Emphasis on technique and coordination without the traditional forms patterns of movement.

**4052.300 Mondays:** June 27th – September 26th 6:05pm – 6:50pm for 12 weeks (no class July 4th, Sept. 5th)

**4052.301 Saturdays:** July 9th – September 24th 9:30am – 10:15am for 12 weeks

**Fee:** \$90

**Location:** Room 14 Mondays / Room 15 Saturdays

**Instructor:** The Institute of Martial Arts Staff

**KARATE FOR BEGINNERS****AGES 7-ADULT**

A traditional karate program for ages 7-adult, the style of Karate we study is Tang Soo Do, a Korean based martial art. In addition to learning techniques, board breaking, forms and exercise patterns, the class focuses on self esteem, character building, respect for self and others, and proper approaches to competition. Parents are encouraged to begin training at the same time as their children's class regardless of rank. Great fun family activity!

**4053.300 Wednesdays:**

June 29th – September 14th  
5:30pm – 6:30pm for 12 weeks

**4053.301 Saturdays:**

July 9th – September 24th  
10:15am – 11:30am for 12 weeks

**Fee:** \$90

**Location:** Room 15

**Instructor:** The Institute of Martial Arts Staff

**KARATE SUMMER KAMP****AGES 4-11**

Learn the art of Tang Soo Do, play fun Karate games, break boards, and learn self-defense. Karate Kamp is a great way for students to be introduced to a martial art while having fun!

**4112.301 Week 1:** August 1st – 5th  
Monday – Friday 9:00am – 1:00pm

**4112.302 Week 2:** August 8th – 12th  
Monday – Friday 9:00am – 1:00pm

**Fee:** \$120

**Location:** Gym

**Instructor:** The Institute of Martial Arts Staff

**5900. E SPORTS**

Enjoy competitive, online gaming from the comfort of your own home. Separated into age appropriate age divisions, kids will be able to compete against other gamers from all over the state in leagues of Fortnite, Smash Bros, Madden, Rocket League, or Mario Kart. Registration into this program grants you access to one, or all of the games listed. Check back for specific scheduling of games. Registration will close on June 27th. Game play will begin on Monday July 11th. Please check your GGLEagues account for specific game schedule. Games will run for 6 weeks, with two weeks of playoffs.

**.300** Ages 8-12 (Fortnite not available due to licensing issues).

**.301** Ages 13 - 17

**.302** Ages 18+

**Fee:** \$40

**LEAGUES****CO-ED ADULT SOFTBALL**

For the first time the Parks & Recreation Department will be hosting a summer time Adult Co-Ed Slow Pitch Softball League. Game play will be on Saturday evenings beginning at 5:00pm and will begin in mid-late August. This is a fun, family-oriented league. Families come and play and watch games together. Keep an eye on your emails for more information regarding registration.

**4200.400 GIRLS YOUTH VOLLEYBALL****AGES 6-15**

Season begins Saturday September 17th. Learn the game of volleyball, skills, rules, teamwork and sportsmanship while having fun. Program includes, clinics, practices and games. Registration begins July 11th. Check email blasts for league information.

**Saturdays:** 12:00 – 4:00pm

**When:** Mid September **Fee:** \$90 includes league t-shirt

**4303.400 SENIOR BASKETBALL - SILVER BULLETS 2022-2023 AGES 55YRS AND UP**

Come down and join the rest of the Silver Bullets this basketball season. Registration for 2022-2023 play will begin Monday September 12th. Game play goes September through June (Various open dates throughout the summer). This is a fun and active group looking to continue play in the game of basketball.

**Fall 2022 - Spring 2023 Schedule**

September 12th - June 16th, 2023  
Mondays, Wednesdays, Fridays  
8:00am - 10:30am (Full Gym)

**Fee:** \$30

**Location:** Gym 1 & 2

**4210.400 CO-ED OPEN GYM ADULT VOLLEYBALL**

Co-ed Adult Volleyball will run weekly on **Thursdays - September 15, 2022 thru May 25, 2023 from 7:30pm - 9:45pm**. This program is open for **only age 18 and older!**

If at any time numbers of participants are low, the Rec Dept reserves the right to accommodate other groups or activities on an as need basis on one side or both sides of the gym. Sign-up now at the Park & Rec. Everyone will need to show proof of Wallingford residency. Park & Rec will issue a photo id upon registration. This photo id pass will need to be shown each week to play volleyball.

**Fee:** \$65.00



## 4000. CO-ED RECREATIONAL GYMNASTICS • FOR 12MO. – 8 YRS

Come join in the fun of recreational gymnastics under the direction of our wonderful instructors. These classes will provide a fun and exciting experience for participants. All programs start with the basics and move along the skill path at their own pace. **Classes begin the week of Tuesday, July 5th for 6 weeks. (no class Monday July 4th)**

### TINY TUMBLERS: 12 MONTHS - 35 MONTHS

Parents share in the experience with their young child. We create an atmosphere geared for physical and social activity for the participants. This open play will give your child an opportunity to play on the mats, while building skills through play to get them to the next level.

- .300 Mondays July 11th 9:30am - 10:15am
- .305 Mondays July 11th 10:20am - 11:05am
- .306 Tuesdays July 5th 9:30am - 10:15am
- .301 Tuesdays July 5th 4:45pm - 5:30pm
- .302 Wednesdays July 6th 9:30am - 10:15am
- .307 Wednesdays July 6th 4:45pm - 5:30pm
- .303 Thursdays July 7th 9:30am - 10:15am
- .308 Fridays July 8th 9:30am - 10:15am
- .304 Saturdays July 9th 8:45am - 9:30am

**Fee:** \$50 **Location:** Gymnastics Room  
**Instructors:** Gymnastics Staff

### PRE-SCHOOL GYMNASTICS CLASSES: 3 - 4 YEARS OLD WITHOUT PARENT

**\*MUST BE 3 BY THE START OF THE CLASS. NO EXCEPTIONS**

This class takes a gentle approach to the introduction of gymnastics. Participants will be introduced to

gymnastics equipment, as well as learning the basics of tumbling in a fun and easy going environment.

- .311 Tuesdays July 5th 10:20am - 11:05am
- .313 Tuesdays July 5th 5:35pm - 6:25pm
- .314 Wednesdays July 6th 10:20am - 11:05am
- .315 Wednesdays July 6th 5:35pm - 6:25pm
- .316 Thursdays July 7th 10:20am - 11:05am
- .317 Fridays July 8th 10:20am - 11:05am
- .318 Saturdays July 9th 9:35am - 10:20am

**Fee:** \$50 **Location:** Gymnastics Room  
**Instructors:** Gymnastics Staff

### BEGINNER GYMNASTICS CLASS: 5 - 8 YEARS OLD

**\*MUST BE 5 BY THE START OF THE CLASS. NO EXCEPTIONS**

In this class we will introduce your child to the skills on all of the gymnastics equipment. Your child will develop skills on the beam and bars.

- .320 Tuesdays July 5th 6:30pm- 7:20pm
- .321 Wednesdays July 6th 6:30pm- 7:20pm
- .323 Saturdays July 9th 10:25pm - 11:10pm
- .325 Saturdays July 9th 11:15pm - 12:00pm

**Fee:** \$50 **Location:** Gymnastics Room  
**Instructors:** Gymnastics Staff

## 4169.400 WEBER BOYS & GANNON GIRLS YOUTH BASKETBALL LEAGUE 2022-2023 SEASON

*Special Registration form is needed and can be picked up at the Parks and Rec. Dept.*

Dads and moms requesting to be coaches please pick up a coaches volunteer form and fill out completely with a copy of your driver's license as soon as possible.

Coaches will be subject to a background check and first time coaches are required to attend an online NAYS Coaches Certification program sponsored through the Recreation Dept. If you are a returning coach please send us your NAYS renewal form if it is mailed to you. Not all volunteers will be selected and coaches will be picked based on program needs. Emails regarding registration will be sent out in July.

### Divisions

Weber - 1st/2nd  
Grade Gannon - Grades 1, 2  
Weber - 3rd Grade  
Gannon - Grades 3, 4, 5  
Weber - 4th Grade  
Gannon - Grades 6,7,  
Weber - 5th Grade  
Gannon - Grades 8 - 12  
Weber - 6th Grade  
Weber - 7th Grade  
Weber - 8th Grade  
Weber - 9th - 12th Grade  
**Fee:** \$90 Residents / \$110 Beginning Sept. 19th / \$125 Non Residents

## 4222.400 INDOOR CORNHOLE LEAGUE

Register as a team to play a minimum of 6 games per week. Teams will play three, best of three series each night. At the end of the season, teams will compete in a single elimination tournament to determine the league champion. Check back in

our fall brochure for more information regarding, dates, times, and fee.

League is limited to 12 teams. Registration for returning teams will begin right away. New teams will be able to register beginning July 1st.

**When:** Tuesdays September 13th - October 25th 6:00pm - 8:00pm for 8 weeks

**Fee:** \$40 per team of 2

**Location:** Gym 2





# CT STEM ACADEMY SUMMER 2022 PROGRAMS



All programs on this page are held at the Wallingford Parks and Recreation STEM Room. Full day camps require students to bring a morning snack and lunch.

## STEM Explorations I for Ages 8 to 14

*June 20 through 24  
9am to 3pm Full Day (2005.325)*

*or*

*9am to 12pm Half Day Option (2005.326)*

*Cost: \$225 Full Day or \$135 Half Day*

Do you like to explore science, solve problems and use technology? If you do, then the CT STEM Academy is the perfect place for you! Join us for an engaging session of exploring many different STEM Challenges through hands-on investigations. **Activities, and groupings, will be varied to meet the needs of all participants. Challenges will be different from past STEM Exploration Camps.**

## Ages 7 and 8 STEM Camp

**Course Number: 2005.307**

*June 27 to July 1, 2 pm to 4pm*

*And*

**Course Number: 2005.308**

*July 18 to 22, 2 pm to 4 pm*

*Cost: \$100*

Join us for an engaging session of exploring many different STEM Challenges both engineering and technology through hands-on investigations. Students will be given building challenges, coding workshops, and math games to enhance STEM learning! Our session will include high interest materials such as Legos, CS First, and Ozobots! **Each session will offer different activities and not repeat 2020 and 2021 topics.**

Register for all programs online @  
<http://wallingfordrec.com/>

**STEM Fun – Ramping Up to School  
August 22 and/or August 23 - 1pm to 4pm**

**Ages 8 to 14**

**Cost: \$35 per day**

**Location: In Person, Park and Rec STEM Room**

**August 22: Technology Exploration – Course Number 2005.312**

*Do you like to explore and use technology? Join us for fun activities that include coding, robotics and electric circuits.*

**August 23: Environmental Investigations – Course Number 2005.313**

*Ever wonder how a bird flies Or how animals make their homes? Maybe how a volcano erupts into the air? Come investigate environmental phenomenon!*

## Ages 5 and 6 STEM Camp

**Course Number: 2005.305**

*June 27 to July 1, 10:00 am to 12:00 pm*

*And*

**Course Number: 2005.306**

*August 1 to 5, 10:00 a.m. to 12:00 p.m.*

*Cost: \$100*

This camp will challenge students to address real world engineering problems! Students will be creating solutions, building models, and working together to explore science, technology, engineering and math. Join us for an engaging session of exploring many different STEM Challenges through hands-on investigations. Our session will include high interest materials such as Snap Circuits, Ozobots, and Rockets! **Each session will offer different activities and topics from previous years.**

## Robotics Camp for Ages 7, 8, 9

**Course Number: 2005.309**

*August 1 to 5, 1 to 3:30 pm daily*

*Cost: \$115*

The great minds at LEGO have provided the tools and means for us to use their fun kits to do more advanced STEM and computer science. LEGO WeDo and LEGO Mindstorms are a great way for students to explore a different side of robotics that includes engineering through interesting building challenges, programming, and innovative thinking with high interest materials. **This session will offer different challenges from our previous session.**







# CT STEM ACADEMY SUMMER 2022 PROGRAMS



All programs on this page are held at the Wallingford Parks and Recreation STEM Room unless otherwise noted. Full day camps require students to bring a morning snack and lunch.

## Rube Goldberg Machine Inventions

Course Number: 2005.316

July 5 to 8, 1pm to 4pm

Cost: \$135

Ages 8 - 12

Who knew that physics could be so fun? Hone your designing, building, and teamwork skills with these exciting motion and physics related Rube Goldberg related challenges with Legos, K'NEX, car building, robotics and more.



## STEAM Camp

Course 2005.330

July 5 to 8, 9am to 12pm

Cost: \$135

Ages: 7 - 12

This is a fun program for all who are interested in Art connections to STEM. Each day we will explore a wide range of topics from Robotics, Science, Engineering, Art and Math that will result in a variety of Make and Take projects including Chemistry projects! This program will be high engagement, hands-on, and interactive!

## STEM Explorations II for Ages 8 - 14 STEM Camp

July 11 to 15,

9am to 3pm Full Day (2005.331)

or

9am to 12pm Half Day Option (2005.332)

Cost: \$225 Full Day or \$135 Half Day

Ever wonder how a rocket launches into space? Or how Bridges can hold many tons of weight? Join us for an engaging session of exploring many different STEM Challenges both engineering and technology through hands-on investigations. Our session will include high interest materials such as Rocketry, Chemistry, K'NEX Challenges, and Robotics! **Activities, and groupings, will be varied to meet the needs of all participants.**

**Challenges will be different from past STEM**

**Exploration Camps.**

Register for all programs online @

<http://wallingfordrec.com/>

## Computer Coding, Game Design and More

Course Number: 2006.328

August 1 to 5, 9:30 to 11:00 a.m.

Location: Online Only

Cost: \$50

Ages: 9 - 14

In this course, participants will explore the wonderful world of coding and video game design. Students will learn key concepts of coding on Google CS First and use block coding platform to create their own video games. Participants will share their video games with friends and family and continue adding to them after the program is over. Come put your problem-solving skills to the test and show your creativity. No previous experience is required! Prior to the program, a Google Meet Code will be shared with registered participants. There is no additional materials kit required for this program.

## VEX IQ Robotics Competition Team - Fall Program Announcement

Fall and Winter 2022 for Ages 11 - 14

Meeting Times: Saturdays 9 - 12 beginning in late September - Full Schedule Released in June

This program offers students a rich and exciting introduction to advanced levels of VEX IQ Robotics. The program encourages **teamwork, problem solving, and leadership skills along with the basics of coding, building a robot, while exploring related STEM applications.** For more information, please contact us at 203.294.2175 (Wallingford Youth and Social Services) or email us at [info@ctstemacademy.org](mailto:info@ctstemacademy.org)



World  
Championship  
Participants since  
2018



# CT STEM ACADEMY SUMMER COMPUTER SCIENCE 2022 PROGRAMS



Programs will be IN PERSON OR ONLINE as noted in description. In Person programs will be at 284 Washington ST (SCOW)

## 3D Printing with Blocks CAD

Course Number

Ages 9 - 14

Course Number: 2005.317

June 27 to July 1, 11:00 to 12:30 p.m.

Location: In person

Ages 13 to 18

Cost: \$40

Interested in 3D Printing? Blocks CAD is a cloud based 3D modeling tool that encourages users to learn math, computational thinking and coding concepts through visualization and designing models to be 3D printed. **Each participant will receive one 3D printed model at the end of this program.** Please make sure that your registration includes a current email address and contact phone number. Please make sure that your registration includes a current mailing address (including town/city and zip code) so we can mail your child their 3D creation. Maximum of 10 participants. Program will be shared prior to the start date.



## Online Robotics Coding - Course Number: 2006.335

June 27 to July 1 - 10:00 a.m. to 11:00 a.m. Daily

Location: Online Only

Ages: 9 - 14 - Cost: \$35

VEXcode VR lets you code a virtual robot using a block based coding environment powered by Scratch Blocks. VEXcode VR is based on VEXcode, the same programming environment used for VEX 123, GO, IQ and V5 robots. We all know that robots make Computer Science (CS) come to life with real world applications. There is no additional materials kit required for this program.



CT STEM ACADEMY

284 Washington Street

203.294.2175 | [info@ctstemacademy.org](mailto:info@ctstemacademy.org) |

[www.ctstemacademy.org](http://www.ctstemacademy.org)

## Python Coding Using Turtle Graphics (NEW)

Course Number: 2005.318

June 27 to July 1, 1:00 to 2:30 p.m.

Location: In person

Ages 13 to 18

Cost: \$40

Ages: 13 to 18

Participants will learn the basics of turtle graphics in python. In addition to controlling turtle motion on a 2D plane, the students will manipulate the size, the shape, and the pen attributes of turtle objects. In doing so, the students will also be exposed to the algorithmic constructs of sequencing, selection, and iteration. This program targets pupils who have minimal experience in programming and have never tackled turtle graphics.

The program instructor will be Hassan Bourhrous. Hassan is a STEM educator who specializes in technology education and is an internationally experienced educator.

## Introduction to Coding (NEW Topics)

Course Number 2006.336

Ages 8 - 14

June 27 to July 1

Time: 3:00 to 4:30 p.m.

Location: Online Only

Cost: \$40

Participants will code virtually using platforms such as Snap!, Code.org and Ucode., Java and C++. Using these programs, participants will create designs, control virtual robots and more.

Please contact us at

[info@ctstemacademy.org](mailto:info@ctstemacademy.org)

All registration will be through Wallingford  
Parks and Recreation Dept.

Save Time and Register Online @

<http://wallingfordrec.com/>

To hear more about our programs, visit us at  
[www.ctstemacademy.org](http://www.ctstemacademy.org) or on social media @ctstem  
(Facebook, Twitter and Instagram)





## Health & Fitness

**PLEASE NOTE: the following health and fitness classes are for participants 13 years and older unless noted.**

### 5003.301 ALL LEVELS VINYASA YOGA

This class synchronizes breath with movement. Gain flexibility and strength as we flow through the poses. Modifications are always shown.

**Equipment Needed:** Your own yoga mat

**Instructor:** Cathy Dean certified yoga instructor

**Class Time:** Mondays 5:30 - 6:30pm

**Date:** 6/27 - 9/12 for 10 weeks

(no class 7/4, 9/5)

**Location:** Room 15     **Fee:** \$65

### GENTLE YOGA & MEDITATION

A nurturing, healing yoga experience for the beginner student or those needing some relaxation and ease in their life. Basic yoga postures and breathing are taught in a gentle way to help students release deep tension and stress from their bodies and minds. Sign up for both classes for a \$10 discount.

**Equipment Needed:** Your own yoga mat

**5005.302** Mondays 9:30-10:45am

**Instructor:** Christina Casavina certified yoga instructor

**Date:** 6/27 - 9/12 for 10 weeks

(no class 7/4, 9/5)

**Location:** Room 15

**Fee:** \$65

**5005.301** Thursdays 9:30-10:45am

**Instructor:** Christina Casavina certified yoga instructor

**Date:** 6/30 - 9/15 for 12 weeks

**Location:** Room 16     **Fee:** \$75

### 5006.301 BASIC YOGA MONDAYS-ZORAYDA

Come and enjoy the benefits of breathing awareness, yoga poses, and guided relaxation. Learn to listen to your own body as it guides you to develop the yoga practice that is right for you. Emphasis will be on feeling the poses, connecting to your breath and your body, and letting go of an

'ideal' of how each pose is supposed to look like.

**Equipment Needed:** Your own yoga mat

**Instructor:** Zorayda Cocchi OTR/L, RYT 500, CYKT certified yoga instructor

**Date:** 6/27 - 9/12 for 10 weeks

(no class 7/4, 9/5)

**Class Time:** Mondays 9:30 - 10:45am

**Location:** Room 16     **Fee:** \$65



### 5007.302 YOGA FOR NON FLEXIBLE PEOPLE

If you have been thinking about yoga but believe "I am not flexible enough to do yoga", THIS IS THE CLASS FOR YOU! Drawn from her Occupational Therapy background and her extensive yoga training, Zorayda Cocchi will guide you to use props, modifications and assists to get the best out of your practice, regardless of your perceived level of flexibility. Come and experience the multiple benefits of yoga in a supportive environment. YOUR body, YOUR choice, YOUR practice.

**Instructor:** Zorayda Cocchi OTR/L, RYT 500, CYKT certified yoga instructor

**Class Time:** Mondays

11:00 - 11:45am

**Date:** 6/27 - 9/12 for 10 weeks

(no class 7/4, 9/5)

**Location:** Room 16     **Fee:** \$45

### 5007.304 THERAPEUTIC YOGA

Drawn from her Occupational Therapy background and her yoga training, Zorayda's therapeutic yoga includes the use of props, self massage, breathing exercises, relaxation, and meditation. Poses are built from the least challenging to a slow-graded increase in the level of intensity. Poses are modified so that each student benefits regardless of his perceived physical condition. All are welcome.

**Equipment Needed:** Your own yoga mat.

**Time:** Tuesdays 7:00 - 8:15pm

**Date:** 6/28 - 9/13 for 12 weeks

**Location:** Room 16

**Fee:** \$75

### 5013.300 ALL LEVELS YOGA

This class is the perfect, well rounded practice! Foundation - grounding and breathwork. Form - Body Awareness. Flow - Enjoying being present and moving with ease.

**Equipment Needed:** Your own yoga mat, blocks, straps, support

**Instructor:** Christina Casavina, certified yoga instructor

**Date:** 6/29 - 14 for 12 weeks

**Class Time:** Wednesdays

9:30 - 10:45am

**Location:** Room 15     **Fee:** \$75



### YOGA WITH WEIGHTS

Explore yoga using weights and props, offering a new way to explore varying your fitness routine. Adding variety to your routine is what makes fitness fun, interesting, and effective! All levels are welcome.

**Equipment Needed:** Your own yoga mat

**5005.309** Thursdays 5:30 - 6:30pm

**Instructor:** Christina Casavina certified yoga instructor

**Date:** 6/30 - 9/15 for 12 weeks

**Location:** Room 16

**Fee:** \$75

### 5013.304 WEEKEND STARTS RIGHT YOGA

Get ready and join me on the mat for connecting to your breath, body, and flow to make you glow into the weekend. Open up to amazing! Just you and your mat needed, props available or bring your own.

**Equipment Needed:** Your own yoga mat and a light blanket

**Instructor:** Christina Casavina, certified yoga instructor

**Date:** 7/9 - 9/17 for 11 weeks

**Class Time:** Saturday

9:00 - 10:15am

**Location:** Room 16     **Fee:** \$70

### 5018.300 CHAIR YOGA

This gentle yoga class will ease you into the world of yoga, whatever your age or ability/disability. Chair yoga is designed for individuals 50+ and persons with physical limitations. All ages are welcome! Each class will include breathing techniques to help calm the mind, seated or standing sun salutations, strength poses,

balance work, stretching, and final relaxation. Learn how to calm your mind and stretch your body practicing yoga with the help of a chair, yoga straps, yoga blocks and more.

**Equipment Needed:** Your own yoga mat (only needed if you can get up and down from the floor otherwise you can use the chair for the whole class)

**Instructor:** Lauren Henrici, RYT, Yoga Fit certified instructor

**Date:** 6/28 – 9/15 for 12 weeks

**Class Time:** Tuesdays & Thursdays 1:00-1:45pm

**Location:** Room 16      **Fee:** \$70

### 5106.300 BABY BOOMER BOOGIE (50+ YEARS OLD)

Move over Zumba Gold...Baby Boomer Boogie is a fun cardio dance fitness class that incorporates the best of yesterday's and today's favorite music hits! Get your heart pumping and spirits soaring with easy to follow dance movements. Dance, laugh and have some fun while burning calories to stay fit!

**Instructor:** Lauren Henrici AFAA certified instructor

**Date:** 6/28 – 9/15 for 12 weeks

**Class Time:** Tues. & Thurs. 12:05 - 12:50pm

**Location:** Room 16      **Fee:** \$35



### 5012.303 PILATES PLUS CORE

Joseph Pilates traditional mat work meets current core exercises for strength, stability, alignment and flexibility. Join us to improve core fitness and range of motion. Please bring your own mat. We will provide pilates rings, small and large balls, foam rollers and light weights.

**Instructor:** Linda Roy, STOTT pilates certified instructor

**Class Time:** Wednesdays 5:00 - 5:45pm

**Date:** 6/29 – 9/7 for 11 weeks

**Location:** Room 16      **Fee:** \$70

### 5012.304 BARRE AND TOTAL STRENGTH

The best of both worlds. The ballet barre will be used for lower body strength and balance with high reps in a smaller range of motion. We will be using postural muscles as well as our fascia system for amazing definition. This will be fused with traditional upper body strength with a variety of equipment for a complete sculpting workout.

**Equipment Needed:** Please bring your own mat.

**Instructor:** Linda Roy, CPT, NETA Group Fitness, STOTT pilates & barre certified instructor

**Class Time:** Wednesdays 6:00 - 6:45pm

**Date:** 6/29 – 9/7 for 11 weeks

**Location:** Room 16      **Fee:** \$70

### 5103.300 ARTHRITIS FOUNDATION

This class is a program of specialized exercises promoting range of motion, flexibility and relaxation enhancing the quality of life.

**Instructor:** Elaine Doherty

**Date:** 6/27 – 8/22 for 8 weeks (no class 7/4)

**Class Time:** Mondays 12:00 - 1:00pm

**Location:** Room 15      **Fee:** \$20

## Fitness Classes

### 5820.300 VIRTUAL POWER UP

Three classes, three different formats. Metabolic Conditioning, Full Body Interval Strength Training, and Cardio HIIT. Increase your strength and improve your overall level of fitness with a combination of functional strength training and cardio conditioning. We will take circuit training to the next level with full body combos and high heart rates. Start your day off building muscle, burning fat, and being strong! Equipment needed: handheld weights, bands, or kettlebell.

**Instructor:** Jess Holloway AFAA certified instructor

**Date:** 6/27-9/16 for 12 weeks (no class 7/4, 9/5)

**Class Time:** Mon., Wed, Fri. 6:00 - 6:45am

**Location:** Zoom      **Fee:** \$110

### 5821.300 VIRTUAL EARLY MORNING PUMP

Start your day off right with EARLY MORNING PUMP. We will tone all major muscle groups using a combination of handheld weights, barbells and our own body. Equipment Needed- handheld weights, bands, kettlebells and/or bodybars

**Instructor:** Jess Holloway AFAA certified instructor

**Date:** 6/28 - 9/15 for 12 weeks

**Class Time:** Tues. & Thurs. 6:00 - 6:45am

**Location:** Zoom      **Fee:** \$85

### 5810.300 VIRTUAL TOTAL TONING

Strength, cardio or any combination for a fun and effective workout.

We'll do a variety of cardio drills and resistance training exercises designed to challenge and improve cardio and muscular strength while maintaining a strong core. Please have a chair, hand weights (soup cans or water bottles can be used as substitutes) and a mat. Let's get strong together! All levels welcome.

**Instructor:** Stacey Bobbit

**Date:** 6/29-9/16 for 12 weeks

**Class Time:** Tues and Thurs 7:45 - 8:45am

**Location:** Zoom      **Fee:** \$85

### 5800.300 VIRTUAL ZOOM-ZOOM

Come join us for a moderately paced dance fitness class for people of all ages. A fun workout to all types of music!

**Instructor:** Stacey Bobbit

**Date:** 6/27 – 9/12 for 10 weeks (no class 7/4, 9/5)

**Class Time:** 10:30 - 11:10am

**Location:** Zoom      **Fee:** \$45

### 5519.300 SUMMER STRONG

This is a full body weight training class which will challenge all of the major muscle groups utilizing powerful strength training techniques. Increase core strength, stability, and burn calories! All levels are welcome!

**Instructor:** Sue Moreschi ACE certified instructor

**Date:** 6/27 - 9/12 for 10 weeks (no class 7/4, 9/5)

**Class Time:** Mondays 5:30 - 6:15pm  
**Location:** Room 16      **Fee:** \$40



**5521.300 IT'S HIIT**

Summertime High Intensity interval training session that is designed to help you meet your fitness goals. Short bursts of all-out effort followed by recovery. Format will vary from Tabata, Bootcamp, and Circuit Training formats. Be ready to sweat! All levels are welcome!

**Instructor:** Sue Moreschi ACE certified instructor

**Date:** 6/27 - 9/12 for 10 weeks (no class 7/4, 9/5)

**Class Time:** Mondays 6:20 - 7:05pm

**Location:** Room 16 **Fee:** \$40

**5522.300 TOTAL BODY CONDITIONING**

Total Body Conditioning....energetic moderate to high intensity self challenging total body workout. Cardio drills fused with strength and endurance intervals using resistance equipment and body weight. A great calorie burner, all are welcome!

**Instructor:** Sue Moreschi ACE certified instructor

**Date:** 6/28 - 9/13 for 12 weeks

**Class Time:** Tuesdays 5:45 - 6:30pm

**Location:** Room 16 **Fee:** \$45

**5522.301 SUMMER SIZZLE**

Is a challenging total body cardio, strength, endurance, and core workout! Intervals at various levels including modifications for all!

**Instructor:** Sue Moreschi ACE certified instructor

**Class Time:** Thursdays 6:05 - 6:50pm

**Date:** 6/30 - 9/15 for 12 weeks

**Location:** Room 16 **Fee:** \$45

**5100.300 TAI CHI CH'UAN**

"Relaxed physical movement with a peaceful but focused mind"  
D.C.R. Tai Chi is an excellent internal exercise combined with external movement for men and women of all ages and physical abilities. The early effect of Tai Chi is lowering of blood pressure and stress reduction due to the relaxed, gentle movements of the Tai Chi form.

**Instructor:** David Ritchie, Director of Central CT Tai Chi Ch'uan

**Date:** 6/28 - 8/30 for 10 weeks

**Class Time:** Tuesday 7:00 - 8:00pm

**Location:** Room 15 **Fee:** \$65

**5511.300 CARDIO KICKBOXING**

Feel stronger and more in tune with your body with Cardio Kickboxing combinations that will have you punching and kicking your way to a more powerful core.

**Instructor:** Kristie Miller

**Time:** Tuesdays 5:00 - 5:45pm

**Date:** 6/28 - 9/13 for 12 weeks

**Location:** Room 15 **Fee:** \$45

**5511.301 PIYO CARDIO**

An amazing integration of cardio mixed with pilates and yoga inspired moves that will strengthen and stretch your body. Bring a towel because you will definitely sweat!

**Instructor:** Kristie Miller

**Time:** Tuesdays 5:50 - 6:35pm

**Date:** 6/28 - 9/13 for 12 weeks

**Location:** Room 15 **Fee:** \$45

**5105. SWING SHIFT (50+ YEARS OLD)**

This class is designed for the active senior. Move and step to your favorite music as you improve your cardiovascular health. Strength and balance exercises also included for complete fitness. This class will keep you moving and keep you doing the activities you love to do! Class is for 50+ Adult

**Instructor:** Cheryl Myers, NETA Certified Instructor

**Dates:** 6/29 - 9/16 for 12 weeks

**Class Time:** .300 Wed. & Fri.

10:20 - 11:05am

.301 Wed. & Fri. 11:15 - 12:00pm

**Location:** Room 16 **Fee:** \$25

**5019. PILATES**

This series will leave you feeling longer, leaner, and more limber! Pilates helps to strengthen the core, align the body, increase flexibility, and improve posture. Each class, the instructor will guide you through a series of exercises on the mat to target different muscle groups and build mind-body awareness. No experience necessary. Modifications are offered throughout class to appropriately challenge beginner through advanced students.

**Instructor:** Jessica Glynn

**Mondays 5019.300** 11:00 - 11:45am

**Date:** 6/27 - 9/12 for 9 weeks

(no class 7/4, 7/18, 9/5)

**Location:** Room 15

**Fee:** \$38

**Wednesdays 5019.301**

11:00 - 11:45am

**Date:** 6/29 - 9/14 for 10 weeks

(no class 7/13, 7/20)

**Location:** Room 15

**Fee:** \$45

**5510 ZUMBA!®**

The Zumba® program fuses hypnotic Latin & International rhythms and easy-to-follow moves to create a one-of-a-kind fitness program that will blow you away. Zumba® Fanatics achieve long-term benefits while experiencing an absolute blast in one exciting hour of calorie-burning, body-energizing, awe-inspiring movements meant to engage and captivate for life! The routines feature interval training sessions where fast and slow rhythms and resistance training are combined to tone and sculpt your body while burning fat. Add some Latin flavor and international zest into the mix and you've got a Zumba® class.

**.300 ZUMBA MONDAYS 7:10-7:55 PM**

**Instructor:** Cheryl Myers Zumba and NETA certified instructor

**Dates:** 6/27-9/12 for 10 weeks

(no class 7/4, 9/5)

**Location:** Room 16 **Fee:** \$40

**.303 ZUMBA WEDNESDAYS 7:30-8:30 PM**

**Instructor:** Fee Adams, AFAA and Zumba certified instructor

**Date:** 6/29 - 9/14 for 12 weeks

**Location:** Room 16 **Fee:** \$45

**.307 ZUMBA THURSDAYS 5:15-6:00 PM**

**Instructor:** Becky Fusco certified Zumba instructor

**Date:** 6/30 - 9/15 for 12 weeks

**Location:** Room 15 **Fee:** \$45

**.306 ZUMBA THURSDAYS 7:00-7:45 PM**

**Instructor:** Lisa Wasylean certified Zumba instructor

**Date:** 6/30 - 9/15 for 12 weeks

**Location:** Room 15 **Fee:** \$45

### Summer 22 Health and Fitness Schedule

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Early Morning	6:00 - 6:45 AM Jess H Virtual Power Up	6:00 - 6:45 AM Jess H Early Morning Pump	6:00 - 6:45 AM Jess H Virtual Power Up	6:00 - 6:45 AM Jess H Early Morning Pump	6:00 - 6:45 AM Jess H Virtual Power Up	
		7:45 - 8:45 AM Stacey Total Toning		7:45 - 8:45 AM Stacey Total Toning		
Morning	9:30 - 10:45 AM Zorayda Basic Yoga 15		9:30 - 10:45 AM Christina Mixed Level Yoga 15	9:30-10:45 AM Christina Gentle Yoga 16	9:30 - 10:45 AM Christina Breathe and Relieve Yoga 15	9:00 - 10:15 AM Christina Weekend Yoga 16
	9:30-10:45 AM Christina Gentle Yoga 16		10:20 - 11:05 AM Cheryl Swing Shift 50+ 16		10:20 - 11:05 AM Cheryl Swing Shift 50+ 16	
	10:30 - 11:10 AM Stacey Zoom Zoom		11:15 - 12:00 AM Cheryl Swing Shift 50+ 16		11:15 - 12:00 AM Cheryl Swing Shift 50+ 16	
Afternoon	11:00 - 11:45 AM Zorayda Yoga for Non Flexible People 16		11:00 - 11:45 AM Jessica G Pilates 15			
	11:00 - 11:45 AM Jessica G Pilates 15	12:05 - 12:50 PM Lauren Baby Boomer Boogie 16		12:05 - 12:50 PM Lauren Baby Boomer Boogie 16		
Evening	12:00 - 1:00 PM Elaine Arthritis 15	1:00 - 1:45 PM Lauren Chair Yoga 16		1:00 - 1:45 PM Lauren Chair Yoga 16		
	5:30 - 6:30 PM Cathy Active Vinyasa Yoga 15		5:00 - 5:45 PM Linda Pilates Plus Core 16	5:15 - 6:00 PM Becky ZUMBA 15		
	5:30 - 6:15 PM Sue Hardcore Strength 16	5:00 - 5:45 PM Kristie Cardio Kickboxing 15	6:05 - 6:50 PM Linda Fusion of Strength 16	5:30 - 6:30 PM Christina Yoga with Weights 16		
	6:20 - 7:05 PM Sue M. It's HIIT 16	5:45 - 6:30 PM Sue M Total Body Conditioning 16		7:00 - 7:45 PM Sue M. Summer Sizzle 16		
	7:10 - 7:55 PM Cheryl ZUMBA 16	5:50 - 6:35 PM Kristie PiYo Cardio 15	7:30 - 8:30 PM Fee ZUMBA 16	7:00 - 7:45 PM Lisa ZUMBA 15		
		7:00 - 8:15 PM Zorayda Therapeutic Yoga 14				
		7:00 - 8:00 PM Central CT Tai Chi Tai Chi 15				

## KEY

VIRTUAL CLASS

IN PERSON





## Performing Arts

### KIDS DANCE

#### TWIRLING PRINCE & PRINCESS CAMP AGES 3-5

Calling all you princes and princesses! Come and twirl with us through a week dedicated to all of our fairytale characters! This camp is designed specifically with the little ones in minds. We will dance our way through fairytale land focusing on a different prince and princess each day. Different genres of dance will be explored such as ballet, tap, and jazz as we incorporate dance steps with your favorite Disney songs. Both dance and theater games will enhance this program allowing your little one to use their imagination and creativity! Bring a nut free snack

**6020.300:** June 27th - July 1st  
9:00am-12:00pm

**6020.301:** July 18th – July 22nd  
9:00am-12:00pm

**Location:** Room 14

**Instructor:** Amy Malone **Fee:** \$95

#### SUMMER DANCE & CHEER CAMP AGES 7 - 10

Join Parks and Rec this summer for our Dance & Cheer Camp! Plan on having a day of dance instruction in all genres including Hip Hop and Jazz, student choreography, dance games!! Ready, Set, Cheer! Each camper will learn cheers, proper hand and body movements, and jumping techniques. We will also focus on basic tumbling and mounting skills. Both dance and cheer sessions will promote self-confidence and team building! We will integrate both cheer and dance together to make one comprehensive showcase piece to be performed on the last day of camp for friends and family! Please wear comfortable Active Wear, sneakers and bring plenty of water! Bring a nut free snack/lunch

**6020.304:** Monday – Friday July 11th – July 15th 9:00am - 1:00pm

**6020.305:** Monday – Friday August 1st – August 5th 9:00am – 1:00pm

**Location:** Room 14

**Instructor:** Amy Malone **Fee:** \$110

#### 6000.301 DIAPER DARLING DANCE CLASS AGES 18MO. – 3 YEARS

Diaper Darlings is an introductory dance class for your young toddler. The children will begin to explore movement, balance and begin to develop listening skills with instructional music and songs. This class is a great way to introduce your child to the love of dance! Parent participation is required.

**When:** Tuesdays June 28th – August 9th 4:00pm - 4:30pm for 6 weeks (no class 7/5)

**Instructor:** Amy Malone Tuesdays

**Location:** Room 14 **Fee:** \$40

#### 6000.304 BALLET & TAP COMBINATION DANCE CLASSES AGES 3-4

This class is an introduction to both Ballet and Tap dance. Children will begin to learn the fundamentals of both subjects, in a structured setting, such as marching in line, making circles and listening to specific instruction. Several fun activities including creative movement will be explored while also having the opportunity to interact with their classmates!

**When:** Tuesdays June 28th – August 9th 4:35pm - 5:35pm for 6 weeks (no class 7/5)

**Instructor:** Amy Malone Tuesdays

**Location:** Room 14 **Fee:** \$50

#### 6000.306 BALLET & TAP COMBINATION CLASSES AGES 5-6

In this class the children will expand their education through an age appropriate curriculum. Participants will begin to learn the proper vocabulary and definitions of both ballet and tap steps, as well as be introduced to music interpretation.

**When:** Tuesdays June 28th – August 9th 5:40pm - 6:40pm for 6 weeks (no class 7/5)

**Instructor:** Amy Malone Tuesdays

**Location:** Room 14 **Fee:** \$50

#### 6000.307 JAZZ/HIP HOP COMBO AGES 5-7

Come learn some fun urban dance moves in this funky hip hop class! Using today's popular dance music, we'll do a warm up and learn some steps center floor and travelling back and forth across the dance floor. Then we will put those learned steps together to music to make an awesome hip hop combination. We will add on weekly to make one cool routine that you can show off to your friends and family. Please wear clean sneakers and exercise clothes and bring plenty of water.

**When:** Tuesdays June 28th – August 9th 6:45pm - 7:30pm for 6 weeks (no class 7/5)

**Instructor:** Amy Malone

**Location:** Room 14 **Fee:** \$55

### ADULT DANCE

#### 6012.301 ADULT TAP DANCE AGES 18 & UP

Whether you have ever tap danced in your childhood, tap dance now, or just have always had a secret passion to learn how to Tap dance, this is the class is for you! It is so great to make those fun clicking noises with your heels and toes! Learn the basic fundamentals and terminology of the art of tap dancing, such as shuffles and flaps, and then put the steps together to dance the popular and traditional tap moves, like the hit Broadway show "42nd Street". So shuffle off the Buffalo and come join us for this new exciting class for Adults!!

\*\*Please wear a hard soled shoe, or tap shoes. Flat Tap shoes are great!

**When:** Thursdays July 14th – August 11th 6:30pm - 7:15pm for 5 weeks

**Instructor:** Sharon Wilhelm

**Location:** Room 14 **Fee:** \$40

## Fine Arts

### ALL NEW SUMMER OFFERINGS!!!

#### **NEW!** 8038.301 UNDER THE SEA

Let's take a deep dive and create cool art projects with colorful, wild creatures from the deep blue sea. Dolphins, jellyfish and sea turtles, oh my! We will be getting messy, so wear your art clothes and get ready to let your imagination take you under the sea!

**Ages 7 - 12**

**When:** June 20th – June 24th

**Time:** 10:00am - 12:00pm

**Location:** Room 7

**Instructor:** Kim Larkin

**Fee:** \$55.00

#### **NEW!** 8038.303 FUN WITH FEET

Let's see how many things we can make with footprints! Draw your favorite shoe or sneaker, create an acrylic painting of collaged flip flops, create a garden stone with footprints and tiled gem stones. Let your imagination 'run' wild.

Children Entering Grades 3-5

**When:** June 27th – June 30th

(Mon-Thurs)

**Time:** 10:00am -12:00pm

**Location:** Room 7

**Instructor:** Sue Murphy

**Fee:** \$45.00

#### **NEW!** 8038.302 GOTTA HAND IT TO YOU

Let's see how many things we can create with handprints! Design 3-D sunflowers with cut paper, create sign language art using clay, create a garden stone with hand prints and tiles and gem stones.

Children Entering Grades 3-5

**When:** July 11th – July 14th /

(Mon – Thurs)

**Time:** 10:00am -12:00pm

**Location:** Room 12

**Instructor:** Sue Murphy

**Fee:** \$45.00

#### **NEW!** 8038.304 SUMMER ART BLAST

School's out for summer and we'll be celebrating by drawing, painting and sculpting art projects with a summer theme! Cool shells, sand painting and pop dot collage will be our summer twist on our week of fun! Wear your art clothes, we'll be gettin' messy.

**Ages 7 - 12**

**When:** July 18th – July 22nd

**Time:** 10:00am - 12:00pm

**Location:** Room 7

**Instructor:** Kim Larkin

**Fee:** \$55.00

#### **NEW!** 8038.305 INTO THE WOODS

Come create unique, one of a kind projects using pattern and design with all things wood! Shapes like hexagons, circles, trapezoids will be used in our project construction. We'll "puzzle it out" and also learn some cool Ombre painting techniques to make our creations come alive! Wear your art clothes, we'll be gluing and painting the week away!

**Ages 7 - 12**

**When:** August 8th – August 12th

**Time:** 10:00am -12:00pm

**Location:** Room 7

**Instructor:** Kim Larkin

**Fee:** \$55.00

#### 7200.300 CUPCAKE DECORATING FOR KIDS (AGES 6-12)

Come decorate seasonal themed cupcakes under the direction of professional cake decorators! The team from Alyssa's Cakery in Wallingford will be on hand to teach and guide the decorating of pre-baked cupcakes. Each participant will decorate a dozen cupcakes, 6 chocolate and 6 funfetti, all decorated with a holiday theme. One parent is encouraged to join younger children, but not required. Registration deadline two weeks prior to event.

**When:** Wednesday, June 8th

5:30pm – 7:00pm

**Location:** Room 7

**Fee:** \$35

**Instructors:** Alyssa Nieves, Owner of Alyssa's Cakery and Staff

## Special Events

#### BIG SCREEN FAMILY MOVIE NIGHT

August 17, 2022

Family Movie Night "Sound Spectrum Entertainment" will be setting up 24x13 inflatable screen for families to view a movie. Bring your boxed dinner, pizza, popcorn and enjoy this family event. Time TBD. Rain date August 18, 2022.

**Location:** Parage Grounds

#### HIGH NOON TUNES IS RETURNING!

July 8, 15, 22, 29, 2022

This free 4-week concert series will be held at Johanna Manfreda Fishbein Parks Gazebo. This will be a family friendly concert series geared to families with young children. The concerts will be held from 12:00-12:45. Families are encouraged to pack a picnic lunch and enjoy the music.

There will be no rain date for any concerts due to inclement weather.

#### 2022 "R" BAND 350 +2 JUBILEE CONCERT

The "R" Band will be performing on Thursday June 23, 2022 for the 350+2 celebration. The concert will be held at the Wallingford Senior Center and will begin at 6:30p.m.-7:45p.m.

#### 2021 "R" BAND CONCERT SERIES

The "R" Band under the direction of Patricia Lignelli and sponsored by the Wallingford Parks and Recreation Department and the Wallingford Senior Center will present the following performances for the 2022 summer. All concerts are held at the Wallingford Senior Center.

(4) Thursday Concerts.

July 7, 14, 21, 28, 2022

Concerts begin at 6:30p.m-7:45p.m.

There are no tickets for this concert. First come first serve seating.



**Wallingford 350th + 2 Jubilee Schedule of Events: June 18 - 25, 2022**



**June 18 Saturday**  
**Jubilee Float Parade Day**

*Sponsor: Ulbrich Stainless Steels & Special Metals  
Moses Y. Beach School to Lyman Hall High School*



**June 20, Monday**  
**History & Diversity Day**  
*Sponsor: Wallingford Historical Society*



**June 22, Wednesday**  
**Business & Agriculture Day**  
*Sponsor: Quinipiac Chamber, Allnex & Roehm,  
Host: Gaylord*



**June 24, Friday**  
**Youth Day Events**  
*Sponsors: Wallingford Parks and Recreation and  
Wallingford YMCA*  
**Free Block Dance**  
*Sponsor: Members First CT Credit Union & Anthem*  
**Fireworks, Sponsor: Masonicare**  
*Host: Mark T. Sheehan High School*



**June 19 Sunday**  
**Faith Day and Juneteenth Observance**  
*Sponsor: Choate - Rosemary Hall*  
**International Food Fest**  
*Wallingford Historical Society*



**June 21, Tuesday**  
**Women's Day Events**  
*Sponsor: Mid State Medical Center,  
Mutual Security Credit Union*  
*Host/ Sponsor: Wallingford Community Women*



**June 23, Thursday**  
**Senior Day Events**  
*Host: Wallingford Senior Center*  
*Sponsor: Mid State Medical Center*  
**Summer Sidewalk Stroll**  
*Wallingford Center Inc.*



**June 25, Saturday**  
**Gala Ball (Black -Tie)**  
*Major Sponsor: Choate -Rosemary Hall*  
*Sponsors: Wallingford Funeral Home, B.C. Bailey Funeral Home*

*Additionally: Wallingford Community Theatre's Jubilee "1776" Play, Bob Parisi Town Hall Chambers, June 10-11-12,  
Community Walkathon, YMCA Community events and more! [Wallingford350.org](http://Wallingford350.org) \* Email: [Wallingford350@gmail.com](mailto:Wallingford350@gmail.com)*

**Family Movie Night**  
**Wednesday, August 17th**  
**FREE EVENT @ Parade Grounds**  
**Movie & Start Time TBD**  
**Bring a lawn chair and snacks for your family to enjoy**

# Twilight Tunes 2022

Wednesday Nights 7:00pm – 8:30pm

Wallingford Parade Grounds

Sponsored by Wallingford Parks and Recreation

July 6, 2022

## Memphis Soul Spectacular

**A stomping tribute to the Southern Soul Sound that rocked the planet. In the 1960's the cities of Memphis, Macon and Muscle Shoals were home to the Southern soul sound that made the world dance – the musical wellsprings of greats like Sam & Dave, Al Green, Otis Redding and more. With the dynamite vocals of Rob “Mr. Big Stuff” Jockel, a relentless rhythm section with brass-knuckles. Memphis Soul Spectacular brings to life the laid-back romance, sweaty groove and the front-pew power of the Southern Soul era.**



July 13, 2022

## Sun Kings

**Come join us and relive a magical time in music history with “SUN KINGS – A BEATLES TRIBUTE.” Sit back, relax, and enjoy the music created by one of the most influential bands of our time. You’ll hear many of their No. 1 hits as well as some of their lesser known tunes – all performed with an attention to detail duplicating their tight harmonies, fancy guitar work, and solid backbeat. In other words, that signature Beatles sound! [www.sunkingsabeatletribute.com](http://www.sunkingsabeatletribute.com)**



July 20, 2022

## Southern Voice

**Southern Voice is a popular Ct. based Modern Country Band. They play a variety of country covers by artist such as Tim McGraw, Jason Aldean, Zak Brown, Carrie Underwood, Miranda Lambert, Blake Shelton and more. They also add a few classic rock, modern pop and R&B covers to mix it up!**





# Twilight Tunes 2022

## July 27, 2022 - Center Line

Center Line is a New England/Connecticut-based band made up of seasoned musicians playing a “hot mix of rock-n-roll, country and blues”. They cover a range of music to satisfy a variety of musical tastes. They play popular songs from bands such as Tom Petty, Blues Brothers, Eric Clapton, Chuck Berry, NRBQ, Elvis, Fabulous Thunderbirds, Eagles, Lynyrd Skynyrd, Muddy Waters, Bruce Springsteen, Creedence, George Thorogood, Allman Brothers, Darrius Rucker, Delbert McClinton, Johnny Rivers, Stevie Ray Vaughn, and more. Band members have played in top CT, New England and national touring bands including L&B All-Star Review, TireBiter, The Modeans, Plywood Cowboy, NightFlight and others. They’ve performed at some of most popular clubs and venues in the northeast, including Big E, Boston and Hartford First Nights, Music Mountain and many town summer concert series and festivals.



Center Line was nominated as one of the Best Overall and Best Jam Bands in the CTNow 2019 Best of Hartford reader’s poll. Please check out our [website www.CenterLineBandet.com](http://www.CenterLineBandet.com) for additional band information, music samples, venues played and contact information.

## August 3, 2022

### KSF

KSF is a six-piece Connecticut band that brings the audience an authentic recreation of the hits of classic rock’s iconic hitmakers - Kansas, Styx and Foreigner. Formed in 2019, KSF has been thrilling crowds with their spot-on musical renditions and vocal harmonies of the songs that have been on airwaves regularly from the 1970’s through today. From rockers to ballads, KSF delivers a high-energy, memorable show suitable for all ages that will have the audience singing along and dancing in the aisles.

[www.ksf.rocks](http://www.ksf.rocks) facebook: @ksftribute



## August 20, 2022 LiveWired Band

LiveWired is an 80's anthem/rock cover band playing your favorite tunes from the music legends you know and love like Van Halen, Journey, Bon Jovi, Prince, Don Henley, Duran Duran, Night Ranger and many more. Come experience the energy that LiveWired brings to the stage. You'll be singing along and dancing to all your favorite upbeat, rocking tunes from one of the greatest eras in music history. LiveWired's music delivers summer fun for the entire family!



# Host **HERE!** Your Party

**Looking for a place to host your next birthday party, baby shower, family reunion, or board meeting? Rent one of our rooms that can host up to 75 people with tables and chairs provided for you. Or if it's a nice day, get outside and rent one of our park pavilions! Rentals are on a first come basis so plan ahead and get your rental application in.**

## **FEES**

- **Meeting Rooms starting at \$25 per hour**
- **Projector with screen available for movies/presentations for additional \$25**
  - **Park Pavilions \$50 per reservation**

**Download our facility request packet from our website at [www.wallingfordrec.com](http://www.wallingfordrec.com) for more information.**

**Call 203-294-2120 for more information or email [parksrec@wallingfordct.gov](mailto:parksrec@wallingfordct.gov) for a rental form.**



**WELCOME TO *BARKS & RECREATION*****BERT & HARRY SUBKOWSKI DOG PARK**

Located on Quinnipiac Street, our furry friends can enjoy 2 acres of fenced in fun to run around and play!

**WALLINGFORD LAND TRUST**

Are you looking For Some Hikes that Give Secluded, "Deep Woods" Experience? The Wallingford Land Trust invites you to two of our trail systems. Check For information online at [www.WallingfordLandTrust.org](http://www.WallingfordLandTrust.org). The Land Trust's newest trail located on Three Meadows Property: A Short, flat nature hike on Bridle Lane, off Woodhouse Ave. This trail is meant for those looking for a brief, less arduous nature experience and is especially rewarding for the bird enthusiast. The parcel backs up to quiet neighbors and contains several varied habitats; meadows, wetlands with a stream running through the central corridor, a cedar stand, some scrub growth and early successional forest, all of which provide cover, shelter and food to a wide range of amphibians, mammals, butterflies and birds. A large sugar maple provides a shady picnic area, complete with two benches for those who want to sit and enjoy this serene area. Orchard Glenn/Spruce Glen: This hike starts with a short descent to a picturesque stream crossing. Use Route 68 and turn north on to Barnes Park Road North to get to the trailhead. At the end, park at the Large "Wallingford Land Trust" sign. Please pack out what you bring in. No motorized vehicles are allowed. Go to [www.wallingfordlandtrust.org](http://www.wallingfordlandtrust.org) for a trail map and be sure to look at the map in the kiosk at the beginning of the trail.

**TYLER MILL PRESERVE**

Tyler Mill Preserve has approximately 11 miles of well blazed trails through fields, wetlands, woodlands and along streams and the Muddy River. Many of the trails are loop trails that will bring you back to where you began. There is also an interpretive nature trail in the preserve with 25 numbered stops of interest. **NO MOTORIOZED VEHICLES** are allowed on these trails! Trail maps are available at the Parks and Recreation Department, the Wallingford Public Library and the Environmental Planning Office in Town Hall. PLEASE NOTE SAFETY NOTICE: small game hunting is allowed in the preserve; Mondays, Wednesdays, Saturdays and Thanksgiving Day, October - February. Do not use the preserve on these days for safety reasons.

**THE NEW ENGLAND TRAIL**

Many people are not aware that a national scenic trail runs through Wallingford. The New England Trail was designated a national scenic trail in 2009. Comprised of the Metacomet, Mattabesett and Monadnock trails, the trail is 215 miles and goes from Long Island Sound in Guilford to Mount Monadnock in New Hampshire. Approximately 6 miles of this trail crosses the ridge in Wallingford through Trimountain State Park. It is a steep hike up to the ridge, but the breathtaking views make the hike worth the effort. There are three access points to this section of the trail, off of route 68 just after the junction with route 157, off of Cliffside Dr., and off of Howd Rd. in Durham, just over the border from Wallingford. Feel part of something larger that is nationally recognized! [www.newenglandtrail.org](http://www.newenglandtrail.org)

**FRESH MEADOWS**

This town-owned open space property on Cheshire Rd. has accessible trails which are composed of paving or stone dust and graded to comply with the Americans with Disabilities Act standards. There is approximately 1 mile of accessible trails which are 6' and 8' wide. One trail goes along the edge of Cheshire Rd., one is a loop through a butterfly meadow, and one goes to the property's pond. Amenities include 2 benches and an accessible portable toilet. The property includes a variety of wildlife and a glacial erratic, a large boulder deposited by a glacier. There is also a wooded trail about a third of a mile long up the hill overlooking the pond.

**USE OF DAVID DOHERTY FACILITY:**

Permits are required for use of any rooms or gymnasiums. Permits are given out on a first come first serve basis to residents, businesses and non-profit organizations of Wallingford. Reservations will not be received over the phone. Persons must fill out the facility request form which is available at the Front office of the Rec Dept. Fee schedule for room rental is available upon request. Room rental is subject to availability. Requested use must not conflict with any Recreation Department activity.

**USE OF PARK PAVILIONS:**

Permits are required for use of pavilions and fields. Permits are given out on a first come first serve basis to residents, businesses and non-profit organizations of Wallingford. Reservations will not be received over the phone. Persons must fill out the facility request form which is available at the Front office of the Rec Dept.

RECYCLING must be done by each person using any Town of Wallingford Recreational Facility. The items you must recycle are newspapers, corrugated cardboard, office paper, glass bottles, and plastic containers #1 or #2 and scrap metals. Town containers are for rubbish, not recycling. With your help recycling works!





**1 – PIRE PARK** - Located on Northfield Road. This park includes a hardball field, basketball court and playground equipment. 3.5 acres

**2 – BERTINI PARK** - Located on West Dayton Hill Road. Includes a low ropes course and a nature trail for hiking. 76.5 acres

**3 – CARINI FIELD** - Located on Woodhouse Avenue. This field includes a large soccer field with two smaller fields crossing them.

**4 – COMMUNITY LAKE PARK** - Located on the West Shore of Community Lake off Hall Avenue. The park offers a pavilion for picnics with restrooms, electricity, two tennis courts with lights, one sand volleyball court, a baseball field, basketball court, and play-ground equipment. 9.3 acres-

**5 – COOK HILL SCHOOL** - Located on School House Road, which includes a hardball field.

**6 – COYLE FIELD** - Located on Woodhouse Avenue, includes a large soccer field with two smaller fields crossing them.

**7 – DAG HAMMARSKJOLD MIDDLE SCHOOL** - Located on Pond Hill Road, includes a hardball field and a softball field. 30.7 acres

**8 – DOOLITTLE PARK** - Located on South Elm Street, includes ball fields, 4-lighted tennis courts and two basketball courts. This park is also known for its wonderful play-scape. 15.4 acres

**9 – DUTTON PARK** - This park is located at the end of North Main Street, is the home to a Civil War Monument and the Vietnam Veterans Memorial. .2 acres

**10 – HARRIET WALLACE PARK** - This park is located on North Elm Street and is a passive park with benches. 6 acres

**11 – HARRISON PARK** - This park is located on Cedar Lane and includes youth baseball field, three tennis courts, and pickleball courts. 15.4 acres

**12 – HIGHLAND SCHOOL** - Located on Highland Avenue, and includes a softball field. 21.0 acres

**13 – JOHANNA MANFREDA FISHBEIN PARK** - This park is located on North Colony Road, includes a Gazebo and is permitted out for special events at discretion of Director. Electricity is available upon request. .7 acres

**14 – KENDRICK PARK** - This park is located at the end of Grandview Avenue. This park includes a small basketball court and playground equipment. 9.2 acres-

**15 – LYMAN HALL H.S.** - Located on Pond Hill Road, and includes two softball fields, soccer field, football field, and a practice football field. 51.6 acres

**16 – LUFBERY PARK** - Going west on Cheshire Road, it is located at the first bend of the road. This park is home to the Flying Ace Frisbee Golf Course. It has a pavilion for picnics, a small open field, and nature trail. Electrical outlets are available. 45.1 acres

**17 – MARCUS COOKE PARK** - This park is located on Old Rock Hill Rd. and has a pavilion, playground equipment and a ball field and a series of connecting loop trails through a wooded area. A perfect place to take young hikers. 34.6 acres

**18 – MORAN MIDDLE SCHOOL** - Located on Hope Hill Road, includes a hardball field. 40.3 acres

**19 – MOSES Y. BEACH SCHOOL** - Located on North Main Street, includes two youth girls softball fields, and one youth rookie field. 6.0 acres

**20 – PARKER FARMS SCHOOL** - Located on Parker Farms Road, includes 6 baseball fields. 20.3 acres

**21 – PAT WALL FIELD** - Located on South Elm Street and includes a High School baseball field. 8.4 acres

**22 – PRAGEMANN PARK** - This park is located on Oak Street, Yalesville. It includes 6 softball fields (youth and adult) with lights, a small multi-purpose field with no lights, large soccer field, two small fields crossing a large field, large multi-purpose lacrosse, youth soccer and youth football field with lights and field house with restrooms. 26.2 acres.

**23- QUINNIPIAC RIVER LINEAR TRAIL** - A handicap accessible paved trail extending 2.2 miles from Hall Ave. north along the west side of the river, through a tunnel underneath Rt. 15 and ending next to the river. When complete the Wallingford trail will cover 6.7 miles across the town of Wallingford.

**24 – RICHARD SHEAHAN PARK** - Located on Algonquin Drive, includes youth girls softball field, basketball court, and playground equipment. .8 acres

**25 – SHEEHAN HIGH SCHOOL** - Located on Hope Hill Road, includes a hardball and softball field. 44.5 acres

**26 – STEVENS SCHOOL** - Located on Kondracki Lane, includes a softball field, basketball court, and playground equipment.

**27 – VIETNAM VETERANS MEMORIAL FIELD** - Located on East Center Street, includes two Little League baseball fields, five large soccer fields, two small soccer fields crossing one of the larger fields, pavilion, and community gardens.

**28 – WALLACE PARK** - Located on Quinnipiac Street, home of Wallingford's Monument Park, includes playground equipment. 20.7 acres

**29 – DARLENE FALCONERI WESTSIDE FIELD** - Located on East and South Streets. This park includes adult softball field with lights, field house with restrooms, High School baseball field, roller/street hockey court, football field, and playground equipment. 5.95 acres

**30 – STANLEY BUDLESKI** - Located on Main St. Rt.150 Yalesville "The Yalesville Green"

**31 – GRAND ST. PARK** - Located on Grand St. and Washington St. The new home of Wallingford's monument park, includes a basketball court, swings and a slide. .64 acres.

All forms must be accompanied by full payment. Mail In or Drop Off at the above address. Please print clearly.

Household Account Last Name: \_\_\_\_\_

Participant First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Male / Female: \_\_\_\_\_ Date of Birth: (mm / dd / yyyy) \_\_\_\_\_ Grade as of Sept. 2021

Address: \_\_\_\_\_  
No. & Street Town Zip

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Does Participant require EPI Pen Y/N \_\_\_\_\_ if yes, what is the allergy \_\_\_\_\_, has Asthma Y/N \_\_\_\_\_,

or other Health Issues Y/N \_\_\_\_\_ **Shirt Size** (if applicable) \_\_\_\_\_ Youth S-M-L / Adult S-M-L-XL

Emergency Contact/Number other than Parent? \_\_\_\_\_ Phone: \_\_\_\_\_

Any Special Needs or Concerns: \_\_\_\_\_

Please check box to request the services of our Therapeutic Recreation Specialist

Course #	Course / Program Title	Day & Time	Fee

**PAYMENT METHOD IN PERSON:**

**CASH** - please have **EXACT AMOUNT**

**CHECK** - Make checks payable to  
 "Treasurer Town of Wallingford"

**PAYMENT METHOD ONLINE: Credit Card ONLY**

Fees:

Credit:

Total Amount:

## REGISTER ONE OF THESE WAYS:

**BY MAIL:** You may mail in your registration once you receive an online notification or the brochure. Mail-in registrations will be processed as they are received. Please include a completed registration form and a check made payable to: Treasurer, Town of Wallingford.

**DROP-OFF IN PERSON:** Come to the Recreation Department office and drop your registration form and payment at the window. Drop-off registrations will be processed as they are received.

**DROP-OFF BEFORE BUSINESS HOURS:** A registration lockbox is conveniently located around the right side of the reception window for you to drop off registrations when the office is closed. Registrations will be received at the opening of the business day and processed accordingly pending previous days registrations. **Checks only, please.**

**CREDIT CARD ON-LINE ONLY:** Activities and facilities may be paid for at checkout (**ON LINE ONLY**) by credit card. The customer will assume a 3% non-refundable credit card transaction fee in addition to the cost of the program(s)/facilities they register for. **Credit cards will not be accepted in person at the reception window.**

**NON-RESIDENT:** There will be a one-week delay in processing Non-residents registrations at the start of a program. This will allow Wallingford residents to register for programs.



Wallingford Parks & Recreation presents:

The  
**Cheesecake  
Factory**



# Charles Riverboat Cruise

**Saturday, July 16, 2022**

## It's all aboard for a great day in Boston!

**Narrated Cruise** on the legendary Charles River. Highlights: sights of Boston and Cambridge, Beacon Hill, Back Bay, Boston University, M.I.T., Harvard, countless sailboats & rowers...and much more.

Prior to our cruise enjoy lunch at The **Cheesecake Factory** a unique, upscale casual dining, lavish decor, high energy atmosphere. Delicious menu: choice of entree, beverage, dive into Original, Chocolate Mousse or Dulce deLeche Caramel cheesecake. Entree choice that day!

**COST: \$127.pp based on 35-50**

**Depart:** 8:30am Wallingford Park & Rec, 6 Fairfield Blvd

**Estimated Return:** 6:30pm Wallingford

**Trip Questions:** Wallingford Park & Rec 203-294-2120



## Ride the Riverboat on The Charles !



**FRIENDSHIP TOURS**  
**THE SHIP SHOP**  
705 Bloomfield Ave, Bloomfield, CT 06002  
860-243-1630 • 800-243-1630

This package is subject to our full terms and conditions which can be found on our website at [www.friendshiptours.net/tour-policies](http://www.friendshiptours.net/tour-policies). Paper copies are available upon request. By signing up to participate in the tour, you are agreeing to be bound to these terms and conditions. Therefore, you must read the terms and conditions in their entirety. By signing up for the tour, making a payment and continuing to use our services, you are agreeing to be bound by the Terms and Conditions. Should you disagree with any of the terms you must speak with us before signing up for a tour.

# Wallingford Youth League Information



## Wallingford Flag Football

President: Dom Colavito  
Email: [dominic.colavito@gmail.com](mailto:dominic.colavito@gmail.com)  
Website: [www.hkiimemorialflagfootball.com](http://www.hkiimemorialflagfootball.com)



## Wallingford Vikings Football

President: Marc Francis  
Email: [Wallingford.vikings@yahoo.com](mailto:Wallingford.vikings@yahoo.com)  
Website: [www.wallingfordvikings.com](http://www.wallingfordvikings.com)



## Wallingford Little League

President: Eric Lyons  
Email: [wallingfordlittleleague@gmail.com](mailto:wallingfordlittleleague@gmail.com)  
Website: [www.wallingfordlittleleague.com](http://www.wallingfordlittleleague.com)



## Yalesville Little League

President: Ray Gomes  
Email: [yalesvilleLL@gmail.com](mailto:yalesvilleLL@gmail.com)  
Website: [www.yalesvillelittleleague.com](http://www.yalesvillelittleleague.com)



## Girls Little League Softball of Wallingford Fast Pitch

President: Kristine Carling  
Email: [wallingfordLLS@gmail.com](mailto:wallingfordLLS@gmail.com)  
Website: [www.gllsow.org](http://www.gllsow.org)



## Wallingford Girls Softball League Slow Pitch

President: Marc Tangredi  
Email: [WGSLPresident@gmail.com](mailto:WGSLPresident@gmail.com)  
Website: [www.wgsl.org](http://www.wgsl.org)



## Wallingford Cardinals Travel Baseball/Softball

President: Chris Ames Jr.  
Email: [CAmes@wallingfordbaseball.com](mailto:CAmes@wallingfordbaseball.com)  
Website: [www.wallingfordbaseball.com](http://www.wallingfordbaseball.com)



## Wallingford Youth Soccer League

President: Dave Rodriguez  
Email: [roddag1@comcast.net](mailto:roddag1@comcast.net)  
Website: [www.wysl.net](http://www.wysl.net)



## Wallingford Youth Lacrosse

President: Rosa Brunelle  
Email: [President@wallingforyouthlacrosse.com](mailto:President@wallingforyouthlacrosse.com)  
Website: [www.wallingfordlacrosse.com](http://www.wallingfordlacrosse.com)



## Wallingford Hawks Hockey

President: Gregory MCGovern  
Website: [www.whawks.com](http://www.whawks.com)





Wallingford Parks and Recreation presents:

# ELLIS ISLAND and STATUE OF LIBERTY

**NEW! Statue of Liberty Museum**

**Saturday, September 17, 2022**

**ELLIS ISLAND:** From 1892 to 1954, millions of immigrants began their American dream here: The Great Hall, where the immigrants were processed, the four rooms where immigrants were detained.



When today's visitors disembark at Ellis Island, they stand under the recreated historic canopy - the same point where immigrants began the process toward American citizenship.

**STATUE OF LIBERTY:** She is an icon, a national treasure, and one of the most recognizable figures around the globe. The ***new* Statue of Liberty Museum** represents an exciting new chapter in Lady Liberty's story of freedom.

**Roundtrip Ferry ticket** allows you to depart Liberty Park, NJ and get off at both Ellis Island and Statue of Liberty Island.



Included with your admission at each island and the new museum are

**AUDIO GUIDES** for each island inviting visitors to relive the immigrant

experience as if you were the new arrival. A Friendship Tours **Tour Director** will join your group to help navigate this day.

Lunch will be on your own at one of the cafes on the islands.



**COST \$110**.pp based on 35-50

**Depart: 7:00am Wallingford Parks & Rec, 6 Fairfield Blvd.**

**Estimated Return: 7:45pm Wallingford**

**Trip Questions:**

**Wallingford Parks & Recreation 203-294-2120**



Friendship Tours arranges the components of the tours and does not own or operate the independent suppliers of services including motorcoaches. Trips cancelled due to weather conditions are handled on a per trip basis. Refunds will depend on timing of the cancellation and supplier policies. Tickets to theaters / events are non-refundable. Friendship Tours reserves the right to adjust cost based on fuel surcharges.

WALLINGFORD PARK AND REC  
6 FAIRFIELD BLVD.  
WALLINGFORD, CT 06492

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Standard Mail  
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Wallingford, CT 06492



*The Wallingford Parks & Recreation Department is an essential quality of life service.*

**Our Mission:** *Our vision is to be the eminent community park and recreation department in Connecticut, to accomplish this, we will develop our programs, services and facilities to meet the diverse and dynamic needs of the community; to promote inclusion, encourage health and wellness, foster human development and enrich the lives of community members through recreation and leisure experiences."*

**Town Officials**

Mayor William Dickinson, Jr.

**Town Council Members:**

Vincent Cervonic, Chairman  
Thomas Laffin, Vice Chair  
Autumn Allinson  
Samuel Carmody  
Craig Fishbein  
Joseph Marrone  
Christina Tatta  
Vincent Testa  
Jason Zandri

**Department Staff:**

**Director:** Kenny Michaels, MS  
**Supt. of Recreation:** Michelle Bjorkman, MS  
**Recreation Programs Spec.:** Shawn Keogh, CPRP  
**Executive Secretary:** Jennifer Griswold  
**Senior Clerk:** Lorianne Ouellette  
**Recreation Facilities Maintainers:** John Zielinski

**Early Childhood:**

**Aquatics:**

**Crafts:**

**Fine Arts:**

**STEM:**

Debbie Tansino  
Josh LaMay  
Kim Larkin  
Rashmi Talpade  
Chris Stone

**Front Office Staff:**

**Daytime:**

Laura Allen  
Paula Knecht  
Jackie Taglianetti

**Nights/Weekends:**

Ryan Brawn  
Tianna Caldeira  
Grace Kopakow  
Lacie Low  
Lauren Montano  
Emily Newhard  
Dominick Riveccio  
Doug Sime  
Beverly Somers  
Tom Talbot

**Parks & Recreation Commission:**

Jason Michael, *Chairman*  
Michael Savenelli, Sr., *Vice Chair*  
Dave Gelo  
Steve Rossacci

*The Commission is a five member advisory board responsible for overseeing the operation of the Parks & Recreation Dept. The Commission meets at the Recreation Department the second Wednesday of every month at 8am.*